



Multiple Sclerosis, also simply referred to as MS, is a degenerative disease of the central nervous system (brain, spinal column and the nerves of the eye) and interrupts the flow of information in the brain and between the brain and the body.

Each nerve fibre in the brain and spinal cord is surrounded by a layer of protein called myelin, which protects the nerve and helps electrical signals from the brain travel to the rest of the body. Many doctors believe that Multiple Sclerosis is an autoimmune disease where the body attacks its own myelin and damages it.

Possible symptoms

Multiple Sclerosis is one of the most common central nervous system diseases and occurs twice as much in women than in men. This disease affects as many as 5 000 people in South Africa.

Although the symptoms differ from one person to the next, some of the more general symptoms include:

- Tingling or numbness anywhere in the body
- Difficulty in walking
- Loss of coordination and clumsiness
- Double or blurred vision or temporary blindness
- Slurred speech
- An urgency to urinate or inability to pass urine
- Being unnaturally tired during the day.

Speak to a professional

If you have any concerns about symptoms you might be experiencing, kindly speak to your Healthcare Professional for help.

Remember that you are in safe hands: Bankmed covers the diagnosis and the treatment of Multiple Sclerosis as a Prescribed Minimum Benefit on all Plans. Please note that cover is subject to clinical entry criteria and scheme approved clinical protocols and guidelines