

Good health starts with YOU

Set aside time to consider your health needs. Is your current Bankmed plan working for you and your family? **If not, the closing date for plan changes is 7 December 2018.**

Last year, we implemented the **Premier Plus Network**, in parallel with the Centre for Diabetes and Endocrinology (CDE). These are networks of GPs who have expertise in the management of diabetes and cardiovascular disease. Ask your GP if s/he is on the Premier Plus Network. If your GP is on this network, s/he can then enrol you onto the programme. Your diabetes and/or cardiovascular conditions will be managed in a structured and optimal manner.

For 2019, we are extending the Premier Plus Network to our HIV-positive members. Your treating doctor will monitor whether the required tests are done – namely CD4 count and viral load – along with your medicine compliance. Your Premier Plus GP has experience and expertise in the management of HIV-positive patients. Ask to be enrolled onto this programme and optimise the management of your chronic condition. Remember, optimal management of HIV means fewer hospital admissions and complications.

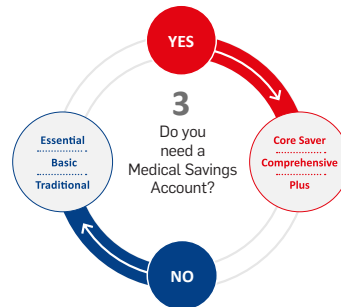
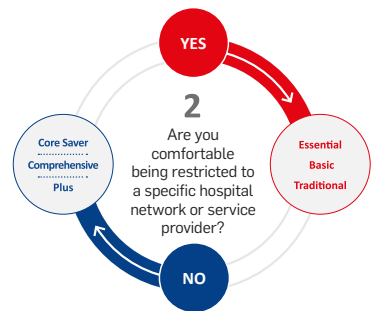
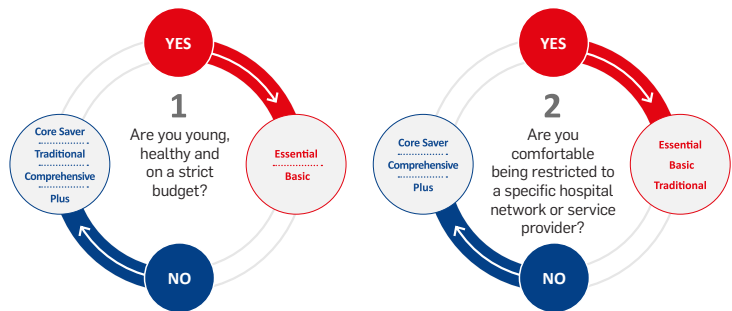
We are also expanding our specialist network. At the moment, there are just over 2 000 specialists on the Bankmed

network. We aim to contract an additional 2 200 specialists over the next two years.

Dr Niri Naidoo
Clinical & Operations
Executive

CHOOSE THE PLAN THAT SUITS YOUR NEEDS

Please refer to the detailed Benefit & Contribution tables to compare benefits, costs and limits.



GET IN TOUCH
We'd love to know your thoughts about your personal journey to wellness.
Please mail us!
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