



MOCHA PROTEIN SMOOTHIE

INGREDIENTS

- 1/2 cup coffee, already prepared
- 1/2 cup fat free vanilla yogurt
- 1 handful of ice
- 50g (5 heaped tablespoons) of Chocolate flavour FUTURELIFE® High Protein Smart Food™



METHOD

Add all the ingredients to your blender and blend together on full power until smooth. Serve and enjoy.