

Advanced Illness Benefit & Compassionate Care Benefit application form

(To be completed by treating Healthcare Professional)

Who we are

Bankmed Medical Scheme (referred to as 'the Scheme'), registration number 1279. This is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as 'the administrator') is a separate company and an authorised financial services provider (registration number 1997/013480/07). Discovery Health is responsible for the administration of Bankmed Medical Scheme.

Purpose of the form

This form is to apply for palliative care through the Advanced Illness Benefit or the Compassionate Care Benefit.

How to complete this form

1. Please use one letter per block, complete in black ink and print clearly.
2. To avoid administration delays, please ensure this application is completed in full and signed by both the Healthcare Professional and the member (or their proxy).
3. Fill in section 1 to 3 of the application form and sign section 11.
4. Take the form to your treating Healthcare Professional to complete section 4 to 11. Only applications signed by the treating Healthcare Professional will be accepted.
5. Please e-mail this completed and signed form to **AIB@bankmed.co.za**
6. The treating Healthcare Professional and the patient will receive a letter informing them of our decision and what to do next for approved requests.
7. If you wish to appeal a decision or if you have any questions, you may call our Call Centre on 0800 BANKMED (0800 226 5633).

Date of application

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| D | D | M | M | Y | Y | Y | Y |
|---|---|---|---|---|---|---|---|

1. About the patient

| | | | | | |
|---|----------------------|---------------|----------------------|----------------------|----------------------|
| Title | <input type="text"/> | Initials | <input type="text"/> | Surname | <input type="text"/> |
| First name/s (as per identity document) | <input type="text"/> | | | | |
| Membership number | <input type="text"/> | Date of birth | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| E-mail | <input type="text"/> | | | | |

Residential address:

| | | | |
|-------------------|----------------------|--------------|----------------------|
| Suite/Unit number | <input type="text"/> | Complex name | <input type="text"/> |
| Street number | <input type="text"/> | Street name | <input type="text"/> |
| Suburb | <input type="text"/> | Postal code | <input type="text"/> |

2. About the patient's next-of-kin

| | | | | | |
|---|----------------------|-----------|----------------------|----------------------|----------------------|
| Title | <input type="text"/> | Initials | <input type="text"/> | Surname | <input type="text"/> |
| First name/s (as per identity document) | <input type="text"/> | | | | |
| Relationship | <input type="text"/> | | | | |
| E-mail | <input type="text"/> | | | | |
| Cellphone | <input type="text"/> | Telephone | <input type="text"/> | <input type="text"/> | <input type="text"/> |

| | | | | | |
|-------|----------------------|----------|----------------------|---------|----------------------|
| Title | <input type="text"/> | Initials | <input type="text"/> | Surname | <input type="text"/> |
|-------|----------------------|----------|----------------------|---------|----------------------|

First/s name (as per identity document)

Relationship

E-mail

Cellphone Telephone

3. Advance Healthcare planning

Does the patient have an Advance Care Plan and/or a Living Will? Yes No

If "Yes", give the nominated third party's details or the proxy's details:

Title Initials Surname

First name/s (as per identity document)

Relationship

E-mail

Cellphone Telephone

4. About the referring Healthcare Professional

Name and surname

BHF practice number

Speciality

Telephone Fax

Preferred method of communication

E-mail

Practice address

Code

5. About the treating Healthcare Professional

Same as above

Name and surname

BHF practice number

Speciality

Telephone Fax

Preferred method of communication

E-mail

Practice address

Code

6. Clinical summary for patients with ADVANCED CANCER ONLY (treating Healthcare Professional to complete)

Date of assessment

Date of cancer diagnosis ICD-10 code:

Main cancer diagnosis

Current Stage TNM

TX T0 T1 T2 T3 T4 NX N0 N1 N2 N3 MX M0 M1

Describe other

Metastasis Yes No Unknown

Site of Metastasis Bone Brain Liver Lung Other (please specify)

Previous chemotherapy, radiotherapy and surgical interventions

Number of unplanned admissions in the past 6 months

Have you and your patient discussed why you are applying for this benefit at this stage? Yes No

Other relevant clinical information

Treatment intent Palliative Curative

Disease directed treatment ongoing? Yes No

If "Yes", provide the type of treatment eg radiotherapy, chemotherapy. Details:

If **palliative chemotherapy** planned, provide details of **exact intent** of treatment, eg tumour response, improvement in function, symptom control (please specify). Details:

Treatment start date

Planned duration of treatment

If "No", provide the date and details of the last treatment.

Date

Details

7. Clinical summary for patients with NON-ONCOLOGY CONDITIONS ONLY (treating Healthcare Professional to complete)

Date of assessment

Date of diagnosis

ICD-10 code

Main Diagnosis

Number of unplanned admissions in the past 6 months

Have you and your patient discussed why you are applying for this benefit at this stage? Yes No

Treatment to date

Other relevant clinical information including any functional classification scoring system related to the condition e.g. NYHA and pathology results

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Treatment intent Palliative Curative

8. Performance status (treating Healthcare Professional to complete for patients ≥ 16 years)*

| Current Performance status* | | Performance status 6 months ago* | |
|--|--|--|--|
| ECOG Performance Status ¹ | | ECOG Performance Status ¹ | |
| Karnofsky Performance Scale ² | | Karnofsky Performance Scale ² | |

*Refer to page 6 for more information

9. Performance status (treating Healthcare Professional to complete for patients ≤ 16 years)*

| Current Performance status* | | Performance status 6 months ago* | |
|-----------------------------|--|----------------------------------|--|
| Lansky Scale ³ | | Lansky Scale ³ | |

*Refer to page 6 for more information

10. Palliative care plan (treating Healthcare Professional to complete)

Medication

| Item | Dose | Frequency | Duration | Repeat |
|------|------|-----------|----------|--------|
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Other supportive treatment

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|---|--------------------------|----------------|--|
| Social Worker | <input type="checkbox"/> | Please specify | |
| Counselling | <input type="checkbox"/> | Please specify | |
| Home nursing (excluding frail care) | <input type="checkbox"/> | Please specify | |
| Oxygen | <input type="checkbox"/> | Please specify | |
| Hospice | <input type="checkbox"/> | Please specify | |
| Referral to palliative care Healthcare Professional | <input type="checkbox"/> | Please specify | |
| Equipment (subject to Plan type and review) | <input type="checkbox"/> | Please specify | |
| Other | <input type="checkbox"/> | Please specify | |

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Planned date of next assessment

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|---|---|---|---|---|---|---|---|
| D | D | M | M | Y | Y | Y | Y |
|---|---|---|---|---|---|---|---|

11. Other treating Healthcare Professionals

| | | | | | | | |
|--------------|--|--------------------|--|---------------|--|----------------|--|
| Name: | | Speciality: | | Phone: | | E-mail: | |
| Name: | | Speciality: | | Phone: | | E-mail: | |

I understand what the Advanced Illness Benefit or Compassionate Care Benefit can offer the patient and that he/she is comfortable to proceed with registration.

Healthcare Professional's Signature

Date

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| D | D | M | M | Y | Y | Y | Y |
|---|---|---|---|---|---|---|---|

By signing consent, I give permission for the identified next-of-kin to be contacted in order for us to assist with the patient's healthcare needs. I understand that as the patient's condition changes, other care treatment plans may be introduced and I give permission for other multidisciplinary Healthcare Professionals to be contacted.

Member/patient or third party/proxy signature on behalf of the member

Date

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| D | D | M | M | Y | Y | Y | Y |
|---|---|---|---|---|---|---|---|

| ECOG Performance Status ¹ | Karnofsky Performance Status ² |
|--|---|
| 0—Fully active, able to carry on all pre-disease performance without restriction | 100—Normal, no complaints, no evidence of disease 90—Able to carry on normal activity, minor signs or symptoms of disease |
| 1—Restricted in physically strenuous activity but ambulatory and able to carry out work of a light or sedentary nature, e.g. light house work, office work | 80—Normal activity with effort, some signs or symptoms of disease 70—Cares for self but unable to carry on normal activity or to do active work |
| 2—Ambulatory and capable of all self-care but unable to carry out any work activities, up and about more than 50% of waking hours | 60—Requires occasional assistance ² but is able to care for most of personal care 50—Requires considerable assistance and frequent medical care |
| 3—Capable of only limited self-care; confined to bed or chair more than 50% of waking hours | 40—Disabled, requires special care and assistance 30—Severely disabled, hospitalisation ² is indicated although death not imminent |
| 4—Completely disabled, cannot carry on any self-care, totally confined to bed or chair | 20—Very ill, hospitalisation and active supportive care necessary 10—Moribund |
| 5—Dead | 0—Dead |

| Karnofsky Performance Status (recipient age ≥ 16 years)² | Lansky Scale (recipient age ≥ 1 year and ≤ 16 years)³ |
|---|--|
| Able to carry on normal activity, no special care is needed | Able to carry on normal activity, no special care is needed |
| 100—Normal, no complaints, no evidence of disease | 100—Fully active |
| 90— Able to carry on normal activity, minor signs or symptoms of disease | 90—Minor restriction in physically strenuous play |
| 80—Normal activity with effort, some signs or symptoms of disease | 80—Restricted in strenuous play, tires more easily, otherwise active |
| Unable to work, able to live at home, cares for most personal needs, a varying amount of assistance is needed | Mild to moderate restriction |
| 70— Cares for self but unable to carry on normal activity or to do active work | 70— Both greater restrictions of, and less time spent in active play |
| 60— Requires occasional assistance but is able to care for most of personal needs | 60— Ambulatory up to 50% of time, limited active play with assistance/supervision |
| 50—Requires considerable assistance and frequent medical care | 50— Considerable assistance required for any active play, fully able to engage in quiet play |
| Unable to care for self, requires equivalent of institutional or hospital care, disease may be progressing rapidly | Moderate to severe restriction |
| 40—Disabled, requires special care and assistance | 40— Able to initiate quiet activities |
| 30— Severely disabled, hospitalisation is indicated, although death not imminent | 30— Needs considerable assistance for quiet activity |
| 20—Very ill, hospitalisation and active supportive care necessary | 20— Limited to very passive activity initiated by others (e.g. TV) |
| 10—Moribund, fatal process progressing rapidly | 10— Completely disabled, not even passive play |

1. Sørensen J, Klee M, Palshof T, Hansen H. Performance status assessment in cancer patients. An inter-observer variability study. *British journal of cancer*. 1993;67(4):773.
2. Schag CC, Heinrich RL, Ganz P. Karnofsky performance status revisited: reliability, validity, and guidelines. *Journal of Clinical Oncology*. 1984;2(3):187-93.
3. Lansky SB, List MA, Lansky LL, Ritter-Sterr C, Miller DR. The measurement of performance in childhood cancer patients. *Cancer*. 1987;60(7):1651-6.