



#### What cervical cancer is

Cervical cancer is a disease in which cells in the cervix become cancerous. Worldwide, cervical cancer is the third most common type of cancer in women. According to the World Health Organization, it is less common in developed countries than in developing countries because of the routine use of Pap smears.

# What a Pap smear is

A Pap smear is a procedure whereby cells from the surface of the cervix are collected. The cells are viewed under a microscope, after staining, to find out if the cells are abnormal. This procedure is also called a Pap test – it was named after George Nicholas Papanicolaou who developed the technique.

Pap smears should begin for women at age 21, or earlier if you have been sexually active from a young age, and must be done as often as recommended by your doctor (usually every two years).

Most women who develop cervical cancer have not had regular Pap smear tests. It is important to have a test every two years, so that any abnormal cells are detected early, monitored and treated if necessary to prevent cancer.





## How Bankmed pays for your Pap smear

Bankmed pays for Pap smears on all our Plans.

#### On the Essential and Basic Plans

We pay the cost of the Pap smear at 100% of the Scheme Rate, limited to one for each beneficiary per year.

We also pay for one consultation with an associated nurse, Bankmed GP in the Entry Plan Network or a specialist in the Bankmed Specialist Network per beneficiary. This is covered as an additional Insured Benefit and is limited to R420 for every beneficiary per year.

## On the Core Saver, Traditional, Comprehensive and Plus Plans

We pay the cost of the Pap smear at 100% of the Scheme Rate, limited to one for each beneficiary per year.

We also pay for one consultation with an associated nurse, GP or specialist per beneficiary. This is covered as an additional Insured Benefit and is limited to R420 for every beneficiary per year.

### Contact us for more information

For more information about how we cover Pap smears, please visit www.bankmed.co.za

