



## Bankmed Basic Plan Acute Medicine List (Formulary) Jan 2018

- This medicine list (formulary) contains medication for acute (short term) use only
- We have set the quantity of medication for each medication sub-category (medications with similar therapeutic effects) according to a specified number of days. For example, a member can claim up to a maximum of 30 Moxymax 250mg capsules once every 120 days or 200ml Augmaxcil S suspension once every 120 days

**Kindly note:** You may prescribe only one medication from each medication sub-category in the specified time period. For example, you may not prescribe Disprin and Paracetamol within 120 days of each other, because both medications are in the same medication sub-category.

### Who we are

Bankmed Medical Scheme (referred to as 'the Scheme'), registration number 1279. This is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as 'the administrator') is a separate company and an authorised financial services provider (registration number 1997/013480/07). Discovery Health is responsible for the administration of Bankmed Medical Scheme.

### Complaints process

You may lodge a complaint or query with Bankmed Medical Scheme directly on 0800 BANKMED (0800 226 5633) or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following Bankmed Medical Scheme's internal disputes process.

Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or via e-mail at [complaints@medicalschemes.com](mailto:complaints@medicalschemes.com). Customer Care Centre: 0861 123 267/website [www.medicalschemes.com](http://www.medicalschemes.com).



Broad medication category	Medication sub-category	Dosage form	NAPPI code	Medication name	Medication strength	Maximum allowable quantity	Per number of days	
Analgesics	Analgesics and anti-pyretics	Syrup				200ml	120	
			792101	Actamol red (boxed)	120mg/5ml			
			704093	Actamol red (un-boxed)	120mg/5ml			
			894281	Adco-Paracetamol	120mg/5ml			
			703820	Feverpain	120mg/5ml			
			863742	Feverpain (boxed)	120mg/5ml			
			895199	Go-Pain P	120mg/5ml			
			889772	Painblok (plastic bottle)	120mg/5ml			
			704450	Painogesic	120mg/5ml			
		707583	Paracetamol elixir SAD (alcohol free)	120mg/5ml				
		758558	Pyralen	120mg/5ml				
			Tablet				30	120
		745707		Adco-Napacod	500mg/10mg			
		745723		Adco-Napamol	500mg			
		757403		Adco-Prolief	500mg			
		805467		Antalgic	500mg			
		787043		Codorol	500mg/8mg			
		719662		Cogesic	500mg/8mg			
720577	Disprin	300mg						
707910	Painamol plus	500mg/8mg						
704465	Painogesic	500mg						
713688	Varipan Co	500mg/8mg						
Anti-histamines	Oral anti-histamines	Syrup				100ml	180	
			702145	Allergex	2mg/5ml			
			736244	Lenazine	5mg/5ml			
			757373	Prohist	5mg/5ml			
			Tablet				30	180
		703162	Rhineton	4mg				
Anti-microbials	Anti-protozoals	Suspension				200ml	120	
			726338	Flagyl	200mg/5ml			
			Tablet				60	120
		742872		Adco-Metronidazole	200mg			
		702148		Amzole	400mg			
		715866		Anaerobyl	400mg			
		821705		Bemetrazole	200mg			
		788708		Bemetrazole	400mg			
		707242		Bio-Metronidazole	400mg			
		793159		Metazol	200mg			
		793167		Metazol	400mg			
		779822		Metrazole	400mg			
		772216		Trichazole	200mg			
	Capsule				30	120		
704443		Allmox	250mg					
704444		Allmox	500mg					
704401		Amoxicap	250mg					
714184		Amyl	500mg					
707499		Austell-Amoxicillin	250mg					





Broad medication category	Medication sub-category	Dosage form	NAPPI code	Medication name	Medication strength	Maximum allowable quantity	Per number of days	
Anti-microbials	Beta-lactams	Tablet				30	120	
			861944	Augmaxcil	625mg			
			713381	Auro-Amoxiclav	375mg			
			713382	Auro-Amoxiclav	625mg			
			707407	Austell-Co-Amoxiclav	375mg			
			707408	Austell-Co-Amoxiclav	625mg			
			716124	Bindoclav	375mg			
			716125	Bindoclav	625mg			
			865532	Bio-Amoksiklav	375mg			
			865524	Bio-Amoksiklav	625mg			
			701736	Sandoz Co-Amoxiclav	625mg			
			878766	Sandoz Co-Amoxyclav	375mg			
	719283	Sandoz Co-Amoxyclav	625mg					
	Combinations of penicillins	Capsule					30	120
			797561	Macropen	500mg		40	120
			797553	Apen	500mg			
		Suspension					200ml	120
			829250	Apen S	250mg/5ml			
			830208	Macropen S	250mg/5ml			
	Flucloxacillin	Capsule					40	120
			781231	Sandoz Flucloxacillin	250mg			
	Lincosamides	Capsule					40	120
			849960	Clindahexal	150mg			
	Macrolides	Capsule					40	120
			780561	Adco-Erythromycin	250mg			
			758388	Purmycin	250mg			
			824682	Xeramel	250mg			
		Granule					180ml	120
			716627	Claren granules	125mg/5ml			
			716628	Claren granules	250mg/5ml			
		Suspension					100ml	120
			793329	Betamycin	125mg/5ml			
			787108	Erymycin P	125mg/5ml			
			787086	Erymycin PF	250mg/5ml			
			758396	Purmycin	125mg/5ml			
			758418	Purmycin	250mg/5ml			
			823570	Xeramel S	125mg/5ml			
			848409	Xeramel SF	250mg/5ml			
		Tablet					20	120
			720976	Klaribin	250mg			
			720977	Klaribin	500mg			
	704464		Klarithran	500mg				
716675	Klaryvid		250mg					
719921	Klaryvid		500mg					
Tablet					40	120		
	710310	Eryko	250mg					
Tablet					2	180		
	718711	Azithromycin Zydus	500mg					
	705975	Zithrogen	500mg					



Broad medication category	Medication sub-category	Dosage form	NAPPI code	Medication name	Medication strength	Maximum allowable quantity	Per number of days
Anti-microbials	Oral anti-fungals	Suspension	701100	Candacide	100 000u/1ml	40ml	120
			835056	Canstat oral	100 000u/1ml		
			835285	Nystacid	100 000u/1ml		
	Quinolones	Tablet	704353	Austell Ciprofloxacin	250mg	20	120
			704351	Austell Ciprofloxacin	500mg		
			713792	Biotech Ciprofloxacin	250mg		
			713793	Biotech Ciprofloxacin	500mg		
			892147	Cifran	500mg		
			703043	Ciprogen	250mg		
			703045	Ciprogen	500mg		
			704777	Ciprol	250mg		
			704775	Ciprol	500mg		
			700284	CPL Alliance Ciprofloxacin	250mg		
			700287	CPL Alliance Ciprofloxacin	500mg		
			720331	Flopro	500mg		
			713362	Loxip	500mg		
			701210	Orpic	500mg		
	Sulphonamides	Suspension	894842	Doctrim	240mg/5ml	200ml	120
			705259	Ilvitrim	240mg/5ml		
			758221	Purbac	240mg/5ml		
		Tablet	704095	Ilvitrim	480mg	40	120
			735698	Lagatrim	480mg		
			867977	Nucotrim	480mg		
			715609	Trixazole	480mg		
	Tetracyclines	Capsule	893402	A-Lennon Doxycycline HCl	100mg	40	120
			716944	Cyclidox	100mg		
			809667	Doxycyl	100mg		
			714192	Doxytet	100mg		
			884167	Nucotet	250mg		
			703224	Pharmatet (yellow/orange)	250mg		
Central nervous system	Anti-migraine preparations	Tablet	743283	Migril		30	180
	Anxiolytics	Tablet	708062	Betapam	5mg	30	180
			721174	Doval	5mg		
Circulatory system	Iron preparations	Tablet	877832	Ferrous sulphate	30mg	120	120
			756571	Pregamal			
Corticosteroids	Glucocorticoids	Syrup	716381	Adco Prednisolone	15mg/5ml	100ml	120
			714552	Aspelone	15mg/5ml		
	Tablet	788783	Be-Tabs Prednisone	5mg	40	90	
		752304	Panafcort	5mg			
		818267	Trolic	5mg			
	Topical corticosteroids	Cream	827290	Adco-Betamethasone	0,1%	20g	120



Broad medication category	Medication sub-category	Dosage form	NAPPI code	Medication name	Medication strength	Maximum allowable quantity	Per number of days
Corticosteroids	Topical corticosteroids	Cream				20g	120
			807834	Biocort (stx)	1%		
			800163	Lenovate	0,1%		
			754064	Persivate	0,1%		
			882934	Repivate	0,1%		
			833037	Topivate	0,1%		
			701138	Vari-Betamethasone	0,1%		
			700445	Vari-Hydrocortisone	1%		
Dermatologicals	Anti-fungals	Cream				20g	180
			824011	Canex topical	1%		
			878421	Clomaderm	1%		
			846422	Fungispor	1%		
	Anti-microbial/ Anti-septics	Ointment				25g	180
			717217	Barrs Povidone-Iodine			
			821713	Septadine antiseptic			
	Anti-pruritics	Cream				25g	180
			800511	Allergex Mepyramine			
		Lotion				200ml	180
			717243	Calamine - Alchemist			
			705561	Calamine lotion BP			
	715602		Calamine lotion - Darol				
				712969	Clicks Calamine		
	Scabicides	Lotion				100ml	180
			700205	Alpha Benzyl benzoate application	25%		
			707716	App Benzyl benz bpc	25%		
		Scalp lotion				100ml	180
			885588	App Benzyl benz - Allied	25%		
Topical anti-virals	Cream				1	180	
		873551	Acitop	5%			
		824674	Adco-Acyclovir	5%			
Gastrointestinal system	Antacids	Suspension				500ml	30
			703640	Alumag D			
			700771	Amgel			
			702725	Dicyclomine Co gel			
			892654	Magasil			
			740551	Mayogel			
			740683	Medigel			
			757675	Propan gel S			
	765538	Spasmogel					
	Anthelmintics	Suspension				60ml	180
			845698	Wormstop	100mg/5ml		
			Tablet				12
				703063	Adco-Wormex	100mg	
	Anti-emetics	Syrup				100ml	120
			783064	Adco-Contromet	5mg/5ml		
			723037	Emetrol			
			784346	Emex			
792845			Medazine-S	12,5mg/5ml			
			820571	Nauzine S	12,5mg/5ml		



Broad medication category	Medication sub-category	Dosage form	NAPPI code	Medication name	Medication strength	Maximum allowable quantity	Per number of days
Gastrointestinal system	Anti-emetics	Tablet				20	120
			715875	Adco-Contromet	10mg		
			717891	Bio Metoclopramide	10mg		
			700712	Clomax	10mg		
			809322	Covamet	50mg		
			744182	Mitol	5mg		
			762849	Scripto-metic	5mg		
		799424	Nauzine	50mg			
	Anti-diarrhoeals	Tablet				12	90
			791768	Adco-Prodiium	2mg		
			796697	Norimode	2mg		
	Anti-haemorrhoidals	Ointment				25g	120
			756849	Preparation h	OIN		
	Anti-spasmodics	Syrup				100ml	120
			707213	Hyospasmol	5mg/5ml		
			703383	Scopex syrup	5mg/5ml		
		Tablet				20	120
	731951		Hyospasmol	10mg			
	Biltricides	Tablet				100	360
			717169	Cysticide	500mg		
	Electrolyte replacement	Syrup				200ml	180
			762873	Scriptolyte			
	H2-Receptor blockers	Tablet				90	180
			811459	Adco-Cimetidine	200mg		
			800252	Adco-Cimetidine	400mg		
			886978	Bio-Cimetidine	200mg		
887003			Bio-Cimetidine	400mg			
854247			Cimlok	200mg			
854255			Cimlok	400mg			
797464			Secadine	200mg			
736260	Lenamet	400mg					
Laxatives	Syrup				150ml	120	
		708722	Aculax	3300mg/5ml			
		797723	Lacson	3300mg/5ml			
	Tablet				48	120	
868078		Soflax	13,5mg				
Genito-urinary system	Urinary alkalinisers	Granule				500g	30
			712312	Medi Soda Effervescent			
		Suspension				500ml	30
		805130	Mist Pot Cit simplex	416,6mg/5ml			
	Vaginal anti-fungals	Vaginal cream				50g	120
831913			Canex Vag	1%			
846341			Fungispor (1 applicator)	1%			
Musculoskeletal	Anti-gout preparations	Tablet				30	180
			715271	Colchicine	0,5mg		
	Non-steroidal anti-inflammatories	Capsule				30	120
			701891	Amdocin	25mg		
	787833	Betacin	25mg				



	(NSAIDs)								
			868213	Gulf Indomethacin	25mg				
		Suspension				200ml	120		
		875643	Adco-Mefenamic Acid	50mg/5ml					
Broad medication category	Medication sub-category	Dosage form	NAPPI code	Medication name	Medication strength	Maximum allowable quantity	Per number of days		
Musculoskeletal	Non-steroidal anti-inflammatories (NSAIDs)	Suspension				200ml	120		
			797014	Fenammin	50mg/5ml				
			700315	Ibucine (was Ibumax)	100mg/5ml				
			704781	Ibugesic	100mg/5ml				
			793264	Ponac	50mg/5ml				
		756156	Ponstan	50mg/5ml					
		Tablet					30	120	
			788597	Adco-Diclofenac	50mg				
			893390	A-Lennon Diclofenac	25mg				
			893391	A-Lennon Diclofenac	50mg				
			787426	Betapropfen	200mg				
			701975	Betapropfen FC	400mg				
			708290	Bren	400mg				
			718479	Diclofenac Biotech	25mg				
			700316	Ibucine (was Ibumax)	200mg				
			700318	Ibucine (was Ibumax)	400mg				
			868221	Ibunate	200mg				
			708536	Ibusor	200mg				
			733741	Inza	200mg				
733768	Inza		400mg						
786012	Mylan Diclofenac	25mg							
786020	Mylan Diclofenac	50mg							
752398	Panamor AT	50mg							
824852	Ranfen	200mg							
701654	Ranfen	400mg							
Ophthalmics	Eye drops	Eye drops				2	120		
			728608	Gemini 15ml					
			702935	Octin Ophthalmic drops 5ml	0,3%				
			894605	Stop allerg 13,5ml					
	Eye ointment	Eye ointment				2	120		
			713759	Chlorcol 3.5g	1%				
			713872	Chlornicol 3.5g	1%				
			817201	Chlorphen 3.5g	1%				
767360	Sulphacetamide 3.5g								
Respiratory system	Flu preparations	Cough/ Mucolytic syrup				200ml	180		
			701742	Alcophyllex					
			701750	Alcophyllin	26,67mg/5ml				
			708151	Betaphlem	250mg/5ml				
			710520	Bronchette	250mg/5ml				
			779814	Co-Flem	250mg/5ml				
			789739	Flemgo	250mg/5ml				
			737798	Lessmusec	250mg/5ml				
			770388	Theophen	80mg/15ml				
700238	Theophen Compound elixir								





		Decongestant syrup				200ml	180
			703853	Acuflu P (alcohol and sugar free)			
			806218	Adco-Flupain			
Respiratory system	Flu preparations	Nasal spray/ Nasal drop	702618	Drinasal Paediatric 10ml	0,025%	1	180
			746126	Nazene Z 20ml	0,05%		
		Tablet	822744	Sinuend			
	Nasal corticosteroids	Nasal spray				1	1
			820709	Beclate aquanase 150 dose	50mcg		
			897937	Clenil aqueous 200 dose	50mcg		

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