



# Chronic Illness Benefit medicine list (formulary) 2021 for the Essential and Basic Plans

## Important information

The information contained in this document may change from time to time. Any changes to the way we fund medication will be communicated.

The Chronic Illness Benefit (CIB) is defined by the Bankmed Scheme Rules. The use of the benefits and programmes linked to the Chronic Illness Benefit are subject to specific conditions and rules. Members must ensure that they know these rules and conditions.

Any instructions or advice on medication and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's Healthcare Professional or pharmacist.

You get full cover for approved chronic medication on our medicine list (formulary). Medication not on our medicine list (formulary), will be funded up to the Generic Reference Price (GRP), which is up to the lowest cost medication of the same kind on our medicine list for the condition. You may have a co-payment for medication not on our medicine list.

Bankmed reserves the right to amend the benefit at any time.

## Who we are

Bankmed (referred to as "the Scheme"), registration number 1279, is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07) which takes care of the administration of your membership for the Scheme.

### **Active ingredient**

This is the main substance in a medication that is responsible for the clinical action on the human body.

### **Additional Disease List (ADL)**

An additional chronic condition covered on the Bankmed Basic Plan.

### **Benefit year**

A benefit year refers to the benefits a member is entitled to during a calendar year that is 01 January to 31 December. This medicine list (formulary) is applicable for 2021 only.

### **Chronic Disease List (CDL)**

A defined list of chronic conditions we cover, according to the Prescribed Minimum Benefits.

### **Medication class**

This describes medications that have similar chemical structures or similar therapeutic effects.

### **Prescribed Minimum Benefit (PMB) conditions**

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes (CMS) for any setting according to clinical guidelines.



## The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) medicine list (formulary) for the Essential and Basic Plans

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Addison's disease	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
			Ventimax CFC free 200 dose 100mcg
	Anti-asthmatics: Systemic Xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
			Beclate 200 dose 50mcg; 100mcg; 200mcg
		Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
			Pulmicort turbuhaler 200 dose 100mcg; 200mcg
	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA 120 dose 25/50mcg
			Sereflo HFA synchrobreathe 120 dose 25/50mcg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednionone 5mg
			Panafcort 5mg
Trolic 5mg			
Bipolar mood disorder	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
			Citalopram 20 Oethmaan 20mg
			Depramil 20mg
			Recita 20mg
		Escitalopram	Accord Escitalopram 10mg; 20mg
			Dolin 10mg; 20mg
			Esetam 10mg; 20mg
			Marpem 20mg
			Zyescito 10mg; 20mg
		Fluoxetine	Deprozan 20mg
			Fluoxetine 20 Oethmaan 20mg
	Prolax 20mg		
	Zydus Fluoxetine 20mg		
	Sertraline	Sertraline	Dyna Sertraline 50mg; 100mg
			Degranol 200mg
			Tegretol CR 200mg; 400mg
			Zeptol 200mg
	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Convulex 150mg; 300mg
			Convulex syrup 250mg/5ml
Epilim crushable 100mg			
Epilim sugar-free syrup 200mg/5ml			
Eprolep CR 200mg; 300mg; 500mg			
Navalpro CR 200mg; 300mg; 500mg			
Valeptic CR 300mg; 500mg			
Anti-epileptics: Fatty acid derivatives	Valproic acid	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
		Epitec 25mg; 50mg; 100mg; 200mg	
		Girotec 50mg; 100mg; 200mg	



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Bipolar mood disorder	Anti-epileptics: Other agents	Lamotrigine	Serinem 25mg; 50mg; 100mg; 200mg	
	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg Cloment 25mg; 100mg	
	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg Zolanz 5mg; 10mg	
	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg Mylan Quetiapine 25mg; 100mg; 200mg; 300mg Psyquet 25mg; 100mg; 200mg; 300mg Truvalin 25mg; 100mg; 200mg; 300mg Zimbiquet 25mg; 100mg; 200mg; 300mg	
	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg Fluanxol depot 1ml 20mg	
		Zuclopenthixol	Clopixol 2mg; 10mg Clopixol depot 200mg	
	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg Arizofy 5mg; 10mg; 15mg	
	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg Rispacor 1mg; 2mg; 3mg Risptide 0.5mg; 1mg; 2mg Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
	Bronchiectasis	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg Ventimax CFC free 200 dose 100mcg
		Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
		Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg Panafcort 5mg Trolic 5mg
		Cardiac failure	ACE inhibitors and diuretics	Enalapril and diuretics
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg Lisinopril co Unicorn 10/12.5mg; 20/12.5mg Lisoretic 10/12.5mg; 20/12.5mg Lisozide 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg Circator Plus 4/1.25mg Pearinda Plus 4/1.25mg Perindopril co Unicorn 4/1.25mg Prexum Plus 5/1.25mg Spec-Perindopril Plus 4/1.25mg Vectoryl Plus 4/1.25mg
	ACE inhibitors: Plain		Captopril	Bio-Captopril 25mg Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg Enalapril Unicorn 10mg; 20mg Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg Austell-Lisinopril 10mg; 20mg Liso 5mg; 10mg; 20mg Sinopren 5mg; 10mg; 20mg
			Perindopril	Reprex 4mg; 8mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Cardiac failure	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg	
			Carvedilol Unicorn 6.25mg; 12.5mg; 25mg	
			Carvetrend 6.25mg; 12.5mg; 25mg	
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg	
			Losaar Plus 50/12.5mg; 100/25mg	
			Losartan comp Biotech 50/12.5mg; 100/25mg	
			Zartan co 100/25mg	
	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg	
	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg	
			Sandoz Hydralazine 25mg	
	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg	
			Betacor 5mg; 10mg	
			Bilocor 5mg; 10mg	
			Bisbeta 5mg; 10mg	
			Bislo 5mg; 10mg	
			Bisoprolol Unicorn 5mg; 10mg	
			Bisozyd 5mg; 10mg	
	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
	High-ceiling diuretics	Furosemide	Dino-Retic 40mg	
			Furobe 40mg	
			Mylan Furosemide 40mg	
	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
			Ridaq 12.5mg	
	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
			Catexan 2.5mg	
			Daptril 2.5mg	
			Mylan Indapamide 2.5mg	
	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Spiractin 25mg	
	Potassium supplements	Potassium chloride	Plenish K 600mg	
			Plenish-K SR 600mg	
			Ultipot 600mg	
Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg		
	Isosorbide mononitrate	Ismo 20mg		
		Monicor SR 60mg		
Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml Vaxigrip single dose 0.5ml pre-filled		
Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose vial 0.5ml		
Cardiomyopathy	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg
	Perindopril and diuretics	Perindopril and diuretics	Ciplasyl Plus 4/1.25mg	
			Circator Plus 4/1.25mg	
			Pearinda Plus 4/1.25mg	
			Perindopril co Unicorn 4/1.25mg	
			Prexum Plus 5/1.25mg	
			Spec-Perindopril Plus 4/1.25mg	
			Vectoryl Plus 4/1.25mg	



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Cardiomyopathy	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
			Mylan Captopril 25mg; 50mg
		Enalapril	Alapren 5mg; 10mg; 20mg
			Enalapril Unicorn 10mg; 20mg
			Hypace 5mg
			Lisinopril
		Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
			Austell-Lisinopril 10mg; 20mg
			Liso 5mg; 10mg; 20mg
			Sinopren 5mg; 10mg; 20mg
	Perindopril	Reprex 4mg; 8mg	
	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
			Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
			Carvetrend 6.25mg; 12.5mg; 25mg
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg
			Losaar Plus 50/12.5mg; 100/25mg
			Losartan comp Biotech 50/12.5mg; 100/25mg
			Zartan co 100/25mg
	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
			Sandoz Hydralazine 25mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
			Myoprin 100mg
	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
			Betacor 5mg; 10mg
			Bilocor 5mg; 10mg
			Bisbeta 5mg; 10mg
			Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
			Bisozyd 5mg; 10mg
	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml
High-ceiling diuretics	Furosemide	Dino-Retic 40mg	
		Furobe 40mg	
		Mylan Furosemide 40mg	
Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
		Ridaq 12.5mg	
Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
		Catexan 2.5mg	
		Daptril 2.5mg	
		Mylan Indapamide 2.5mg	
Potassium sparing agents	Spironolactone	Aldactone 25mg	
		Spiractin 25mg	
Potassium supplements	Potassium chloride	Plenish K 600mg	
		Plenish-K SR 600mg	
		Ultipot 600mg	
Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
	Isosorbide mononitrate	Ismo 20mg	
		Monicor SR 60mg	
Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
		Vaxigrip single dose 0.5ml pre-filled	



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Cardiomyopathy	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose vial 0.5ml	
Chronic obstructive pulmonary disease (COPD)	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg	
			Ventimax CFC free 200 dose 100mcg	
	Anti-asthmatics: Systemic Xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg	
			Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide
	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator (Rental)	
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml Vaxigrip single dose 0.5ml pre-filled	
	Chronic renal disease	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
Lisinopril and diuretics				Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
Circator Plus 4/1.25mg				
Pearinda Plus 4/1.25mg				
Perindopril co Unicorn 4/1.25mg				
Prexum Plus 5/1.25mg				
Spec-Perindopril Plus 4/1.25mg				
Vectoryl Plus 4/1.25mg				
ACE inhibitors: Plain		Captopril		Bio-Captopril 25mg
			Mylan Captopril 25mg; 50mg	
		Enalapril	Alapren 5mg; 10mg; 20mg	
			Enalapril Unicorn 10mg; 20mg	
			Hypace 5mg	
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
		Austell-Lisinopril 10mg; 20mg		
		Liso 5mg; 10mg; 20mg		
		Sinopren 5mg; 10mg; 20mg		
		Perindopril		Reprex 4mg; 8mg
				Angiotensin II antagonists: Combinations
		Co-Normoten 100/25mg		
Losaar Plus 50/12.5mg; 100/25mg				
Losartan comp Biotech 50/12.5mg; 100/25mg				
Angiotensin II antagonists: Plain		Losartan	Zartan co 100/25mg	
			Annin 50mg; 100mg	
Beta blocking agents: Selective		Bisoprolol	Adco-Bisocor 5mg; 10mg	
			Betacor 5mg; 10mg	
			Bilocor 5mg; 10mg	
			Bisbeta 5mg; 10mg	
			Bislo 5mg; 10mg	
	Bisoprolol Unicorn 5mg; 10mg			
	Bisozyd 5mg; 10mg			
Calcium supplements	Calcium carbonate	B-cal		
Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg		
		Folic acid 5mg		
Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg		



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Chronic renal disease	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
			Rautevene ampoule 5ml 100mg/5ml
			Zypiron vial 5ml 20mg/1ml
	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
			Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
			Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
			Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
			Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml
			Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml
			Aranesp pre-filled syringe 0.4ml 80mcg/0.4ml
			Aranesp pre-filled syringe 0.5ml 100mcg/0.5ml
	Erythropoietin	Eprex pre-fill 2000U/0.5ml	
		Eprex pre-fill 4000U/0.4ml	
		Repotin ampoule 1ml 2000U; 4000U	
	Vitamin D and analogues	Alfacalcidol	One alpha 0.25mcg; 1mcg
Coronary artery disease	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
			Myoprin 100mg
	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Purbloka 40mg
	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
			B-Block 50mg; 100mg
			Tenopress 50mg; 100mg
		Bisoprolol	Adco-Bisocor 5mg; 10mg
			Betacor 5mg; 10mg
			Bilocor 5mg; 10mg
			Bisbeta 5mg; 10mg
			Bislo 5mg; 10mg
	Bisoprolol Unicorn 5mg; 10mg		
	Bisozyd 5mg; 10mg		
	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
			Adco-Zildem SR 180mg; 240mg
		Verapamil	Vasomil 40mg; 80mg
			Verahexal SR 240mg
	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg
			Aprate 5mg; 10mg
Ciplavasc 5mg; 10mg			
Gulf Amlodipine 5mg; 10mg			
Lomanor 5mg; 10mg			
Pharma Dynamics Amlodipine besylate 5mg; 10mg			
Nifedipine		Cipalat Retard 20mg	
Vasodilators in Cardiac Disease: Organic nitrates		Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg
	Isosorbide mononitrate	Ismo 20mg	
		Monicor SR 60mg	
Crohn's disease	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Folic acid 5mg
	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
			Mezavant 1200mg
			Pentasa 500mg
		Sulfasalazine	Salazopyrin 500mg
			Salazopyrin EN 500mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
			Azathioprine PCH 50mg





Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Crohn's disease	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
Diabetes insipidus	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Trolic 5mg
			Ddavn 0.1mg; 0.2mg
Diabetes mellitus Type 1	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml
		Insulin Lispro	Humalog - cartridge 3ml
	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Humulin 30/70 - cartridge 3ml
			Insulin Lispro
	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir Insulin Glargine	Humalog mix 50 - cartridge 3ml
			Levemir - pre-filled cartridge 3ml
			Endulin select - pre-filled pen 3ml
	Aspirin: Cardiovascular	Acetylsalicylic acid	Optisulin - cartridge 3ml
			Aspirin Teva 80mg
	Blood glucose monitoring agents	Glucose strips	Myoprin 100mg
			Test strip blood glucose clicks bionime gs550
			Test strip glucocheck key
			Test strip glucose caresens n 29g
Test strip glucose fora diamond blood			
Surgical item	Lancets	Test strip glucose on call plus ez	
		Lancet blood collection needle loris	
		Lancet fora collection needle sterile 30g	
		Lancet fora tender needle sterile 33g	
		Lancet freestyle test	
		Lancet glucocheck novicheck	
		Lancet solus v2	
		Lancet unilet sterile 28g	
	Needles	Lancet unilet sterile 4cm x 6cm x 7.5cm 28g	
		Microlet lancet	
		BD micro fine plus pen needle 30g 8mm	
		BD micro fine plus pen needle 31g	
		BD micro fine plus pen needle 32g 4mm	
		Droplet pen needle 8mm 31g	
		Needle insulin fora pen 31g 5mm	
		Needle insulin fora pen 31g 8mm	
		Needle insulin fora pen 32g 4mm	
		Needle insulin fora pen 32g 6mm	
Syringes	Needle novofine		
	Syringe insulin 1.0ml with 27g needle		
	Syringe insulin bd microfine 12.7mm 1ml 9g		
	Syringe insulin bd microfine 1ml 8mm 30g		
Diabetes mellitus Type 2	Anti-diabetic agents: Biguanides	Syringe insulin bd microfine 8mm demi 0.3ml 30g	
		Accord Metformin 500mg; 850mg	
		Apex-Metformin 500mg	
		Austell-Metformin 500mg; 850mg	
		Bigsens 500mg; 850mg; 1000mg	
		Diaphage 500mg; 850mg; 1000mg	
		Gluconorm 500mg; 850mg	
		Metformin XR Accord 500mg	
Mylan Metformin 500mg; 850mg; 1000mg			



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Diabetes mellitus Type 2	Anti-diabetic agents: Biguanides	Metformin	Romidab 500mg; 850mg; 1000mg	
	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml	
		Insulin Lispro	Humalog - cartridge 3ml	
	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Humulin 30/70 - cartridge 3ml	
		Insulin Lispro	Humalog mix 25 - cartridge 3ml	
			Humalog mix 50 - cartridge 3ml	
	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
		Insulin Glargine	Endulin select - pre-filled pen 3ml	
			Optisulin - cartridge 3ml	
	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagluclide MR	60mg
			Dyna Gliclazide SR	30mg
			Gliclazide Unicorn MR	30mg
			Glytab MR	30mg
	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone	15mg; 30mg
			Pioglitazone hydrochloride Macleods	15mg; 30mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva	80mg
			Myoprin	100mg
	Blood glucose monitoring agents	Glucose strips	Test strip blood glucose clicks bionime gs550	
			Test strip glucocheck key	
			Test strip glucose caresens n 29g	
			Test strip glucose fora diamond blood	
			Test strip glucose on call plus ez	
	Surgical item	Lancets	Lancet blood collection needle loris	
Lancet fora collection needle sterile 30g				
Lancet fora tender needle sterile 33g				
Lancet freestyle test				
Lancet glucocheck novicheck				
Lancet solus v2				
Lancet unilet sterile 28g				
Lancet unilet sterile 4cm x 6cm x 7.5cm 28g				
Microlet lancet				
Needles			BD micro fine plus pen needle 30g 8mm	
		BD micro fine plus pen needle 31g		
		BD micro fine plus pen needle 32g 4mm		
		Droplet pen needle 8mm 31g		
		Needle insulin fora pen 31g 5mm		
		Needle insulin fora pen 31g 8mm		
		Needle insulin fora pen 32g 4mm		
		Needle insulin fora pen 32g 6mm		
Syringes		Needle novofine		
		Syringe insulin 1.0ml with 27g needle		
		Syringe insulin bd microfine 12.7mm 1ml 9g		
		Syringe insulin bd microfine 1ml 8mm 30g		
		Syringe insulin bd microfine 8mm demi 0.3ml 30g		
Dysrhythmia		Anti-arrhythmics: class III - Amiodarone	Amiodarone	Bio-Amiodarone 200mg
	Hexarone		100mg; 200mg	
	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin	5mg
			Aspirin: Cardiovascular	Acetylsalicylic acid
	Beta blocking agents: Non-selective	Propranolol	Myoprin	100mg
			Indoblok	40mg
Purbloka			40mg	
	Sotalol	Sotahexal	80mg; 160mg	



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Dysrhythmia	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
			B-Block 50mg; 100mg
			Tenopress 50mg; 100mg
		Bisoprolol	Adco-Bisocor 5mg; 10mg
			Betacor 5mg; 10mg
			Bilocor 5mg; 10mg
			Bisbeta 5mg; 10mg
			Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
	Bisozyd 5mg; 10mg		
	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg Lanoxin paediatric/geriatric syrup 0.05mg/1ml
Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg	
		Verahexal SR 240mg	
Epilepsy	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Rivotril 0.5mg; 2mg
	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
			Tegretol CR 200mg; 400mg
			Zeptol 200mg
	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
			Convulex syrup 250mg/5ml
			Epilim crushable 100mg
			Epilim sugar-free syrup 200mg/5ml
			Eprolep CR 200mg; 300mg; 500mg
			Navalpro CR 200mg; 300mg; 500mg
			Valeptic CR 300mg; 500mg
	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
			Epitec 25mg; 50mg; 100mg; 200mg
			Girotec 50mg; 100mg; 200mg
			Serinem 25mg; 50mg; 100mg; 200mg
		Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg
			Epikepp 250mg; 500mg; 750mg
Folic acid and derivatives		Folic acid	Be-Tabs Folic acid 5mg
	Folic acid 5mg		
Glaucoma	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%
	Anti-glaucoma agents: Prostaglandin analogues	Latanoprost	Atana 2.5ml 50mcg/1ml
			Spersatan 2.5ml 50mcg/1ml
	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml
			Brimoct 5ml 2mg/1ml
	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml 0.5%
			Timoptol-xe 2.5ml 0.5%
	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml
			Co-Atana 2.5ml
			Combigan 5ml 2mg/5mg
Ganfort 3ml			



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Glaucoma	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Glaumide-co 5ml
			Ocudor co 5ml
Haemophilia	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg
			Adco-Prolief 500mg
			Cetapon 500mg
			Painogestic 500mg
	Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranic 500mg
	Blood coagulation factors	Coagulation factor IX	Haemosolvex IX 500U
			Octanine F vial 30ml 250U; 500U; 1000U
		Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
			Octanate vial 5ml 250U
			Octanate vial 10ml 500U; 1000U
	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg
Ddavn nasal spray 5ml 0.1mg/1ml			
Hyperlipidaemia	Lipid modifying agent combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg
	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
			Sandoz Bezafibrate 400mg
	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg
			Aspavor 10mg; 20mg; 40mg
			Astor 10mg; 20mg; 40mg; 80mg
			Dezzolip 10mg; 20mg; 40mg; 80mg
			Adco-Simvastatin 10mg; 20mg; 40mg
		Simvastatin	Austell-Simvastatin 10mg; 20mg; 40mg
			Choleste 40mg
			Cipla-Simvastatin 10mg; 20mg; 40mg
Simvacor 40mg			
Hypertension	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
		Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
			Lisoretic 10/12.5mg; 20/12.5mg
			Lisozide 10/12.5mg; 20/12.5mg
		Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
			Circator Plus 4/1.25mg
			Pearinda Plus 4/1.25mg
	Perindopril co Unicorn 4/1.25mg		
	Prexum Plus 5/1.25mg		
	Spec-Perindopril Plus 4/1.25mg		
	Vectoryl Plus 4/1.25mg		
	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
			Mylan Captopril 25mg; 50mg
		Enalapril	Alapren 5mg; 10mg; 20mg
			Enalapril Unicorn 10mg; 20mg
			Hypace 5mg
		Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
Austell-Lisinopril 10mg; 20mg			
Liso 5mg; 10mg; 20mg			
Sinopren 5mg; 10mg; 20mg			
Perindopril 4mg; 8mg			
Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg	
		Carvedilol Unicorn 6.25mg; 12.5mg; 25mg	
		Carvetrend 6.25mg; 12.5mg; 25mg	



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Hypertension	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg
			Losaar Plus 50/12.5mg; 100/25mg
			Losartan comp Biotech 50/12.5mg; 100/25mg
			Zartan co 100/25mg
	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
			Urodoxa 4mg
	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
			Mylan Methyldopa 250mg
	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
			Sandoz Hydralazine 25mg
	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Purbloka 40mg
	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
			B-Block 50mg; 100mg
			Tenopress 50mg; 100mg
		Bisoprolol	Adco-Bisocor 5mg; 10mg
			Betacor 5mg; 10mg
			Bilocor 5mg; 10mg
			Bisbeta 5mg; 10mg
			Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
			Bisozyd 5mg; 10mg
	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
			Furobe 40mg
			Mylan Furosemide 40mg
	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
			Ridaq 12.5mg
	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
			Catexan 2.5mg
			Daptril 2.5mg
			Mylan Indapamide 2.5mg
Potassium sparing agents	Spironolactone	Aldactone 25mg	
		Spiractin 25mg	
Potassium supplements	Potassium chloride	Plenish K 600mg	
		Plenish-K SR 600mg	
		Ultipot 600mg	
Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg	
		Adco-Zildem SR 180mg; 240mg	
	Verapamil	Vasomil 40mg; 80mg	
Verahexal SR 240mg			
Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg	
		Aprate 5mg; 10mg	
		Ciplavasc 5mg; 10mg	
		Gulf Amlodipine 5mg; 10mg	
		Lomanor 5mg; 10mg	
		Pharma Dynamics Amlodipine besylate 5mg; 10mg	
Nifedipine	Cipalat Retard 20mg		



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Hypothyroidism	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg	
Multiple sclerosis	Anti-depressants: Tricyclics	Amitriptyline	Gulf Amitriptyline 25mg	
			Sandoz Amitriptyline 25mg	
			Trepiline 10mg	
	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg	
			Oxyrest 5mg	
	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml	
			Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml	
			Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml	
			Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml	
			Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml	
		Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000U/1ml	
		Peginterferon Beta-1A	Plegridy pre-filled pen 0.5ml 125mcg/0.5ml	
Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg		
Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
		Panafcort 5mg		
		Trolic 5mg		
Parkinson's disease	Anticholinergic Agents: Tertiary Amines	Biperiden	Akineton 2mg	
	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg	
			Pexasp 0.125mg; 0.25mg; 1mg	
	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg	
	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg	
	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg	
Teva Carbi-Levo 25/100mg; 25/250mg				
Rheumatoid arthritis	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg	
			A-Lennon Diclofenac 25mg; 50mg	
			Diclofenac Biotech 25mg	
			Mylan Diclofenac 25mg; 50mg	
				Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg	
			Coxflam 7.5mg	
			Flexocam 7.5mg	
			Medoxicam 7.5mg	
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg	
			Betaprofen FC 400mg	
			Bren 400mg	
			Ibucine 200mg; 400mg	
			Ibunate 200mg	
Ibusor 200mg				
			Naproxen	Mylan Naproxen 250mg
		Naprosript 250mg		
Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg		
Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg		



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Rheumatoid arthritis	Folic acid and derivatives	Folic acid	Folic acid 5mg
	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
			Salazopyrin EN 500mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
			Azathioprine PCH 50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg
	Schizophrenia	Anti-depressants: SSRI's	Citalopram
Citalopram 20 Oethmaan 20mg			
Depramil 20mg			
Recita 20mg			
Escitalopram			Accord Escitalopram 10mg; 20mg
			Dolin 10mg; 20mg
			Esetam 10mg; 20mg
			Marprem 20mg
			Zyescito 10mg; 20mg
Fluoxetine			Deprozan 20mg
			Fluoxetine 20 Oethmaan 20mg
			Prolax 20mg
			Zydus Fluoxetine 20mg
Sertraline		Dyna Sertraline 50mg; 100mg	
Anti-epileptics: Carboxamide derivatives		Carbamazepine	Degranol 200mg
			Tegretol CR 200mg; 400mg
			Zeptol 200mg
Anti-psychotics: Clozapine		Clozapine	Aspen Clozapine 25mg; 100mg
			Cloment 25mg; 100mg
Anti-psychotics: Olanzapine		Olanzapine	Olexar 5mg; 10mg
			Zolanz 5mg; 10mg
Anti-psychotics: Phenothiazines with aliphatic side-chain		Chlorpromazine	Largactil 25mg; 50mg; 100mg
Anti-psychotics: Quetiapine		Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg
	Mylan Quetiapine 25mg; 100mg; 200mg; 300mg		
	Psyquet 25mg; 100mg; 200mg; 300mg		
	Truvalin 25mg; 100mg; 200mg; 300mg		
	Zimbiquet 25mg; 100mg; 200mg; 300mg		
Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
		Fluanxol depot 1ml 20mg	
	Zuclopenthixol	Clopixol 2mg; 10mg	
		Clopixol depot 200mg	
Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
		Arizofy 5mg; 10mg; 15mg	
Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
		Rispacor 1mg; 2mg; 3mg	
		Rispide 0.5mg; 1mg; 2mg	
		Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
Systemic lupus erythematosus (SLE)	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
			A-Lennon Diclofenac 25mg; 50mg
			Diclofenac Biotech 25mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Systemic lupus erythematosus (SLE)	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Mylan Diclofenac 25mg; 50mg
			Panamor AT 50mg
		Indomethacin	Betacin 25mg
			Gulf Indomethacin 25mg
	Methocaps 25mg		
	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
			Coxflam 7.5mg
			Flexocam 7.5mg
			Medoxicam 7.5mg
		Piroxicam	Pyrocaps 20mg
			Roxifen 20mg
	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
			Betaprofen FC 400mg
			Bren 200mg
			Ibucine 200mg; 400mg
			Ibunate 200mg
			Ibusor 200mg
		Naproxen	Mylan Naproxen 250mg
			Naproscript 250mg
	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	Aspirin: Cardiovascular	Acetylsalicylic Acid	Aspirin Teva 80mg
			Myoprin 100mg
	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Folic acid 5mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
Azathioprine PCH 50mg			
Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
		Panafcort 5mg	
		Trolic 5mg	
Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
		Topivate cream 0.1%	
		Vari-Betamethasone cream 0.1%	
Ulcerative colitis	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Folic acid 5mg
	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
			Mezavant 1200mg
			Pentasa 500mg
		Sulfasalazine	Salazopyrin 500mg
	Salazopyrin EN 500mg		
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
			Azathioprine PCH 50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg





Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Ulcerative colitis	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg



## The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) Enhanced medicine list (formulary) for the Essential and Basic Plans

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Asthma	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose	50mcg
Chronic obstructive pulmonary disease (COPD)	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose	12mcg/dose
		Indacaterol	Onbrez breezhaler (30 caps & inhaler)	
	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose	160/4.5mcg
	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose	100/5mcg; 200/5mcg
	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)	
	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)	
	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill)	18mcg
	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA 120 dose	25/50mcg
Chronic renal disease	Hepatitis B vaccine	Hepatitis B, purified antigen	Sereflo HFA synchrobreathe 120 dose	25/50mcg
			Euvax b vial 1ml	20mcg/1ml
			Heberbio hbv sgl dose 1ml adult	20mcg/1ml
Coronary artery disease	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Plagrol	75mg
Diabetes mellitus Type 2	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml	5mcg/dose
			Byetta disposable pen 60 dose 2.4ml	10mcg/dose



## The Additional Disease List (ADL) medicine list (formulary) for the Basic Plan

Additional Disease List condition	Medication class	Active ingredient	Medication name and strength
Major Depression	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
			Depramil 20mg
			Citalopram 20 Oethmaan 20mg
			Recita 20mg
		Escitalopram	Accord Escitalopram 10mg; 20mg
			Dolin 10mg; 20mg
			Esetam 10mg; 20mg
			Marprem 20mg
			Zyescito 10mg; 20mg
		Fluoxetine	Deprozan 20mg
			Fluoxetine 20 Oethmaan 20mg
			Prolax 20mg
			Zydus Fluoxetine 20mg
	Paroxetine	Adco-Paroxetine 20mg	
		Austell-Paroxetine 20mg	
		Lenio 20mg	
		Paroxetine Unicorn 20mg	
		Serrapress 20mg	
		Texine 20mg	
	Sertraline	Xet 20mg	
		Dyna Sertraline 50mg; 100mg	
	Anti-depressants: Tricyclics	Amitriptyline	Gulf Amitriptyline 25mg
			Sandoz Amitriptyline 25mg
Trepiline 10mg			
Other anti-depressants: SNRI's	Duloxetine	DRL Duloxetine 30mg; 60mg	
		Yelate 30mg; 60mg	
	Venlafaxine	Sandoz Venlafaxine XL 150mg	
		Venlafaxine Adco 75mg; 150mg	
Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg	
		Tegretol CR 200mg; 400mg	
		Zeptol 200mg	
Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
		Convulex syrup 250mg/5ml	
		Epilim crushable 100mg	
		Epilim sugar-free syrup 200mg/5ml	
		Eprolep CR 200mg; 300mg; 500mg	
		Navalpro CR 200mg; 300mg; 500mg	
		Valeptic CR 300mg; 500mg	
Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
		Epitec 25mg; 50mg; 100mg; 200mg	
		Girotec 50mg; 100mg; 200mg	
		Serinem 25mg; 50mg; 100mg; 200mg	
Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg	
		Zolanx 5mg; 10mg	
Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg	
		Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
		Psyquet 25mg; 100mg; 200mg; 300mg	
		Truvalin 25mg; 100mg; 200mg; 300mg	
		Zimbiquet 25mg; 100mg; 200mg; 300mg	
Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
		Fluanxol depot 1ml 20mg	



Additional Disease List condition	Medication class	Active ingredient	Medication name and strength
Major Depression	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
			Rispacor 1mg; 2mg; 3mg
			Rispide 0.5mg; 1mg; 2mg
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg

## Complaints process

You may lodge a complaint or query with Bankmed Medical Scheme directly on 0800 BANKMED (0800 226 5633) or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following Bankmed Medical Scheme’s internal disputes process.

Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or via e-mail at [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za). Customer Care Centre: 0861 123 267/website [www.medicalschemes.co.za](http://www.medicalschemes.co.za)

