



Bankmed Basic Plan Acute medicine list (formulary) Jan 2020

Who we are

Bankmed (referred to as 'the Scheme'), registration number 1279, is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as 'the administrator') is a separate company and an authorised financial services provider (registration number 1997/013480/07) which takes care of the administration of your membership for the Scheme.

Overview

- This medicine list (formulary) contains medication for acute (short term) use only
- We have set the quantity of medication for each medication sub-category (medication with similar therapeutic effects) according to a specified number of days. For example, a member can claim up to a maximum of 30 Moxymax 250mg capsules once every 120 days or 200ml Augmaxcil S suspension once every 120 days

Kindly note: You may prescribe only one medication from each medication sub-category in the specified time period. For example, you may not prescribe Disprin and Paracetamol within 120 days of each other, because both medication are in the same medication sub-category.

Broad medication category	Medication sub-category	Dosage form	NAPPI code	Medication name	Medication strength	Maximum allowable quantity	Per number of days				
Analgesics	Analgesics and anti-pyretics	Syrup	792101	Actamol red (boxed)	120mg/5ml	200ml	120				
			704093	Actamol red (un-boxed)	120mg/5ml						
			703820	Feverpain	120mg/5ml						
			863742	Feverpain (boxed)	120mg/5ml						
			895199	Go-Pain P	120mg/5ml						
			889772	Painblok (plastic bottle)	120mg/5ml						
			704450	Painogesic	120mg/5ml						
			707583	Paracetamol elixir SAD (alcohol free)	120mg/5ml						
			758558	Pyralen	120mg/5ml						
		Tablet	745707	Adco-Napacod	500mg/10mg	30	120				
			745723	Adco-Napamol	500mg						
			757403	Adco-Prolief	500mg						
			805467	Antalgic	500mg						
			787043	Codorol	500mg/8mg						
			719662	Cogesic	500mg/8mg						
			720577	Disprin	300mg						
			707910	Painamol plus	500mg/8mg						
			704465	Painogesic	500mg						
			713688	Varipan Co	500mg/8mg						
Anti-histamines	Oral anti-histamines	Syrup	702145	Allergex	2mg/5ml	100ml	180				
			736244	Lenazine	5mg/5ml						
			757373	Prohist	5mg/5ml						
		Tablet	703162	Rhineton	4mg	30	180				
		Anti-microbials	Anti-protozoals	Suspension	726338	Flagyl	200mg/5ml	200ml	120		
Tablet	742872			Adco-Metronidazole	200mg	60	120				
	702148			Amzole	400mg						
	715866			Anaerobyl	400mg						
	821705			Bemetrazole	200mg						
	788708			Bemetrazole	400mg						
	707242			Bio-Metronidazole	400mg						
	793159			Metazol	200mg						
	793167			Metazol	400mg						
	779822			Metrazole	400mg						
	772216			Trichazole	200mg						
	Beta-lactams			Capsule	704443			Allmox	250mg	30	120
					704444			Allmox	500mg		
					704401			Amoxicap	250mg		
714184					Amyl	500mg					
707499					Austell-Amoxicillin	250mg					
705637					Austell-Amoxicillin	500mg					
806579					Moxymax	250mg					
806587					Moxymax	500mg					
808741		Promoxil	250mg								
808768		Promoxil	500mg								
830909		Ranceph	250mg								
837253	Ranceph	500mg									



Broad medication category	Medication sub-category	Dosage form	NAPPI code	Medication name	Medication strength	Maximum allowable quantity	Per number of days			
Anti-microbials	Beta-lactams	Capsule	809632	Cloxin	250mg	40	120			
			809640	Cloxin	500mg					
		Suspension	714179	Allmox S	125mg/5ml	200ml	120			
			714180	Allmox SF	250mg/5ml					
			707186	Amoclan S	156mg/5ml					
			707187	Amoclan SF	312mg/5ml					
			714182	Amyl S	125mg/5ml					
			714183	Amyl SF	250mg/5ml					
			861952	Augmaxcil S	156mg/5ml					
			861960	Augmaxcil SF	312mg/5ml					
			722938	Austell co-amoxiclav bd sf	457mg/5ml					
			829358	Betamox S	125mg/5ml					
			865540	Bio-Amoksiklav S	156mg/5ml					
			842524	Clamentin S	156mg/5ml					
			705832	Curam BD	457mg/5ml					
			830275	Moxymax S	125mg/5ml					
			830291	Moxyphen S	125mg/5ml					
			830488	Promoxil S	125mg/5ml					
			830496	Promoxil SF	250mg/5ml					
			860603	Ranceph	125mg/5ml					
			860611	Ranceph	250mg/5ml					
			894123	Ranclav	156mg/5ml					
			894125	Ranclav Forte	312mg/5ml					
			878782	Sandoz Co-Amoclav SF	312mg/5ml					
			705471	Sandoz Co-Amoxyclav BD SF	457mg/5ml					
			878774	Sandoz Co-Amoxyclav S	156mg/5ml					
			708396	Zaloxyl	125mg/5ml					
			708395	Zaloxyl	250mg/5ml					
			830739	Zoxil S	125mg/5ml					
			Tablet	707184	Amoclan			375mg	30	120
				707663	Apex-Clavutin			375mg		
				707665	Apex-Clavutin			625mg		
				861936	Augmaxcil			375mg		
		861944		Augmaxcil	625mg					
		713381		Auro-Amoxiclav	375mg					
		713382		Auro-Amoxiclav	625mg					
		707407		Austell-Co-Amoxiclav	375mg					
		707408		Austell-Co-Amoxiclav	625mg					
		716124		Bindoclav	375mg					
		716125		Bindoclav	625mg					
		865532		Bio-Amoksiklav	375mg					
		865524		Bio-Amoksiklav	625mg					
		709232		Clamentin	1000mg	20				
701736	Sandoz Co-Amoxiclav	625mg								
878766	Sandoz Co-Amoxyclav	375mg								
719283	Sandoz Co-Amoxyclav	625mg								



Broad medication category	Medication sub-category	Dosage form	NAPPI code	Medication name	Medication strength	Maximum allowable quantity	Per number of days
Anti-microbials	Cephalosporins	Suspension	719702	Aspen Cefpodoxime	40mg/5ml	200	120
		Tablet	710125	Sandoz Cefpodoxime	100mg	20	120
			703057	Cepodem	200mg	10	120
			718334	Aspen cefpodoxime	200mg	10	120
	Combinations of penicillins	Capsule	797561	Macropen	500mg	30	120
			797553	Apen	500mg	40	120
		Suspension	829250	Apen S	250mg/5ml	200ml	120
			830208	Macropen S	250mg/5ml		
	Flucloxacillin	Capsule	781231	Sandoz Flucloxacillin	250mg	40	120
	Lincosamides	Capsule	849960	Clindahexal	150mg	40	120
	Macrolides	Capsule	780561	Adco-Erythromycin	250mg	40	120
			758388	Purmycin	250mg		
			824682	Xeramel	250mg		
		Granule	716627	Claren granules	125mg/5ml	180ml	120
			716628	Claren granules	250mg/5ml		
		Suspension	793329	Betamycin	125mg/5ml	100ml	120
			787108	Erymycin P	125mg/5ml		
			787086	Erymycin PF	250mg/5ml		
			758396	Purmycin	125mg/5ml		
			758418	Purmycin	250mg/5ml		
		Tablet	720976	Klaribin	250mg	20	120
			720977	Klaribin	500mg		
			704464	Klarithran	500mg		
			716675	Klaryvid	250mg		
			719921	Klaryvid	500mg		
		Tablet	710310	Eryko	250mg	40	120
		Tablet	718711	Azithromycin Zydus	500mg	20	180
			705975	Zithrogen	500mg		
		Oral anti-fungals	Suspension	701100	Candacide	100 000u/1ml	40ml
	835056			Canstat oral	100 000u/1ml		
	835285			Nystacid	100 000u/1ml		
	Quinolones	Tablet	704353	Austell Ciprofloxacin	250mg	20	120
			704351	Austell Ciprofloxacin	500mg		
713792			Biotech Ciprofloxacin	250mg			
713793			Biotech Ciprofloxacin	500mg			
892147			Cifran	500mg			
703043			Ciprogen	250mg			
703045			Ciprogen	500mg			
704777			Ciprol	250mg			
704775			Ciprol	500mg			
700284			CPL Alliance Ciprofloxacin	250mg			
700287			CPL Alliance Ciprofloxacin	500mg			
720331			Flopro	500mg			
713362			Loxip	500mg			
701210			Orpic	500mg			



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Anti-microbials	Cephalosporins	Suspension	719702	Aspen Cefpodoxime	40mg/5ml	200	120	
		Tablet	710125	Sandoz Cefpodoxime	100mg	20	120	
			703057	Cepodem	200mg	10	120	
			718334	Aspen cefpodoxime	200mg	10	120	
	Combinations of penicillins	Capsule		797561	Macropen	500mg	30	120
				797553	Apen	500mg	40	120
		Suspension		829250	Apen S	250mg/5ml	200ml	120
				830208	Macropen S	250mg/5ml		
	Flucloxacillin	Capsule	781231	Sandoz Flucloxacillin	250mg	40	120	
	Lincosamides	Capsule	849960	Clindahexal	150mg	40	120	
	Macrolides	Capsule		780561	Adco-Erythromycin	250mg	40	120
				758388	Purmycin	250mg		
				824682	Xeramel	250mg		
		Granule		716627	Claren granules	125mg/5ml	180ml	120
				716628	Claren granules	250mg/5ml		
		Suspension		793329	Betamycin	125mg/5ml	100ml	120
				787108	Erymycin P	125mg/5ml		
				787086	Erymycin PF	250mg/5ml		
				758396	Purmycin	125mg/5ml		
				758418	Purmycin	250mg/5ml		
		Tablet		720976	Klaribin	250mg	20	120
				720977	Klaribin	500mg		
				704464	Klarithran	500mg		
				716675	Klaryvid	250mg		
				719921	Klaryvid	500mg		
		Tablet	710310	Eryko	250mg	40	120	
		Tablet		718711	Azithromycin Zydus	500mg	20	180
				705975	Zithrogen	500mg		
		Oral anti-fungals	Suspension		701100	Candacide	100 000u/1ml	40ml
				835056	Canstat oral	100 000u/1ml		
				835285	Nystacid	100 000u/1ml		
	Quinolones	Tablet		704353	Austell Ciprofloxacin	250mg	20	120
				704351	Austell Ciprofloxacin	500mg		
			713792	Biotech Ciprofloxacin	250mg			
			713793	Biotech Ciprofloxacin	500mg			
			892147	Cifran	500mg			
			703043	Ciprogen	250mg			
			703045	Ciprogen	500mg			
			704777	Ciprol	250mg			
			704775	Ciprol	500mg			
			700284	CPL Alliance Ciprofloxacin	250mg			
			700287	CPL Alliance Ciprofloxacin	500mg			
			720331	Flopro	500mg			
			713362	Loxip	500mg			
			701210	Orpic	500mg			



Broad medication category	Medication sub- category	Dosage form	NAPPI code	Medication name	Medication strength	Maximum allowable quantity	Per number of days	
Anti-microbials	Sulphonamides	Suspension	894842	Doctrim	240mg/5ml	200ml	120	
			705259	Ilvitrim	240mg/5ml			
			758221	Purbac	240mg/5ml			
		Tablet	704095	Ilvitrim	480mg	40	120	
			735698	Lagatrim	480mg			
			867977	Nucotrim	480mg			
	715609		Triazole	480mg				
	Tetracyclines	Capsule	893402	A-Lennon Doxycycline HCl	100mg	40	120	
			716944	Cyclidox	100mg			
			809667	Doxycyl	100mg			
			714192	Doxytet	100mg			
884167			Nucotet	250mg				
		703224	Pharmatet (yellow/orange)	250mg				
Central nervous system	Anti-migraine preparations	Tablet	743283	Migril		30	180	
	Anxiolytics	Tablet	708062	Betapam	5mg	30	180	
721174			Doval	5mg				
Circulatory system	Iron preparations	Tablet	877832	Ferrous sulphate	30mg	120	120	
Corticosteroids	Glucocorticoids	Syrup	716381	Adco Prednisolone	15mg/5ml	100ml	120	
			714552	Aspelone	15mg/5ml			
		Tablet	788783	Be-Tabs Prednisone	5mg	40	90	
			752304	Panafcort	5mg			
	Topical corticosteroids	Cream	827290	Adco-Betamethasone	0,1%	20g	120	
			807834	Biocort (stx)	1%			
			800163	Lenovate	0,1%			
			754064	Persivate	0,1%			
			882934	Repivate	0,1%			
			833037	Topivate	0,1%			
			701138	Vari-Betamethasone	0,1%			
			700445	Vari-Hydrocortisone	1%			
	Dermatologicals	Anti-fungals	Cream	824011	Canex topical	1%	20g	180
				878421	Clomaderm	1%		
846422				Fungispor	1%			
Anti-microbial/ Anti-septics		Ointment	717217	Barrs Povidone-Iodine		25g	180	
			821713	Septadine antiseptic				
Anti-pruritics		Cream	800511	Allergex Mepyramine		25g	180	
			Lotion	717243	Calamine - Alchemist			
		705561		Calamine lotion BP				
		715602		Calamine lotion - Darol				
712969		Clicks Calamine						
		Scabicides	Lotion	700205	Alpha Benzyl benzoate application	25%	100ml	180
707716				App Benzyl benz bpc	25%			
			Scalp lotion	885588	App Benzyl benz - Allied	25%	100ml	180
				Topical anti-virals	Cream	873551		
824674		Adco-Acyclovir	5%					
Gastrointestinal system	Antacids	Suspension	703640	Alumag D		500ML	30	
			702725	Dicyclomine Co gel				
			892654	Magasil				
			740551	Mayogel				
			740683	Medigel				
			757675	Propan gel S				
765538	Spasmogel							



Broad medication category	Medication sub-category	Dosage form	NAPPI code	Medication name	Medication strength	Maximum allowable quantity	Per number of days
Gastrointestinal system	Anthelmintics	Suspension	845698	Wormstop	100mg/5ml	60ml	180
		Tablet	703063	Adco-Wormex	100mg	12	180
	Anti-emetics	Syrup	783064	Adco-Contromet	5mg/5ml	100ml	120
			723037	Emetrol			
			784346	Emex			
			792845	Medazine-S	12,5mg/5ml		
			820571	Nauzine S	12,5mg/5ml		
	Anti-emetics	Tablet	715875	Adco-Contromet	10mg	20	120
			717891	Bio Metoclopramide	10mg		
			700712	Clomax	10mg		
			809322	Covamet	50mg		
			744182	Mitil	5mg		
			762849	Scripto-metic	5mg		
			799424	Nauzine	50mg		
	Anti-diarrhoeals	Tablet	791768	Adco-Prodium	2mg	12	90
			796697	Norimode	2mg		
	Anti-haemorrhoidals	Ointment	756849	Preparation h	OIN	25G	120
	Anti-spasmodics	Syrup	707213	Hyospasmol	5mg/5ml	100ml	120
			703383	Scopex syrup	5mg/5ml		
		Tablet	731951	Hyospasmol	10mg	20	120
			762725	Scopex	10mg	25	120
	Biltricides	Tablet	717169	Cysticide	500mg	100	360
	Electrolyte replacement	Syrup	762873	Scriptolyte		200ml	180
H2-Receptor blockers	Tablet	811459	Adco-Cimetidine	200mg	90	180	
		800252	Adco-Cimetidine	400mg			
		886978	Bio-Cimetidine	200mg			
		887003	Bio-Cimetidine	400mg			
		854247	Cimlok	200mg			
		854255	Cimlok	400mg			
		736260	Lenamet	400mg			
Laxatives	Syrup	708722	Aculax	3300mg/5ml	150ml	120	
		797723	Lacson	3300mg/5ml			
	Tablet	868078	Soflax	13,5mg	48	120	
Genito-urinary system	Urinary alkalinisers	Granule	712312	Medi Soda Effervescent		500g	30
		Suspension	805130	Mist Pot Cit simplex	416,6mg/5ml	500ml	30
	Vaginal anti-fungals	Vaginal cream	831913	Canex Vag	1%	50g	120
			846341	Fungispor (1 applicator)	1%		
Musculoskeletal	Anti-gout preparations	Tablet	715271	Colchicine	0,5mg	30	180
	Non-steroidal anti-inflammatorys (NSAIDs)	Capsule	701891	Amdocin	25mg	30	120
			787833	Betacin	25mg		
			868213	Gulf Indomethacin	25mg		
	Suspension	875643	Adco-Mefenamic Acid	50mg/5ml	200ml	120	



Broad medication category	Medication sub-category	Dosage form	NAPPI code	Medication name	Medication strength	Maximum allowable quantity	Per number of days		
Musculoskeletal	Non-steroidal anti-inflammatory (NSAIDs)	Suspension	797014	Fenamin	50mg/5ml	200ml	120		
			700315	Ibucine (was Ibumax)	100mg/5ml				
			704781	Ibugesic	100mg/5ml				
			793264	Ponac	50mg/5ml				
			756156	Ponstan	50mg/5ml				
		Tablet	788597	Adco-Diclofenac	50mg	30	120		
			893390	A-Lennon Diclofenac	25mg				
			893391	A-Lennon Diclofenac	50mg				
			787426	Betaprofen	200mg				
			701975	Betaprofen FC	400mg				
			708290	Bren	400mg				
			718479	Diclofenac Biotech	25mg				
			700316	Ibucine (was Ibumax)	200mg				
			700318	Ibucine (was Ibumax)	400mg				
			868221	Ibunate	200mg				
			708536	Ibusor	200mg				
			786012	Mylan Diclofenac	25mg				
			786020	Mylan Diclofenac	50mg				
			752398	Panamor AT	50mg				
701654	Ranfen	400mg							
Ophthalmics	Eye drops	Eye drops	728608	Gemini 15ml		2	120		
			702935	Octin Ophthalmic drops 5ml	0,3%				
			894605	Stop allerg 13,5ml					
	Eye ointment	Eye ointment	713759	Chlorcol 3.5g	1%	2	120		
			713872	Chlornicol 3.5g	1%				
			817201	Chlorphen 3.5g	1%				
			767360	Sulphacetamide 3.5g					
Respiratory system	Flu preparations	Cough/ Mucolytic syrup	701742	Alcophyllex		200ml	180		
			701750	Alcophyllin	26,67mg/5ml				
			708151	Betaphlem	250mg/5ml				
			710520	Bronchette	250mg/5ml				
			779814	Co-Flem	250mg/5ml				
			789739	Flemgo	250mg/5ml				
			737798	Lessmusec	250mg/5ml				
			770388	Theophen	80mg/15ml				
			700238	Theophen Compound elixir					
		Decongestant syrup	703853	Acufly P (alcohol and sugar free)		200ml	180		
			806218	Adco-Flupain					
		Nasal spray/ Nasal drop	702618	Drinasal Paediatric 10ml	0,025%	1	180		
			746126	Nazene Z 20ml	0,05%				
		Tablet	822744	Sinuend		20	120		
			Nasal corticosteroids	Nasal spray	820709			Beclate aquanase 150 dose	50mcg
897937	Clenil aqueous 200 dose				50mcg				

Complaints process

You may lodge a complaint or query with Bankmed Medical Scheme directly on 0800 BANKMED (0800 226 5633) or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following Bankmed Medical Scheme's internal disputes process.



Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or via e-mail at complaints@medicalschemes.com. Customer Care Centre: 0861 123 267/website www.medicalschemes.com

