



# Prescribed Minimum Benefits basket of care for COVID-19

## Who we are

Bankmed Medical Scheme (referred to as ‘the Scheme’), registration number 1279, is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as ‘the administrator’) is a separate company and an authorised financial services provider (registration number 1997/013480/07) which takes care of the administration of your membership for the Scheme.

This document provides information about the Prescribed Minimum Benefits (PMBs) basket of care for treating COVID-19.

## Please make sure your claims have the appropriate ICD-10 code

All claims must have the appropriate ICD-10 codes (diagnosis codes) so we can identify them and pay them from the applicable WHO Global Outbreak Benefits. Please ask your Healthcare Professionals to include the ICD-10 codes when referring you to the pathologist, radiologist, or other Healthcare Professionals. This will enable these Healthcare Professionals to share this information with us and allow us to comply with legislation by paying PMBs claims correctly.

## COVID-19 ICD-10 Codes

Description	Treatment	ICD-10 code	ICD-10 description
COVID-19	Medical management	U07.1	COVID-19, virus identified
		U07.2	COVID-19, virus not identified

## We may pay claims from your day-to-day benefits if Prescribed Minimum Benefit (PMB) requirements are not met

We will pay claims from your available day-to-day benefits when:

- The claims are submitted without the relevant ICD-10 codes
- The treatment does not meet the Scheme’s clinical entry criteria and guidelines for PMB funding

## What happens if you need more treatment or treatment that falls outside of these defined benefits?

If you need treatment in excess of or treatment that falls outside of the defined benefits, you and your Healthcare Professional can send additional clinical information with a detailed explanation of the treatment that is needed, and we will review it. If this treatment is approved as PMB, it will not be paid from your available day-to-day benefits, but from your approved PMB cover.

Follow the steps below to apply for PMB cover in excess of the benefits stated in the tables below:

- Download the “Request for additional cover for out-of-hospital Prescribed Minimum Benefit Conditions Form”. Up to date forms are always available on [www.bankmed.co.za](http://www.bankmed.co.za) under Find a document > Application forms. You can also call 0800 226 5633 to request any of the forms
- Complete the form with the assistance of your Healthcare Professional
- Send the completed, signed form, along with any additional medical information, by email to [PMB\\_APP\\_FORMS@bankmed.co.za](mailto:PMB_APP_FORMS@bankmed.co.za)

If we approve the requested medication or treatment, we will automatically pay these from your PMB cover for COVID-19. If the request is unsuccessful and you are not satisfied with the outcome, you may dispute the funding decision. Call us to lodge a formal dispute.

## COVID-19 Vaccine

Administration of the COVID-19 vaccines is covered in accordance with the National Department of Health COVID-19 guidelines. All Bankmed members will be covered for the vaccine, in accordance with the national vaccination programme administered by the Ministerial Advisory Committee and National Department of Health.

You will be required to register on the National Department of Health’s Electronic Vaccination Data System (EVDS) and make use of one of the accredited vaccination sites. The list of accredited facilities will be published by the National Department of Health.

You will have access to funding up to 100% of the Scheme rate for the following:

	Description	Codes
COVID-19 vaccine administration	Administration fee for vaccine including material	3002823001

The following tables depict what treatments we pay for as a PMB, if a test indicates that a member has tested positive for COVID-19. We have divided the baskets of care into a diagnostic basket and an out-of-hospital basket of care, if a member is not admitted to hospital.



## Screening and testing Basket of Care

Applicable to all Bankmed Plans

Members who suspect they might have COVID-19 will have access to funding for the following tests and consults from the PMBs as part of the Screening and Testing Basket of Care.

	Description	Codes	Number
Consultations with a Connected Care or Bankmed Network GP provider	Telephone, virtual or face-to-face	0190 or 0191 or 0192 or 0193 or 0130 or VCONS or VCONM or VCONSC or 7060 or 7061 or 7062 or 7063 or 7064	Unlimited
		0145 or 0146 (Only with 0190, 0191 or 0192)	
		0132 (only with 0130) or 0133	
Pathology	PCR SARS-CoV-2	CO19 / 3979	Unlimited
	Rapid Covid-19 Antigen test	COAG or ANTG or relevant Nappi code	2 per person per year

## Diagnostic Basket

Applicable to all Bankmed Plans

	Description	Codes	Number
Consultations	Telephone, virtual or face-to-face consultations	0190 or 0191 or 0192 or 0193 or 0130 or VCONS or VCONM or VCONSC or 7060 or 7061 or 7062 or 7063 or 7064	1, except where approved as PMB, subject to application
		0145 or 0146 (Only with 0190, 0191 or 0192)	
		0132 (only with 0130) or 0133	
	Casualty Facility fees	58301 or 57801 or 58805 or 58807 or 58303 or 57803 or 57805 or 57301 or 57303 or 58802 or 57807 or 58804 or 58806 or 58302 or	



	Description	Codes	Number
		57802 or 57804 or 58808 or 57806 or 57808 or 58801 or 57302 or 58803	
Pathology	Full blood count	3755 or 53755 or (any combination of 3739 & 3762 & 3783 & 3785 & 3791 or 53739 & 53762 & 53783 & 53785 & 53791)	1
	Platelet count	3797 or 53797	1
	Glucose	4057 or 54057	1
	Prothrombin Index	3805 or 53805	1
	U&E including Creatinine	4171 & 4032 or 54171 & 54032	1
	CRP	3947 or 53947	4
	Blood Gases	4076	1
	Lactate dehydrogenase (LDH)	4133 or 54133	1
	Aspartate aminotransferase (AST)	4130 or 54130	1
	Alanine aminotransferase (ALT)	4131 or 54131	1
	D-dimer (quantitative)	3856 or 53856	4
	Interleukin 6 (IL)	3948 or 4172	4
	Blood Culture		
	Blood culture	3891 or 3892 or 3894 or 4651 or 53891 or 53892 or 53894 or 54651	2
	Bottles	0201 (only when claimed with any one of these NAPPI codes: 266042001,	2



	Description	Codes	Number
		266043001, 266044001, 684916001, 684921001, 684922001, 684925001, 684927001, 684928001, 684949001, 684952001, 686435001, 686440001, 686444001, 686448001, 686449001 or 897221002)	
	Blood-culture microscopy	3867 or 3895 or 53867 or 53895	1
	Identification as organism/type	3923 or 3924 or 3927 or 4652 or 53923 or 53924 or 53927 or 54652	4
	Sensitivity per organism	3887 or 4653 or 53887 or 54653	4
	Microscopy	3867 or 53867	1
	Culture	3895 or 53895	1
	TB microscopy / TB GeneXpert (PCR*)	3881 or 3885 or 4657 or 3974 or 4658 or 3915 or 3919 or 4434 or 53881 or 53885 or 54657 or 53974 or 53915 or 53919 or 54434	1
	Identification as organism/type	3923 or 3924 or 3927 or 4652 or 53923 or 53924 or 53927 or 54652	4

	Description	Codes	Number
	Sensitivity per organism	3887 or 4653 or 53887 or 54653	4
	Mycobacterium antibiotic sensitivity	3920 (only with 3974) or 3930 or 53930	1
	LAM (for HIV positive only)	4172 or 4655 or 3882 or 54172 or 54655 or 53882	1
	PCR SARS-CoV-2	CO19 / 3979	1
	Rapid Antigen	COAG or ANTG or relevant Nappi code	1
	Flu PCR*	3974 or 4434 or 53974 or 54434	1
	Blood gases	4076 or 54076	1
Radiology	Chest X-ray (basic)	30100 or 30110	1
	X-ray with mobile unit in other facility	00130	1
	CT scan of the chest	30300 or 30310 or 30340 or 30350	1
	X-ray of the chest complete with additional views	30120	1
	CT of the chest for pulmonary embolism	30360	1

\*PCR = polymerase chain reaction

### Out-of-hospital Basket

Applicable to all Bankmed Plans

	Description	Codes	Number
Consultations	Telephone, virtual or face-to-face consultations	0190 or 0191 or 0192 or 0193 or 0130 or VCONS or VCONM or 7060 or 7061 or 7062 or 7063 or 7064	1, except where approved as PMB, subject to application



	Description	Codes	Number
		0145 or 0146 (only with 0190, 0191 or 0192)	
		0132 (only with 0130) or 0133	
Psychotherapy	022 - Psychiatrist	2974 or 2975 or 2957 or 2958 OR	1
	086 - Psychologists	86200 or 86201 or 86202 or 86203 or 86204 or 86205 OR	
	089 - Social worker	89200 or 89201 or 89202 or 89203 or 89204 or 89205	
Pathology	Full blood count	3755 or 53755 or (any combination of 3739 & 3762 & 3783 & 3785 & 3791 or 53739 & 53762 & 53783 & 53785 & 53791)	1
	Platelet count	3797 or 53797	1
Radiology	Chest X-ray (basic)	30100 or 30110	1
	X-ray with mobile unit in other facility	00130	1
	PPE* consumables used in radiology procedures that have a NAPPI code (add VAT if it applies)	00090	Part of procedure
	CT of the chest	30300 or 30310 or 30340 OR 30350	1
Chest physiotherapy	Evaluation/counselling at the first visit only	72701 or 72702	1
	One complete re-assessment of a patient's condition	72703	1
	Interview, guidance or consultation with the patient or his family	72708	1
	Breathing exercises or Respiratory re-education and training	72307 or 72507	3
	Vibration, Percussion or Massage	72300 or 72301 or 72302	4



	Description	Codes	Number
	Rehabilitation	72501	3
	Suction	72323 or 72325	1
Medication	Covid 19 Formulary		

### COVID-19 Medicine Lists (Formulary)

\*Medicine lists are documented separately by Plan.

### COVID-19 Medicine List: Essential and Basic Plans

The following table contains the medicine on our list applicable to the Essential Plan and Basic Plan. We pay for them as PMBs up to the Scheme Medicine Rate.

COVID-19 Medicine List: Essential and Basic Plans	
NAPPI code	Product name
720577	Disprin
758558	Pyralen
704093	Actamol red (un-boxed)
792101	Actamol red (boxed)
703820	Feverpain
704450	Painogesic
863742	Feverpain (boxed)
889772	Painblok (plastic bottle)
895199	Go-pain p
745723	Adco-napamol
805467	Antalgic
757403	Adco-prolief
745707	Adco-napacod 500 mg/10 mg
707910	Painamol plus
719662	Cogesic
787043	Codorol
892662	Nucopain
809055	Adco-salterpyn
823538	Go-pain
834440	Spectrapain forte
786012	Mylan diclofenac
893390	A-lennon diclofenac
718479	Diclofenac biotech
893391	A-lennon diclofenac
786020	Mylan diclofenac
788597	Adco-diclofenac
752398	Panamor at
787833	Betacin
868213	Gulf indomethacin
701891	Amdocin
700315	Ibucine (was Ibumax)





COVID-19 Medicine List: Essential and Basic Plans	
704781	Ibugesic
3004030	Ibugesic oral suspension (strawberry)
721335	Inflamax Paediatric
700316	Ibucine (was Ibumax)
787426	Betaprofen
708536	Ibusor
868221	Ibunate
701975	Betaprofen fc
708290	Bren
700318	Ibucine (was Ibumax)
875643	Adco-mefenamic acid
797014	Fenamin
756156	Ponstan
793264	Ponac
826928	Betanoid
899124	Pharma-q betamethasone ampoule 1 ml
713730	Dexona ampoule 1 ml
720206	Fresenius dexamethasone ampoule 1 ml
741116	Medrol
741124	Medrol
717086	Mylan methylprednisolone powder for solution vial
717229	Mylan methylprednisolone powder for solution vial
717230	Mylan methylprednisolone powder for solution vial
765074	Solu cortef mix 2 ml
752304	Panafcort
818267	Trolic
788783	Be-tabs prednisone
716381	Adco Prednisone
714552	Aspelone
723588	Solal niacin
3001997	Noxibra pre-filled syringe 0.2 ml
3002000	Noxibra pre-filled syringe 0.4 ml
3002001	Noxibra pre-filled syringe 0.6 ml
3002002	Noxibra pre-filled syringe 0.8 ml
3002051	Ixarola
3002052	Ixarola
3002053	Ixarola

#### COVID-19 Medicine List: Core Saver, Traditional, Comprehensive and Plus Plans

The following table contains the medicine on our list applicable to the Core Saver, Traditional, Comprehensive and Plus Plans. We pay for them as PMBs up to the Scheme Medicine Rate.

COVID-19 Medicine List: Core Saver, Traditional, Comprehensive and Plus Plans	
NAPPI Code	Product name
700315	Ibucine
700695	Nurofen for children sugar free
704781	Ibugesic fever and pain
710857	Brufen for children (was Brufen paed)



COVID-19 Medicine List: Core Saver, Traditional, Comprehensive and Plus Plans	
712683	Nurofen for children strawberry
721335	Inflamax Paediatric
900105	Ibuprofen
892302	Advil liqui-gel
700316	Ibucine
705940	Ibu
708186	Betagesic
708536	Ibusor
710822	Brufen
717155	Austell ibuprofen
721114	Ibucare
721118	Austifen
733741	Inza
748560	Nurofen
787426	Betaprofen
809268	Ibumed
824852	Unifen
868221	Ibunate
868469	Lenafen
895196	Iboflam
901636	Ibuprofen
716004	Advil liqui-gels
700318	Ibucine
701654	Unifen
701975	Betaprofen fc
708290	Bren
710830	Brufen
717153	Austell ibuprofen
721116	Ibucare period pain
721119	Austifen
733768	Inza
780596	Adco-ibuprofen
897984	Nurofen period pain (was Nurofen extra strength)
901644	Ibuprofen
721117	Ibucare
793671	Brufen retard
864706	Ibumed sr
716133	Flusin expectorant
779849	Acugest expect (was endcol)
703853	Acuflu p (alcohol and sugar free)
703964	Sinuclear paed alcohol & sugar free
806218	Adco-flupain
900178	Paracet/pseudoeph/triprol 125mg/15mg/0.625mg per 5ml
752355	Panado
720438	Parafizz



COVID-19 Medicine List: Core Saver, Traditional, Comprehensive and Plus Plans	
701634	Dis-chem paracetamol
704465	Painogesic
704643	Cetapon
713153	Austell-paracetamol
714499	Clicks paracetamol
714707	Pyngesic t
715112	Grays paracetamol
715280	Lennon paracetamol
716045	Adco-napamol
717725	Actamol
720327	Panado blister pack
720860	Dolorol
745723	Adco-napamol
752142	Painamol
752274	Panado
752878	Parapane
757403	Adco-prolief
784443	Paramed
798053	Dynadol
799629	Painamol (green)
805467	Antalgic
824992	Gencetamol
826588	Link therapain
867950	Gulf paracetamol
867969	Painblok
885863	Von paracetamol
894212	Jp paracetamol
901539	Paracetamol
3001556	Calpol
703118	Panado strawberry
703349	Painblok (glass bottle)
703820	Feverpain
704093	Actamol red (un-boxed)
704450	Painogesic
707583	Paracetamol elixir SAD (alcohol free)
710452	Woodward's paracetamol
711993	Calpol paediatric
714708	Pyngesic s
717187	Barrs paracetamol
745715	Adco-napamol elixir
752118	Painamol (plastic bottle)
752282	Panado
758558	Pyralen
788953	Panado (no alcohol/sugar)
789526	Brunomol



COVID-19 Medicine List: Core Saver, Traditional, Comprehensive and Plus Plans	
792101	Actamol red (boxed)
798045	Dynadol
863742	Feverpain (boxed)
889772	Painblok (plastic bottle)
894281	Adco-paracetamol
895199	Go-pain p
901520	Paracetamol
3003420	Varipan sugar free
835102	Panado drops
819697	Empaped
819700	Empaped
837423	Tylenol extended relief caplet
701673	Sb cirogen cough mixture
884995	Degoran plus
731234	Histacon
704332	Colcleer paediatric
702172	Phenorant
707627	Benylin cough
720291	Diphenhydramine exp
705913	Amcough (boxed)
708054	Betalin
788120	Becof
789976	Medilyn solution
792144	Bencough expectorant (boxed) wasTrihisidine syrup
823554	Relief-coff expect
895032	Amcough
710636	Broncleer for children
810649	Diphenhydramine expect - Allied
803081	Clear cough
824402	Genhydramine expect
703350	Phenorant (glass)
783145	Histodor expect
705889	Benylin original sugar&alcohol free (was Benylin children's)
805343	Expectalin
716267	Amuco
718049	Mucatak
719848	Lithafizz
824291	Acc
900324	N-acetylcysteine 200mg
3000064	Amuco otc
710392	Mucolator
809284	Solmucol
809292	Solmucol
809306	Solmucol
702521	Phenorant with codeine



COVID-19 Medicine List: Core Saver, Traditional, Comprehensive and Plus Plans	
707600	Benylin & codeine
859745	Broncleer & cod unboxed
726923	Flutex cough linct
773115	Tussilinct cough
773166	Tussitot cough
703793	Benylin children's wet cough
826782	Med-lemon cough
859532	Chamberlain's cough remedy honey/liquorice
859559	Chamberlain's cough remedy peppermint
708182	Flutex cough mixture honey
708183	Flutex cough mixture orange
708184	Flutex cough mixture blackcurrant
708185	Lennon cough mixture honey
708187	Lennon cough mixture orange
722012	Stearns cough pine tar and honey flavour
722013	Stearns guaiphenesin cough cherry flavour
722653	Borstol linctus peppermint flavour
722654	Borstol linctus orange flavour
799319	Lennon cough mixture
882829	Dilinct Junior
887966	Broncholin expect
895150	Benylin wet cough menthol
898585	Vicks honey and ginger ( was formula 44 chesty)
704178	Benylin wet cough
710576	Benylin wet cough 10ml
715471	Stearns peppermint (was expigen wet cough peppermint)
703893	Antiflu
703958	Antituss cough
717606	Dequa-coff
736236	Lenazine forte
754846	Phensedyl
9100037	Ephedrine hcl/Codeine phos/Prometh hcl
710881	Brunacod
704830	Grippon cold and flu
708132	Dilinct dry
789119	Benylin dry cough(was dm)
703394	Dis-chem mucolytic
708151	Betaphlem
710520	Bronchette
717241	Flusin mucous cough
717745	Flutex mucous cough
726451	Flemex
744816	Mucospect
779814	Co-flem
785164	Flemlite



COVID-19 Medicine List: Core Saver, Traditional, Comprehensive and Plus Plans	
789739	Flemgo
794341	Mucopan
903256	Carbocysteine
709356	Mucokleer
723074	Mucosolv
744824	Mucospect
783633	Lessmusec
903612	Carbocysteine
781169	Mucospect paed
710032	Bisolvon linctus da
710687	Bronkese compound
819743	Flemeze
827304	Adco-linctopent
862037	Benylin chesty
901423	Bromhexine/Orciprenaline 4mg/5mg per 5ml
710040	Bisolvon solution
710652	Broncol cough
713260	Cepacol sore throat and cough relief discs
713279	Cepacol linct
715255	Colcaps
715263	Colcaps
715301	Colcleer(cold+flu)
726885	Flusin
764264	Sinucon
822744	Sinuend
726710	Fluend
715484	Colphen
715506	Colstat
729515	Grippon
715972	Contra-cof (was contra-coff children's cough linctus)
716073	Corbar linctus
716170	Corenza c
716510	Coughcod senior
716529	Coughcod junior
717932	Dequa-flu
721360	Dristan tab
796832	Sinustat flu
807486	Ilvico (was Coldvico)
807648	Flustat
826596	Link dinexol
885004	Degoran c
900179	Parac/chlorphen/phenyleph/caff/vitc 300mg/2mg/5mg/30mg/75mg
723126	Emprazil a
725323	Expigen
726915	Flutex



COVID-19 Medicine List: Core Saver, Traditional, Comprehensive and Plus Plans	
731218	Histamed co
727008	Folcofen
757233	Procof
732400	Ilvico
732419	Iliadin (was Ilvico)
734977	Karvol capsules
738212	Linctifed wet cough regular (was Linctifed exp adult)
792187	Acutussive adult expect
799475	Trifen exp adult
9100036	Pseudoeph hcl/Codeine/Guaiphen/Tripolidine hcl
717079	Flusin junior cough
738220	Linctifed wet cough (was Linctifed exp paed)
792195	Acutussive paed expect
794813	Adco-neofed paed
806269	Trifen exp paed
826618	Link dinexol paed cough
9100067	Pseudoeph hcl/Codeine/Guaiphen/Tripolidine hcl paed
738239	Linctodyl
738263	Linctus tussi infans
739405	Lotussin linctus
740861	Medituss expect
746789	Nethaprin expect
747114	Nitepax
755206	Pholtex
818356	Pholtex junior
853569	Pholtex forte
760129	Respinol co-linctus
706070	Respinol expectorant
767239	Actifed wet cough (was Sudafed expect)
771074	Tixylix cough
773875	Sinu-flu (was Universal cold & flu)
796824	Sinustat flu (was Merck-flu)
807656	Flustat
776122	Vicks medinite
704043	Adco-sinal ns
797405	Coryx
797979	Flusin dm
797987	Flusin c
805351	Expectalin with cod
807893	Bronchoped
704586	Ibupain
705266	Ibugesic plus
716543	Panado plus
719663	Ibupain blister pack
810177	Mypaid



COVID-19 Medicine List: Core Saver, Traditional, Comprehensive and Plus Plans	
900083	Ibuprofen/paracetamol 200mg/250mg
705781	Ibumol grape
705782	Ibumol banana
824496	Lotem
900176	Paracet/Ibuprofen 250mg/200mg per 5ml
891908	Mypaid forte
703719	Ibumol
814679	Pulmozyme
817635	Borstol original
819964	Corenza para-c
714196	Med-lemon flu & congestion hot medication with vitamin c
820806	Flusin s effervescent
705072	Flutex effervescent
821373	Docsed
873322	Kiddyflu
827460	Coryx paediatric
854530	Flusin
877115	Lennon ipekakuanha-tinctuur
881570	Benylin four flu
704360	Benylin four flu tablets
883879	Benylin bronchospect
703351	Phenorant with codeine (glass)
704121	Dimetapp paediatric elixir
707677	Efferflu-c
718498	Paragrip C
708517	ARM alpha pharm vapo caps
709817	Duro-tuss linctus 2.41mg/4mg
710568	Codomil new formula
715455	Lcc-g guaiphenesin cough remedy-peppermint
715523	Lcc - g guaiphenesin cough remedy - orange flavor
717792	Sinutab sinus pain extra strength
725544	Famucaps
721618	Relihale
722778	Resmed adult cough mixture
722779	Resmed children's cough mixture (mist tussi infans)
723603	Pholtex plus
3001126	Nurofen express
3003268	Radd
3003288	Imunaide daily vitamin

## Understanding Long COVID-19

Long COVID is the term commonly used to describe signs and symptoms that continue or develop after acute COVID-19 illness. It includes both ongoing symptomatic COVID-19 (from four to 12 weeks) and post COVID-19 syndrome (12 weeks or more). Some symptoms might only start for the first time three to four weeks after the acute COVID-19 infection.





Common symptoms of Long COVID include:

- Fatigue
- Persistent loss of smell and taste
- Shortness of breath
- Joint or muscle pains
- Persistent cough
- Headaches
- Difficulty thinking or concentrating (sometimes referred to as “brain fog”)

Other symptoms that have been reported include chest or stomach pain, fast-beating or pounding heart (also known as heart palpitations), pins-and-needles, diarrhea, sleep problems, fever, dizziness on standing (light-headedness), body rash, mood changes, changes in menstrual cycles.

Illness severity can range from mild to critical:

- Mild to moderate – mild symptoms, mild pneumonia, occurs in approximately 80% of cases
- Severe - difficulty breathing, requiring oxygen, generally results in a hospital admission
- Critical - requiring intensive care

#### A. Mild disease follow-up treatment basket

	DESCRIPTION	CODES	NUMBER
Consultations	General practitioner	0130 or VCONS or VCONM or VCONSC	One (1)
		0132	One (1)
Medicine	COVID-19 medicine list		

#### B. Moderate disease follow-up treatment basket

	DESCRIPTION	CODES	NUMBER
Consultations	General practitioner	0130 or VCONS or VCONM or VCONSC	One (1)
		0190 or 0191 or 0192 or 0193	One (1)
		0132	One (1)
Pathology	Full Blood Count (FBC)	3755 or 53755	One (1)
	C-Reactive Protein (CRP)	3947 or 53947	One (1)
Physiotherapy	Evaluation/counselling at the first visit only	72701 or 72702	Two (2)
	Physio consultations	Follow-up consultations	Two (2)
Medicine	COVID-19 medicine list		



### C. Severe disease with general ward admission follow-up treatment basket

	DESCRIPTIONS	CODES	NUMBER
Consultations	General practitioner	0130 or VCONS or VCONM or VCONSC	One (1)
		0190 or 0191 or 0192 or 0193	One (1)
	Specialist	0190 or 0191 or 0192 or 0193	One (1)
	Consulting service	0132	One (1)
Pathology	D-Dimer	3856 or 53856	One (1)
	Full Blood Count (FBC)	3755 or 53755	One (1)
	U&E only	4171 or 54171	One (1)
	LFT	3999 or 53999 & 4001 or 54001 & 4009 or 54009 & 4010 or 54010 & 4117 or 54117 & 4130 or 54130 & 4131 or 54131 & 4134 or 54134	One (1)
	Glucose - random/fasting	4057 or 54057	One (1)
	C-Reactive Protein (CRP)	3947 or 53947	One (1)
	Ferritin	4528 or 54528	One (1)
	B-type Natriuretic Peptide	4488 or 54488	One (1)
	Thyroid Function tests	4484 or 54484 or (4482 or 54482 & 4507 or 54507)	One (1)
Procedures	Flow volume test: Inspiration/expiration	1186	One (1)
Radiology	Chest x-ray	30100 or 30110 or	One (1)
		39107 and 39300 and 39XEQ and 01065	
Physiotherapy	Evaluation/counselling at the first visit only	72701 or 72702	One (1)
	Physio consultations	Follow-up consultations	Two (2)
Medicine	COVID-19 medicine list		



#### D. Severe disease with Highcare/ICU admission follow-up treatment basket

	DESCRIPTIONS	CODES	NUMBER
Consultations	General practitioner	0190 or 0191 or 0192 or 0193 or 0130	Two (2)
	Specialist	0190 or 0191 or 0192 or 0193	Two (2)
Pathology	D-Dimer	3856 or 53856	One (1)
	Full Blood Count (FBC)	3755 or 53755	One (1)
	U&E only	4171 or 54171	One (1)
	LFT	3999 or 53999 & 4001 or 54001 & 4009 or 54009 & 4010 or 54010 & 4117 or 54117 & 4130 or 54130 & 4131 or 54131 & 4134 or 54134	One (1)
	Glucose - random / fasting	4057 or 54057	One (1)
	C-Reactive Protein (CRP)	3947 or 53947	One (1)
	Ferritin	4528 or 54528	One (1)
	B-type Natriuretic Peptide	4488 or 54488	One (1)
	Thyroid Function Tests	4484 or 54484 or (4482 or 54482 & 4507 or 54507)	One (1)
Radiology	Chest x-ray	30100 or 30110 or	One (1)
		39107 and 39300 and 39XEQ and 01065	
	CT chest	30300 or 30310 or 30340 or 30350	One (1)
Procedures	Electrocardiogram (ECG)	1232 or 1233 or 1234	One (1)
	ECHO	3620 & 3621 & 3622 & 3624 & 3625	One (1)
	Flow volume test: Inspiration/expiration	1186	One (1)
Physiotherapy and Occupational Therapy	Evaluation/counselling at the first visit only	72701 or 72702	One (1)
	Specific evaluation of dysfunction	66205 or 66207 or 66209 or 66211	One (1)
	Physiotherapy/Occupational Therapy consultations	Follow-up treatment sessions	Seven (7)

	DESCRIPTIONS	CODES	NUMBER
Speech therapy	Consultation, assessment and treatment	821021 or 821022 or 821023 or 821051 or 821052 or 821053	One (1)
Medicine	COVID-19 medicine list		

### Long COVID medicine list

Broad Drug Category	Active Ingredient	NAPPI6	Product Name	Strength	Dosage Form
Analgesics	Acetylsalicylic acid	720577	Disprin		Effervescent
	Paracetamol	758558	Pyralen	120 mg/5 mL	Syrup
		704093	Actamol red (un-boxed)	120 mg/5 mL	Syrup
		792101	Actamol red (boxed)	120 mg/5 mL	Syrup
		703820	Feverpain	120 mg/5 mL	Syrup
		704450	Painogesic	120 mg/5 mL	Syrup
		863742	Feverpain (boxed)	120 mg/5 mL	Syrup
		889772	Painblok (plastic bottle)	120 mg/5 mL	Syrup
		895199	Go-pain p	120 mg/5 mL	Syrup
		745723	Adco-napamol	500 mg	Tablet
		805467	Antalgic	500 mg	Tablet
757403	Adco-prolief	500 mg	Tablet		
Musculo-Skeletal	Diclofenac	786012	Mylan diclofenac	25 mg	Tablet
		893390	A-lennon diclofenac	25 mg	Tablet
		718479	Diclofenac biotech	25 mg	Tablet
		893391	A-lennon diclofenac	50 mg	Tablet
		786020	Mylan diclofenac	50 mg	Tablet
		788597	Adco-diclofenac	50 mg	Tablet
		752398	Panamor at	50 mg	Tablet
	Indometacin	787833	Betacin	25 mg	Capsule



Broad Drug Category	Active Ingredient	NAPPI6	Product Name	Strength	Dosage Form	
		868213	Gulf indomethacin	25 mg	Capsule	
Musculo-Skeletal	Indometacin	701891	Amdocin	25 mg	Capsule	
	Ibuprofen	700315	Ibucine (was Ibumax)	100 mg/5 mL	Suspension	
		704781	Ibugesic	100 mg/5 mL	Suspension	
		3004030	Ibugesic oral suspension (strawberry)	100 mg/5 mL	Suspension	
		721335	Inflamax Paediatric	100 mg/5 mL	Suspension	
		700316	Ibucine (was Ibumax)	200 mg	Tablet	
		787426	Betaprofen	200 mg	Tablet	
		708536	Ibusor	200 mg	Tablet	
		868221	Ibunate	200 mg	Tablet	
		701975	Betaprofen fc	400 mg	Tablet	
		708290	Bren	400 mg	Tablet	
		700318	Ibucine (was Ibumax)	400 mg	Tablet	
		Mefenamic acid	875643	Adco-mefenamic acid	50 mg/5 mL	Suspension
	797014		Fenamin	50 mg/5 mL	Suspension	
	756156		Ponstan	50 mg/5 mL	Suspension	
	793264		Ponac	50 mg/5 mL	Suspension	
	Corticosteroids	Betamethasone	826928	Betanoid	0,5 mg	Tablet
			899124	Pharma-q betamethasone ampoule 1 ml	4 mg/1 mL	Injection
		Dexamethasone	713730	Dexona ampoule 1 ml	4 mg/1 mL	Injection
			720206	Fresenius dexamethasone ampoule 1 ml	4 mg/1 mL	Injection
Methylprednisolone		741116	Medrol	4 mg	Tablet	
		741124	Medrol	16 mg	Tablet	
		717086	Mylan methylprednisolone powder for solution vial	40 mg	Injection	
		717229	Mylan methylprednisolone powder for solution vial	500 mg	Injection	



Broad Drug Category	Active Ingredient	NAPPI6	Product Name	Strength	Dosage Form	
Corticosteroids	Methylprednisolone	717230	Mylan methylprednisolone powder for solution vial	1000 mg	Injection	
	Hydrocortisone	765074	Solu cortef mix 2 ml	100 mg	Injection	
	Prednisone		752304	Panafcort	5 mg	Tablet
			818267	Trolic	5 mg	Tablet
			788783	Be-tabs prednisone	5 mg	Tablet
			716381	Adco prednisolone	15 mg/5 mL	Syrup
			714552	Aspelone	15 mg/5 mL	Liquid
Vitamins and Minerals	Nicotinic acid	723588	Solal niacin	35 mg	Tablet	
Anticoagulants	Enoxaparin	3001997	Noxfibra pre-filled syringe 0.2 ml	20 mg/0,2 mL	Injection	
		3002000	Noxfibra pre-filled syringe 0.4 ml	40 mg/0,4 mL	Injection	
		3002001	Noxfibra pre-filled syringe 0.6 ml	60 mg/0,6 mL	Injection	
		3002002	Noxfibra pre-filled syringe 0.8 ml	80 mg/0,8 mL	Injection	
	Rivaroxaban		3002051	Ixarola	10 mg	Tablet
			3002052	Ixarola	15 mg	Tablet
			3002053	Ixarola	20 mg	Tablet

### Benefit activation:

Members who have been identified through qualifying claims will be allocated the benefit depending on their severity levels. You can also apply for the benefit by using the PMB application form.

### Contact Us

Kindly contact 0800 BANKMED (0800 226 5633) or e-mail [enquiries@bankmed.co.za](mailto:enquiries@bankmed.co.za)



## Complaints Process

You may lodge a complaint or query with Bankmed Medical Scheme directly on 0800 BANKMED (0800 226 5633). Alternatively, you may address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following Bankmed Medical Scheme's internal disputes process.

Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or via e-mail at [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za). Customer Care Centre: 0861 123 267/ website [www.medicalschemes.co.za](http://www.medicalschemes.co.za)

