



# Chronic Illness Benefit medicine list (Provisional Formulary) 2022 for the Essential and Basic Plans

## Important information

The information contained in this document may change from time to time. Any changes to the way we fund medication will be communicated.

The Chronic Illness Benefit (CIB) is defined by the Bankmed Scheme Rules. The use of the benefits and programmes linked to the Chronic Illness Benefit are subject to specific conditions and rules. Members must ensure that they know these rules and conditions.

Any instructions or advice on medication and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's Healthcare Professional or pharmacist.

You get full cover for approved chronic medication on our medicine list (formulary). Medication not on our medicine list (formulary), will be funded up to the Generic Reference Price (GRP), which is up to the lowest cost medication of the same kind on our medicine list for the condition. You may have a co-payment for medication not on our medicine list.

Bankmed reserves the right to amend the benefit at any time.

## Who we are

Bankmed (referred to as "the Scheme"), registration number 1279, is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07) which takes care of the administration of your membership for the Scheme.

### **Active ingredient**

This is the main substance in a medication that is responsible for the clinical action in the human body.

### **Additional Disease List (ADL)**

An additional chronic condition covered on the Bankmed Basic Plan.

### **Benefit year**

A benefit year refers to the benefits a member is entitled to during a calendar year that is 01 January to 31 December. This medicine list (formulary) is applicable for 2022 only.

### **Chronic Disease List (CDL)**

A defined list of chronic conditions we cover, according to the Prescribed Minimum Benefits.

### **Medication class**

This describes medications that have similar chemical structures or similar therapeutic effects.

### **Prescribed Minimum Benefit (PMB) conditions**

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes (CMS) for any setting according to clinical guidelines.



## The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) medicine list (formulary) for the Essential and Basic Plans

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength		
Addison's disease	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg		
	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg		
Asthma	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose		
	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg		
			Ventimax CFC free 200 dose 100mcg		
	Anti-asthmatics: Systemic Xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg		
	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg		
	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg		
	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg		
	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg		
			Beclate 200 dose 50mcg; 100mcg; 200mcg		
		Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg Pulmicort turbuhaler 200 dose 100mcg; 200mcg		
	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA 120 dose 25/50mcg		
			Sereflo HFA synchrobreathe 120 dose 25/50mcg		
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
Panafcort 5mg					
Trolic 5mg					
Bipolar mood disorder	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg		
			Citalopram 20 Oethmaan 20mg		
			Depramil 20mg		
			Recita 20mg		
		Escitalopram	Accord Escitalopram 10mg; 20mg		
			Dolin 10mg; 20mg		
			Esetam 10mg; 20mg		
			Espradep 10mg		
			Zyescito 10mg; 20mg		
			Fluoxetine	Deprozan 20mg	
		Fluoxetine 20 Oethmaan 20mg	Fluoxetine 20 Oethmaan 20mg	Prolax 20mg	
				Sertraline	Dyna Sertraline 50mg; 100mg
				Anti-epileptics: Carboxamide derivatives	Carbamazepine
	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg		
			Convulex syrup 250mg/5ml		
			Epilim crushable 100mg		
			Epilim sugar-free syrup 200mg/5ml		
			Eprolep CR 200mg; 300mg; 500mg		
			Navalpro CR 200mg; 300mg; 500mg		
			Valeptic CR 300mg; 500mg		
Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg			
		Epitec 25mg; 50mg; 100mg; 200mg			
		Girotec 50mg; 100mg; 200mg			
		Serinem 25mg; 50mg; 100mg; 200mg			



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Bipolar mood disorder	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg	
	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg Clozapine Oethmaan 25mg; 100mg	
	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg Zolanaz 5mg; 10mg	
	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg Mylan Quetiapine 25mg; 100mg; 200mg; 300mg Psyquet 25mg; 100mg; 200mg; 300mg Truvalin 25mg; 100mg; 200mg; 300mg Zimbiquet 25mg; 100mg; 200mg; 300mg	
	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg Fluanxol depot 1ml 20mg	
		Zuclopenthixol	Clopixol 2mg; 10mg Clopixol depot 200mg	
	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg Abipip ODT 10mg; 15mg Apripent 5mg; 10mg; 15mg Aprizon 5mg; 10mg; 15mg Arizofy 5mg; 10mg; 15mg	
	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg Rispacor 0.5mg; 1mg; 2mg; 3mg Rispidie 0.5mg; 1mg; 2mg Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg Zoxadon ODT 0.5mg; 1mg; 2mg	
	Bronchiectasis	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg Ventimax CFC free 200 dose 100mcg
		Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
		Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg Panafcort 5mg Trolic 5mg
	Cardiac failure	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg Lisinopril co Unicorn 10/12.5mg; 20/12.5mg Lisoretic 10/12.5mg; 20/12.5mg Lisozide 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg Circator Plus 4/1.25mg Pearinda Plus 4/1.25mg Perindopril co Unicorn 4/1.25mg Prexum Plus 5/1.25mg Spec-Perindopril Plus 4/1.25mg Vectoryl Plus 4/1.25mg
		ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg Enalapril Unicorn 10mg; 20mg Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Cardiac failure	ACE inhibitors: Plain	Lisinopril	Austell-Lisinopril 10mg; 20mg	
			Liso 5mg; 10mg; 20mg	
			Lizro 5mg; 10mg; 20mg	
			Sinopren 5mg; 10mg; 20mg	
			Perindopril	Reprex 4mg; 8mg
	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg	
			Carvedilol Unicorn 6.25mg; 12.5mg; 25mg	
			Carvetrend 6.25mg; 12.5mg; 25mg	
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg	
			Losaar Plus 50/12.5mg; 100/25mg	
			Losartan comp Biotech 50/12.5mg; 100/25mg	
			Sartoc-co 50/12.5mg; 100/25mg	
			Zartan co 100/25mg	
	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg	
	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg	
			Sandoz Hydralazine 25mg	
	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg	
			Betacor 5mg; 10mg	
			Bilocor 5mg; 10mg	
			Bisbeta 5mg; 10mg	
			Bislo 5mg; 10mg	
			Bisoprolol Unicorn 5mg; 10mg	
			Bisozyd 5mg; 10mg	
	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
	High-ceiling diuretics	Furosemide	Dino-Retic 40mg	
			Diuresix 40mg	
			Furobe 40mg	
			Mylan Furosemide 40mg	
	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
			Ridaq 12.5mg	
	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
			Catexan 2.5mg	
Cipla-Indapamide 2.5mg				
Daptril 2.5mg				
Mylan Indapamide 2.5mg				
Potassium sparing agents	Spirolactone	Spiractin 25mg		
Potassium supplements	Potassium chloride	Plenish-K SR 600mg		
		Ultipot 600mg		
Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg		
	Isosorbide mononitrate	Ismo 20mg		
		Monicor SR 60mg		
Influenza vaccines	Influenza, purified antigen	Vaxigrip tetra single dose 0.5ml pre-filled syringe		
Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml		
		Pneumovax 23 single dose vial 0.5ml		
Cardiomyopathy	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
		Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg	
			Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	
			Lisoretic 10/12.5mg; 20/12.5mg	
			Lisozide 10/12.5mg; 20/12.5mg	



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Cardiomyopathy	ACE inhibitors and diuretics	Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
			Circator Plus 4/1.25mg
			Pearinda Plus 4/1.25mg
			Perindopril co Unicorn 4/1.25mg
			Prexum Plus 5/1.25mg
			Spec-Perindopril Plus 4/1.25mg
			Vectoryl Plus 4/1.25mg
	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
			Mylan Captopril 25mg; 50mg
		Enalapril	Alapren 5mg; 10mg; 20mg
			Enalapril Unicorn 10mg; 20mg
			Hypace 5mg
		Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
			Austell-Lisinopril 10mg; 20mg
			Liso 5mg; 10mg; 20mg
			Lizro 5mg; 10mg; 20mg
			Sinopren 5mg; 10mg; 20mg
	Perindopril	Repres 4mg; 8mg	
	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
			Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
			Carvetrend 6.25mg; 12.5mg; 25mg
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg
			Losaar Plus 50/12.5mg; 100/25mg
			Losartan comp Biotech 50/12.5mg; 100/25mg
			Sartoc-co 50/12.5mg; 100/25mg
			Zartan co 100/25mg
	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
			Sandoz Hydralazine 25mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
			Myoprin 100mg
	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
Betacor 5mg; 10mg			
Bilocor 5mg; 10mg			
Bisbeta 5mg; 10mg			
Bislo 5mg; 10mg			
Bisoprolol Unicorn 5mg; 10mg			
Bisozyd 5mg; 10mg			
Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
		Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
High-ceiling diuretics	Furosemide	Dino-Retic 40mg	
		Diuresix 40mg	
		Furobe 40mg	
		Mylan Furosemide 40mg	
		Hexazide 25mg	
Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Ridaq 12.5mg	
		Hexazide 25mg	
Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
		Catexan 2.5mg	
		Cipla-Indapamide 2.5mg	
		Daptril 2.5mg	



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Cardiomyopathy	Low-ceiling diuretics: excluding Thiazides	Indapamide	Mylan Indapamide 2.5mg
	Potassium sparing agents	Spirolactone	Spiractin 25mg
	Potassium supplements	Potassium chloride	Plenish-K SR 600mg Ultipot 600mg
	Vasodilators in cardiac disease:	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg
		Isosorbide mononitrate	Ismo 20mg
	Organic nitrates		Monicor SR 60mg
	Influenza vaccines	Influenza, purified antigen	Vaxigrip tetra single dose 0.5ml pre-filled syringe
Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml	
		Pneumovax 23 single dose vial 0.5ml	
Chronic obstructive pulmonary disease (COPD)	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg Ventimax CFC free 200 dose 100mcg
		Anti-asthmatics: Systemic Xanthines	Theophylline
	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator (Rental)
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg
Influenza vaccines	Influenza, purified antigen	Vaxigrip tetra single dose 0.5ml pre-filled syringe	
Chronic renal disease	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
		Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
			Lisoretic 10/12.5mg; 20/12.5mg
			Lisozide 10/12.5mg; 20/12.5mg
	Perindopril and diuretics	Ciplasyl Plus 4/1.25mg	
		Circator Plus 4/1.25mg	
		Pearinda Plus 4/1.25mg	
		Perindopril co Unicorn 4/1.25mg	
		Prexum Plus 5/1.25mg	
		Spec-Perindopril Plus 4/1.25mg	
		Vectoryl Plus 4/1.25mg	
		ACE inhibitors: Plain	Captopril
	Mylan Captopril 25mg; 50mg		
	Enalapril		Alapren 5mg; 10mg; 20mg
			Enalapril Unicorn 10mg; 20mg
			Hypace 5mg
	Lisinopril		Adco-Zetomax 5mg; 10mg; 20mg
			Austell-Lisinopril 10mg; 20mg
			Liso 5mg; 10mg; 20mg
			Lizro 5mg; 10mg; 20mg
			Sinopren 5mg; 10mg; 20mg
	Perindopril	Reprex 4mg; 8mg	
Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg	
		Losaar Plus 50/12.5mg; 100/25mg	
		Losartan comp Biotech 50/12.5mg; 100/25mg	
		Sartoc-co 50/12.5mg; 100/25mg	
		Zartan co 100/25mg	
Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg	



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Chronic renal disease	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
			Betacor 5mg; 10mg
			Bilocor 5mg; 10mg
			Bisbeta 5mg; 10mg
			Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
			Bisozyd 5mg; 10mg
	Calcium supplements	Calcium carbonate	B-cal
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Folic acid 5mg
	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg
	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
			Equifer ampoule 5ml 100mg/5ml
			Rautevene ampoule 5ml 100mg/5ml
			Zypiron vial 5ml 20mg/1ml
	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
			Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
			Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
			Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
			Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml
			Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml
			Aranesp pre-filled syringe 0.4ml 80mcg/0.4ml
			Aranesp pre-filled syringe 0.5ml 100mcg/0.5ml
		Erythropoietin	Eprex pre-fill 2000U/0.5ml
			Eprex pre-fill 4000U/0.4ml
	Repotin ampoule 1ml 2000U; 4000U		
	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg
Coronary artery disease	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
			Myoprin 100mg
	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Purbloka 40mg
	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
			B-Block 50mg; 100mg
			Tenopress 50mg; 100mg
		Bisoprolol	Adco-Bisocor 5mg; 10mg
			Betacor 5mg; 10mg
			Bilocor 5mg; 10mg
			Bisbeta 5mg; 10mg
			Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
			Bisozyd 5mg; 10mg
	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
		Verapamil	Vasomil 40mg; 80mg
			Verahexal SR 240mg
			Verapamil 40 Oethmaan 40mg
	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
			Amlodipine Unicorn 5mg; 10mg
Amtas 5mg; 10mg			
Aprate 5mg; 10mg			
Austell-Amlodipine 5mg; 10mg			
Ciplavasc 5mg; 10mg			
Gulf Amlodipine 5mg; 10mg			
Lomanor 5mg; 10mg			
Pharma Dynamics Amlodipine besylate 5mg; 10mg			





Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength			
Coronary artery disease	Selective calcium channel blockers with mainly vascular effects	Nifedipine	Cipalat Retard 20mg			
	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg			
		Isosorbide mononitrate	Ismo 20mg Monicor SR 60mg			
Crohn's disease	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg Folic acid 5mg			
	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg Mezavant 1200mg Pentasa 500mg			
			Sulfasalazine	Salazopyrin 500mg Salazopyrin EN 500mg		
				Other immunosuppressive agents: Azathioprine	Azathioprine PCH 50mg	
	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg			
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg Panafcort 5mg Trolic 5mg			
			Diabetes insipidus	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg Ddavn nasal spray 5ml 0.1mg/1ml
						Diabetes mellitus Type 1
	Insulin Lispro	Humalog - cartridge 3ml				
		Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Humulin 30/70 - cartridge 3ml		
Insulin Lispro	Humalog mix 25 - cartridge 3ml Humalog mix 50 - cartridge 3ml					
	Anti-diabetic agents: Long-acting Insulins			Insulin Detemir	Levemir - pre-filled cartridge 3ml	
Insulin Glargine		Optisulin - cartridge 3ml				
	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg Myoprin 100mg			
Blood glucose monitoring agents			Glucose strips	Test strip blood glucose clicks bionime gs550 Test strip glucocheck key Test strip glucose caresens n 29g Test strip glucose fora diamond blood Test strip glucose on call plus ez		
	Surgical item	Lancets		Lancet blood collection needle loris Lancet fora collection needle sterile 30g Lancet fora tender needle sterile 33g Lancet freestyle test Lancet glucocheck novicheck Lancet solus v2 Lancet unilet sterile 28g Lancet unilet sterile 4cm x 6cm x 7.5cm 28g Microlet lancet		
				Needles	BD micro fine plus pen needle 30g 8mm BD micro fine plus pen needle 31g BD micro fine plus pen needle 32g 4mm Droplet pen needle 8mm 31g Needle insulin fora pen 31g 5mm Needle insulin fora pen 31g 8mm Needle insulin fora pen 32g 4mm	



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Diabetes mellitus Type 1	Surgical item	Needles	Needle insulin fora pen 32g 6mm
			Needle insulin pen verifine 4mmx10cmx15cm 32g
			Needle insulin pen verifine 4mmx10cmx15cm 33g
		Syringes	Needle novofine
			Syringe insulin 1.0ml with 27g needle
			Syringe insulin bd microfine 12.7mm 1ml 9g
Diabetes mellitus Type 2	Anti-diabetic agents: Biguanides	Metformin	Syringe insulin bd microfine 1ml 8mm 30g
			Syringe insulin bd microfine 8mm demi 0.3ml 30g
			Accord Metformin 500mg; 850mg
			Apex-Metformin 500mg
			Austell-Metformin 500mg; 850mg
			Bigsens 1000mg
	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Diaphage 500mg; 850mg; 1000mg
			Insulin Lispro
	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Gluconorm 500mg; 850mg
			Insulin Lispro
	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Mylan Metformin 500mg; 850mg; 1000mg
			Insulin Glargine
Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Romidab 500mg; 850mg; 1000mg	
		Diagluclide MR 60mg	
		Diaran MR 30mg	
		Dyna Gliclazide SR 30mg	
		Gliclazide Unicorn MR 30mg	
Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Glytab MR 30mg	
		Cipla-Pioglitazone 15mg; 30mg	
Aspirin: Cardiovascular	Acetylsalicylic acid	Pioglitazone hydrochloride Macleods 15mg; 30mg	
		Aspirin Teva 80mg	
Blood glucose monitoring agents	Glucose strips	Myoprin 100mg	
		Test strip blood glucose clicks bionime gs550	
		Test strip glucocheck key	
		Test strip glucose caresens n 29g	
		Test strip glucose fora diamond blood	
Surgical item	Lancets	Test strip glucose on call plus ez	
		Lancet blood collection needle loris	
		Lancet fora collection needle sterile 30g	
		Lancet fora tender needle sterile 33g	
		Lancet freestyle test	
		Lancet glucocheck novicheck	
		Lancet solus v2	
	Needles	Lancet unilet sterile 28g	
		Lancet unilet sterile 4cm x 6cm x 7.5cm 28g	
		Microlet lancet	
		BD micro fine plus pen needle 30g 8mm	
		BD micro fine plus pen needle 31g	
		BD micro fine plus pen needle 32g 4mm	
		Droplet pen needle 8mm 31g	
Needle insulin fora pen 31g 5mm			
Needle insulin fora pen 31g 8mm			
Needle insulin fora pen 32g 4mm			
Needle insulin fora pen 32g 6mm			



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Diabetes mellitus Type 2	Surgical item	Needles	Needle insulin pen verifine 4mmx10cmx15cm 32g
			Needle insulin pen verifine 4mmx10cmx15cm 33g
	Syringes		Needle novofine
			Syringe insulin 1.0ml with 27g needle
			Syringe insulin bd microfine 12.7mm 1ml 9g
			Syringe insulin bd microfine 1ml 8mm 30g
Dysrhythmia	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Bio-Amiodarone 200mg
			Hexarone 100mg; 200mg
	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
			Myoprin 100mg
	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Purbloka 40mg
		Sotalol	Sotahexal 80mg; 160mg
	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
			B-Block 50mg; 100mg
			Tenopress 50mg; 100mg
		Bisoprolol	Adco-Bisacor 5mg; 10mg
			Betacor 5mg; 10mg
			Bilocor 5mg; 10mg
			Bisbeta 5mg; 10mg
	Cardiac glycosides: Digoxin	Digoxin	Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
Selective calcium channel blockers with direct cardiac effects	Verapamil	Bisozyd 5mg; 10mg	
		Lanoxin 0.0625mg; 0.25mg	
		Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
Epilepsy	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Vasomil 40mg; 80mg
			Verahexal SR 240mg
	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Verapamil 40 Oethmaan 40mg
			Sedabarb 30mg
Anti-epileptics: Carboxamide derivatives	Carbamazepine	Rivotril 0.5mg; 2mg	
		Degranol 200mg	
		Tegretol CR 200mg; 400mg	
		Zeptol 200mg	
	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
			Convulex syrup 250mg/5ml
			Epilim crushable 100mg
			Epilim sugar-free syrup 200mg/5ml
		Eprolep CR 200mg; 300mg; 500mg	
		Navalpro CR 200mg; 300mg; 500mg	
		Valeptic CR 300mg; 500mg	
Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg	
Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
		Epitec 25mg; 50mg; 100mg; 200mg	
		Girotec 50mg; 100mg; 200mg	
		Serinem 25mg; 50mg; 100mg; 200mg	
	Levetiracetam		Dyna Levetiracetam 250mg; 500mg; 750mg
			Epikepp 250mg; 500mg; 750mg
			Redilev 250mg; 500mg; 750mg
	Topiramate		Epimate 25mg; 50mg; 100mg; 200mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength				
Epilepsy	Anti-epileptics: Other agents	Topiramate	Toplep 25mg; 50mg; 100mg; 200mg				
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg Folic acid 5mg				
	Glaucoma	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%			
Anti-glaucoma agents: Prostaglandin analogues		Latanoprost	Atana 2.5ml 50mcg/1ml Spersatan 2.5ml 50mcg/1ml				
Anti-glaucoma agents: Sympathomimetics		Brimonidine	Alphagan purite 5ml 1.5mg/1ml Brimoct 5ml 2mg/1ml				
Anti-glaucoma Beta blocking agents: Timolol		Timolol	Timoptol 5ml 0.5% Timoptol-xe 2.5ml 0.5%				
Anti-glaucoma Beta blocking agents: Timolol, combinations		Timolol, combinations	Azarga 5ml Co-Atana 2.5ml Combigan 5ml 2mg/5mg Duotrav 2.5ml Ganfort 3ml Glaumide-co 5ml Ocudor co 5ml				
Haemophilia		Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg Adco-Prolief 500mg Cetapon 500mg			
		Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranic 500mg			
		Blood coagulation factors	Coagulation factor IX	Haemosolvex IX 500U Octanine F vial 30ml 250U; 500U; 1000U			
				Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U Octanate vial 5ml 250U Octanate vial 10ml 500U; 1000U		
			Posterior pituitary hormones: Vasopressin and analogues		Desmopressin	Ddavn 0.1mg; 0.2mg Ddavn nasal spray 5ml 0.1mg/1ml	
	Hyperlipidaemia		Lipid modifying agent: Combinations		Pravastatin and Fenofibrate	Pravafen 40/160mg	
			Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg Sandoz Bezafibrate 400mg		
		Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg Aspavor 10mg; 20mg; 40mg Astor 10mg; 20mg; 40mg; 80mg Dezzolip 10mg; 20mg; 40mg; 80mg Dynator 10mg; 20mg; 40mg; 80mg Lipogen 10mg; 20mg; 40mg; 80mg			
				Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg Austell-Simvastatin 10mg; 20mg; 40mg Choleste 10mg; 20mg; 40mg Cipla-Simvastatin 10mg; 20mg; 40mg Simvacor 10mg; 20mg; 40mg		
					Hypertension	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine
ACE inhibitors and diuretics						Enalapril and diuretics	Enap co 20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg Lisinopril co Unicorn 10/12.5mg; 20/12.5mg Lisoretic 10/12.5mg; 20/12.5mg Lisozide 10/12.5mg; 20/12.5mg		



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Hypertension	ACE inhibitors and diuretics	Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
			Circator Plus 4/1.25mg
			Pearinda Plus 4/1.25mg
			Perindopril co Unicorn 4/1.25mg
			Prexum Plus 5/1.25mg
			Spec-Perindopril Plus 4/1.25mg
			Vectoryl Plus 4/1.25mg
	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
			Mylan Captopril 25mg; 50mg
		Enalapril	Alapren 5mg; 10mg; 20mg
			Enalapril Unicorn 10mg; 20mg
			Hypace 5mg
			Lisinopril
		Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
			Austell-Lisinopril 10mg; 20mg
			Liso 5mg; 10mg; 20mg
			Lizro 5mg; 10mg; 20mg
	Sinopren 5mg; 10mg; 20mg		
	Perindopril	Reprex 4mg; 8mg	
	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
			Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
			Carvetrend 6.25mg; 12.5mg; 25mg
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg
			Losaar Plus 50/12.5mg; 100/25mg
			Losartan comp Biotech 50/12.5mg; 100/25mg
			Sartoc-co 50/12.5mg; 100/25mg
			Zartan co 100/25mg
	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
			Urodoxa 4mg
	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
			Mylan Methyldopa 250mg
	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg	
		Sandoz Hydralazine 25mg	
Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg	
		Purbloka 40mg	
Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg	
		B-Block 50mg; 100mg	
		Tenopress 50mg; 100mg	
	Bisoprolol	Adco-Bisocor 5mg; 10mg	
		Betacor 5mg; 10mg	
		Bilocor 5mg; 10mg	
		Bisbeta 5mg; 10mg	
		Bislo 5mg; 10mg	
		Bisoprolol Unicorn 5mg; 10mg	
		Bisozyd 5mg; 10mg	
		Dino-Retic 40mg	
Diuresix 40mg			
Furobe 40mg			
Mylan Furosemide 40mg			



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Hypertension	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
			Ridaq 12.5mg
	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
			Catexan 2.5mg
			Cipla-Indapamide 2.5mg
			Daptril 2.5mg
			Mylan Indapamide 2.5mg
	Potassium sparing agents	Spironolactone	Spiractin 25mg
	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
			Ultipot 600mg
	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
		Verapamil	Vasomil 40mg; 80mg
			Verahexal SR 240mg
			Verapamil 40 Oethmaan 40mg
	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
			Amlodipine Unicorn 5mg; 10mg
			Amtas 5mg; 10mg
			Aprate 5mg; 10mg
			Austell-Amlodipine 5mg; 10mg
			Ciplavasc 5mg; 10mg
			Gulf Amlodipine 5mg; 10mg
			Lomanor 5mg; 10mg
			Pharma Dynamics Amlodipine besylate 5mg; 10mg
Nifedipine			Cipalat Retard 20mg
Hypothyroidism	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg
Multiple sclerosis	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10 Austell 10mg
			Gulf Amitriptyline 25mg
			Sandoz Amitriptyline 25mg
			Trepiline 10mg
	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
			Oxyrest 5mg
	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
			Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
			Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
			Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
			Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
		Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000U/1ml
		Peginterferon Beta-1A	Plegridy pre-filled pen 0.5ml 125mcg/0.5ml
Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg	
Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
		Panafcort 5mg	
		Trolic 5mg	
Parkinson's disease	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
			Pexasp 0.125mg; 0.25mg; 1mg
	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg
	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg
			Teva Carbi-Levo 25/100mg; 25/250mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Rheumatoid arthritis	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
			A-Lennon Diclofenac 25mg; 50mg
			Diclofenac Biotech 25mg
			Mylan Diclofenac 25mg; 50mg
			Panamor AT 50mg
		Indomethacin	Betacin 25mg
			Gulf Indomethacin 25mg
			Methocaps 25mg
	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
			Coxflam 7.5mg
			Flexocam 7.5mg
			Medoxicam 7.5mg
		Piroxicam	Pyrocaps 20mg
			Roxifen 20mg
	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
			Betaprofen FC 400mg
			Bren 400mg
			Ibucine 200mg; 400mg
			Ibunate 200mg
			Ibusor 200mg
		Naproxen	Mylan Naproxen 250mg
			Naproscript 250mg
	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
		Folic acid 5mg	
Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg	
		Salazopyrin EN 500mg	
Other immunosuppressive agents: Azathioprine	Azathioprine	Azathioprine PCH 50mg	
Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
Selective immunosuppressive agents: Leflunomide	Leflunomide	Ravalef 10mg; 20mg	
		Rheumalef 10mg; 20mg	
Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
		Panafcort 5mg	
		Trolic 5mg	
Schizophrenia	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
			Citalopram 20 Oethmaan 20mg
			Depramil 20mg
			Recita 20mg
			Escitalopram
			Dolin 10mg; 20mg
			Esetam 10mg; 20mg
			Espradep 10mg
			Zyescito 10mg; 20mg
	Fluoxetine	Fluoxetine	Deprozan 20mg
			Fluoxetine 20 Oethmaan 20mg
			Prolax 20mg
	Sertraline	Sertraline	Dyna Sertraline 50mg; 100mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Schizophrenia	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg	
			Tegretol CR 200mg; 400mg	
			Zeptol 200mg	
	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
			Convulex syrup 250mg/5ml	
			Epilim crushable 100mg	
			Epilim sugar-free syrup 200mg/5ml	
			Eprolep CR 200mg; 300mg; 500mg	
			Navalpro CR 200mg; 300mg; 500mg	
			Valeptic CR 300mg; 500mg	
	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
			Epitec 25mg; 50mg; 100mg; 200mg	
			Girotec 50mg; 100mg; 200mg	
			Serinem 25mg; 50mg; 100mg; 200mg	
	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg	
	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg	
			Clozapine Oethmaan 25mg; 100mg	
	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg	
			Zolanx 5mg; 10mg	
	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg	
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
			Psyquet 25mg; 100mg; 200mg; 300mg	
			Truvalin 25mg; 100mg; 200mg; 300mg	
			Zimbiquet 25mg; 100mg; 200mg; 300mg	
	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
			Fluanxol depot 1ml 20mg	
		Zuclopenthixol	Clopixol 2mg; 10mg	
			Clopixol depot 200mg	
	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
			Abipip ODT 10mg; 15mg	
Apripent 5mg; 10mg; 15mg				
Aprizon 5mg; 10mg; 15mg				
Arizofy 5mg; 10mg; 15mg				
Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg		
		Rispacor 0.5mg; 1mg; 2mg; 3mg		
		Rispide 0.5mg; 1mg; 2mg		
		Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg		
		Zoxadon ODT 0.5mg; 1mg; 2mg		
Systemic lupus erythematosus (SLE)	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg	
			A-Lennon Diclofenac 25mg; 50mg	
			Diclofenac Biotech 25mg	
			Mylan Diclofenac 25mg; 50mg	
			Panamor AT 50mg	
		Indomethacin	Betacin 25mg	
			Gulf Indomethacin 25mg	
			Methocaps 25mg	
		Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
	Flexocam 7.5mg			





Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Systemic lupus erythematosus (SLE)	Anti-inflammatory agents: Oxicams	Meloxicam	Medoxicam 7.5mg
		Piroxicam	Pyrocaps 20mg
			Roxifen 20mg
	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
			Betaprofen FC 400mg
			Bren 400mg
			Ibucine 200mg; 400mg
			Ibunate 200mg
			Ibusor 200mg
			Naproxen
	Naproscript 250mg		
	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
			Myoprin 100mg
	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Folic acid 5mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azathioprine PCH 50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
		Panafcort 5mg	
		Trolic 5mg	
Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
		Topivate cream 0.1%	
		Vari-Betamethasone cream 0.1%	
Ulcerative colitis	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Folic acid 5mg
	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
			Mezavant 1200mg
		Sulfasalazine	Salazopyrin 500mg
			Salazopyrin EN 500mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azathioprine PCH 50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg



## The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) Enhanced medicine list (formulary) for the Essential and Basic Plans

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Asthma	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
Chronic obstructive pulmonary disease (COPD)	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA 120 dose 25/50mcg Sereflo HFA synchrobreathe 120 dose 25/50mcg
Chronic renal disease	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvox b vial 1ml 20mcg/1ml
			Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Plagrol 75mg
Diabetes mellitus Type 2	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose
			Byetta disposable pen 60 dose 2.4ml 10mcg/dose
Multiple Sclerosis	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
	Selective immunosuppressive agents - Fingolimod	Fingolimod	Myelenea 0.5mg



## The Additional Disease List (ADL) medicine list (formulary) for the Basic Plan

Additional Disease List condition	Medication class	Active ingredient	Medication name and strength	
Major Depression	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg	
			Depramil 20mg	
			Citalopram 20 Oethmaan 20mg	
			Recita 20mg	
		Escitalopram	Accord Escitalopram 10mg; 20mg	
			Dolin 10mg; 20mg	
			Esetam 10mg; 20mg	
			Espradep 10mg	
			Zyescito 10mg; 20mg	
			Fluoxetine	Deprozan 20mg
		Fluoxetine 20 Oethmaan 20mg	Prolax 20mg	
			Paroxetine	Adco-Paroxetine 20mg
			Austell-Paroxetine 20mg	
	Paroxetine	Lenio 20mg		
		Paroxetine Unicorn 20mg		
		Serrapress 20mg		
		Texine 20mg		
		Xet 20mg		
		Sertraline	Dyna Sertraline 50mg; 100mg	
		Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10 Austell 10mg
	Gulf Amitriptyline 25mg			
	Sandoz Amitriptyline 25mg			
	Trepiline 10mg			
	Other anti-depressants: SNRI's	Duloxetine	DRL Duloxetine 30mg; 60mg	
			Dulta 30mg; 60mg	
			Duzela 30mg; 60mg	
Yelate 30mg; 60mg				
Venlafaxine		Odiven 37.5mg		
		Sandoz Venlafaxine XL 150mg		
		Venlafaxine Adco 75mg; 150mg		
Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg		
		Tegretol CR 200mg; 400mg		
		Zeptol 200mg		
Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg		
		Convulex syrup 250mg/5ml		
		Epilim crushable 100mg		
		Epilim sugar-free syrup 200mg/5ml		
		Eprolep CR 200mg; 300mg; 500mg		
		Navalpro CR 200mg; 300mg; 500mg		
		Valeptic CR 300mg; 500mg		
		Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
Epitec 25mg; 50mg; 100mg; 200mg				
Girotec 50mg; 100mg; 200mg				
Serinem 25mg; 50mg; 100mg; 200mg				
Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg		
		Zolanz 5mg; 10mg		
Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg		
		Mylan Quetiapine 25mg; 100mg; 200mg; 300mg		
		Psyquet 25mg; 100mg; 200mg; 300mg		
		Truvalin 25mg; 100mg; 200mg; 300mg		
		Zimbiquet 25mg; 100mg; 200mg; 300mg		



Additional Disease List condition	Medication class	Active ingredient	Medication name and strength
Major Depression	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
			Fluanxol depot 1ml 20mg
	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
			Rispacor 0.5mg; 1mg; 2mg; 3mg
			Rispide 0.5mg; 1mg; 2mg
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg
			Zoxadon ODT 0.5mg; 1mg; 2mg

## Complaints process

You may lodge a complaint or query with Bankmed Medical Scheme directly on 0800 BANKMED (0800 226 5633) or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following Bankmed Medical Scheme's internal disputes process.

Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or via e-mail at [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za). Customer Care Centre: 0861 123 267/website [www.medicalschemes.co.za](http://www.medicalschemes.co.za)

