



Your (medical) history with us

Getting to meet new people can be fun and the start of an adventure. But you don't want humorous misadventures or boisterous fun when you visit your doctor or follow the treatment they prescribe. And to let you in on an open secret; it's not their idea of fun either. That's why you have a cross-examination whenever you see a new specialist, and why GPs tend to get irritable if they find out you've been seeing other doctors behind their backs. Doctors want to know what you've been up to with other doctors so they can give you the best possible care.

But how good are you at remembering details under interrogation? Quick, tell me the date of your last operation! What medication did you take at the beginning of the last year? What were the results of your last blood test? Chances are you just froze up. Sometimes you only remember important details after you leave. You don't have to be a deer in the headlights, we can remember all these details and more, for you.

We can do the admin for you

We keep track of your medical claims through our Administrator. With your permission, we can also keep track of other medical information. The Electronic Health Records is our way of sharing the information we've collected about your medical history through claims with you and the doctors you choose. This can prevent harmful medication interactions and helps with diagnosis. We keep your information confidential and you would need to give each of your doctor consent to access your Electronic Health Record.

Giving your doctor access will let them see details of your previous doctor and hospital visits, prescribed medication, and data about previous tests you may have had. Your doctor can use your Electronic Health Record to gain insight into the benefits of your Plan, refer you to other Healthcare Professionals, study your previous blood test results and write electronic prescriptions. This also saves your benefits.



By providing access to your medical records, doctors no longer need to send you for more tests as your test which you may have already done, as your previous test results are available to them.

How to give doctors access to your Electronic Health Record

You can give consent for doctors to view your health information on the Bankmed App or on www.bankmed.co.za.

1. Bankmed App

On the "Health" tab in the Bankmed App, select "Doctor(s) Consent" to provide consent.

2. Bankmed website

Log onto www.bankmed.co.za / YOUR DETAILS / MANAGE CONSENT.

You may change or cancel your consent at any time by using your logged in profile or by calling us on 0800 BANKMED (0800 226 5633).

