



# Chronic Illness Benefit medicine list (Provisional Formulary) 2025 for the Essential and Basic Plans

## Who we are

Bankmed (referred to as "the Scheme"), registration number 1279, is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07) which takes care of the administration of your membership for the Scheme.

## Important information

The information contained in this document might change from time to time. Any changes to the way we fund medication will be communicated.

The Chronic Illness Benefit (CIB) is defined by the Bankmed Scheme Rules. The use of the benefits, and programmes linked to the Chronic Illness Benefit are subject to specific conditions and rules. Members must ensure that they know these rules and conditions.

Any instructions or advice on medication, and managing the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's Healthcare Professional or pharmacist.

You receive full cover for approved chronic medication on our medicine list (formulary). Medication that is not on our medicine list will be funded up to the Reference Price for that medication class. You might have a co-payment for medication that is not on our medicine list.

Bankmed reserves the right to amend the benefit at any time.

## About some of the terms we use in this document

There might be some terms we refer to in the document that you might not be familiar with. Here are the definitions of these terms:

### **Active ingredient**

This is the main substance in a medication that is responsible for the clinical action in the human body.

### **Additional Disease List (ADL)**

An additional chronic condition covered on the Bankmed Basic Plan.

### **Benefit year**

A benefit year refers to the benefits a member is entitled to during a calendar year that is 01 January to 31 December. This medicine list (formulary) is applicable for 2025 only.

### **Chronic Disease List (CDL)**

A defined list of chronic conditions we cover, according to Prescribed Minimum Benefits (PMBs).

### **Medication class**

This describes medications that have similar chemical structures or similar therapeutic effects.

### **PMB conditions**

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes (CMS) for any setting according to clinical guidelines.

### **Reference Price**

The Reference Price is the set monthly amount we will pay up to for a medication class. This applies to medication that is not on the medicine list.



## The Chronic Disease List (CDL) medicine list (formulary) for the Essential and Basic Plans

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Addison's disease	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
			Ventimax CFC free 200 dose 100mcg
	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	Inhaled Glucocorticoids	Beclomethasone	Beclate 200 dose 50mcg; 100mcg; 200mcg
			Beclomethasone Glenmark 200 dose 50mcg; 100mcg; 200mcg
		Budesonide	Aeromide 300 dose 200mcg
			Budeflam HFA 300 dose 100mcg; 200mcg
	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA 120 dose 25/50mcg
			Sereflo HFA synchrobreathe 120 dose 25/50mcg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg			
Trolic 5mg			
Bipolar mood disorder	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
			Citalopram 20 Oethmaan 20mg
			Depramil 20mg
			Tamomilt 20mg
		Escitalopram	Accord Escitalopram 10mg; 20mg
			Dolin 10mg; 20mg
			Emerdyne 10mg; 20mg
			Esetam 10mg; 20mg
			Zyescito 10mg; 20mg
		Fluoxetine	Fluoxetine 20 Oethmaan 20mg
			Zydus Fluoxetine 20mg
		Sertraline	Dyna Sertraline 50mg; 100mg
			Tralidep 50mg; 100mg
	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
Partid 200mg			
Tegretol CR 200mg; 400mg			
Zeptol 200mg			
Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
		Convulex syrup 250mg/5ml	
		Epilim crushable 100mg	
		Eprolep CR 200mg; 300mg; 500mg	
		Navalpro CR 200mg; 300mg; 500mg	
		Navalpro liquid 200mg/5ml	
		Rubilim CR 200mg; 300mg; 500mg	
		Valeptic CR 300mg; 500mg	
Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
		Epitec 25mg; 50mg; 100mg; 200mg	
		Lamitor 25mg; 50mg; 100mg; 200mg	



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Bipolar mood disorder	Anti-epileptics: Other agents	Lamotrigine	Lamorola 25mg; 50mg; 100mg; 200mg
			Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
			Serinem 25mg; 50mg; 100mg; 200mg
	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
			Nezolap 5mg; 10mg
			Olandus 5mg; 10mg
			Olexar 5mg; 10mg
			Zolanz 5mg; 10mg
	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
			Dopaquel 25mg; 100mg; 200mg; 300mg
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
			Qesara 25mg; 100mg; 200mg; 300mg
			Quetz 25mg; 100mg; 200mg; 300mg
			Torquit 25mg; 100mg; 200mg; 300mg
			Zimbiquet 25mg; 100mg; 200mg; 300mg
	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
			Fluanxol depot 1ml 20mg
		Zuclopenthixol	Clopixol 2mg; 10mg
			Clopixol depot 200mg
	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
			Alebon 5mg; 10mg; 15mg
			Aprizon 5mg; 10mg; 15mg
Arizofy 5mg; 10mg; 15mg			
Priptrin 10mg; 15mg			
Radzil 5mg; 10mg; 15mg			
Thryve 5mg; 10mg			
Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
		Rispacor 0.5mg; 1mg; 2mg; 3mg	
		Rispide 0.5mg; 1mg; 2mg	
		Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
		Zoxadon ODT 0.5mg; 1mg; 2mg	
Bronchiectasis	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
			Ventimax CFC free 200 dose 100mcg
	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg
Cardiac failure	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Trexeva Plus 5/1.25mg
	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
			Enalapril Arya 5mg; 10mg; 20mg
			Hypace 5mg
			Natrapress 10mg; 20mg
			Tenezil 10mg; 20mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Cardiac failure	ACE inhibitors: Plain	Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
			Lizro 5mg; 10mg; 20mg
		Perindopril	Reprex 4mg; 8mg
	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
			Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
			Rubitrend 6.25mg; 12.5mg; 25mg
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
			Austell Losartan co 50/12.5mg
			Co-Normoten 50/12.5mg; 100/25mg
			Hylokat 50/12.5mg; 100/25mg
			Losaar Plus 50/12.5mg; 100/25mg
			Sartoc-co 50/12.5mg; 100/25mg
			Zartan co 50/12.5mg; 100/25mg
	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
			Austell Losartan 50mg; 100mg
	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
			Hyperphen 10mg; 50mg
	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
			Biloblok 5mg; 10mg
			Bilocor 5mg; 10mg
			Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
			Emcor 5mg; 10mg
			Presicard 5mg; 10mg
	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	High-ceiling diuretics	Furosemide	Defulide 40mg
Furobe 40mg			
Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg	
		Hexazide 25mg	
		Ridaq 12.5mg	
Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
		Cipla-Indapamide 2.5mg	
		Daptril 2.5mg	
		Mylan Indapamide 2.5mg	
Potassium sparing agents	Spironolactone	Aldactone 25mg	
		Spiractin 25mg	
		Spironolactone 25 Kiara 25mg	
Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
		Ultipot 600mg	
Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
	Isosorbide mononitrate	Ismo 20mg	
		Monicor SR 60mg	
Cardiomyopathy	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
		Perindopril and diuretics	Trexeva Plus 5/1.25mg
	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
			Enalapril Arya 5mg; 10mg; 20mg
			Hypace 5mg
		Lisinopril	Natrapress 10mg; 20mg
			Tenezil 10mg; 20mg
			Adco-Zetomax 5mg; 10mg; 20mg
		Lizro 5mg; 10mg; 20mg	



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Cardiomyopathy	ACE inhibitors: Plain	Perindopril	Reprex 4mg; 8mg
	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
			Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
			Rubitrend 6.25mg; 12.5mg; 25mg
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
			Austell Losartan co 50/12.5mg
			Co-Normoten 50/12.5mg; 100/25mg
			Hylokat 50/12.5mg; 100/25mg
			Losaar Plus 50/12.5mg; 100/25mg
			Sartoc-co 50/12.5mg; 100/25mg
			Zartan co 50/12.5mg; 100/25mg
			Angiotensin II antagonists: Plain
	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
			Segavin 5mg
			Warfarin 5mg Austell 5mg
			Warfarin 5 Unicorn 5mg
	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
			Hyperphen 10mg; 50mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
			Biloblok 5mg; 10mg
			Bilocor 5mg; 10mg
			Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
			Emcor 5mg; 10mg
			Presicard 5mg; 10mg
	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	High-ceiling diuretics	Furosemide	Defulide 40mg
			Furobe 40mg
	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
			Hexazide 25mg
Ridaq 12.5mg			
Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
		Cipla-Indapamide 2.5mg	
		Daptril 2.5mg	
		Mylan Indapamide 2.5mg	
Potassium sparing agents	Spironolactone	Aldactone 25mg	
		Spiractin 25mg	
		Spironolactone 25 Kiara 25mg	
Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
		Ultipot 600mg	
Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
	Isosorbide mononitrate	Ismo 20mg	
		Monicor SR 60mg	
Chronic obstructive pulmonary disease (COPD)	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg Ventimax CFC free 200 dose 100mcg
		Anti-asthmatics: Systemic Xanthines	Theophylline





Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Chronic obstructive pulmonary disease (COPD)	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
Trolic 5mg			
Chronic renal disease	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
		Perindopril and diuretics	Trexeva Plus 5/1.25mg
	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
			Enalapril Arya 5mg; 10mg; 20mg
		Enalapril	Hypace 5mg
			Natrapress 10mg; 20mg
			Tenezil 10mg; 20mg
			Lisinopril
	Lisinopril	Lizro 5mg; 10mg; 20mg	
		Perindopril	Reprex 4mg; 8mg
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
			Austell Losartan co 50/12.5mg
			Co-Normoten 50/12.5mg; 100/25mg
			Hylokat 50/12.5mg; 100/25mg
			Losaar Plus 50/12.5mg; 100/25mg
			Sartoc-co 50/12.5mg; 100/25mg
			Zartan co 50/12.5mg; 100/25mg
	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
			Austell Losartan 50mg; 100mg
	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
			Biloblok 5mg; 10mg
			Bilocor 5mg; 10mg
			Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
			Emcor 5mg; 10mg
			Presicard 5mg; 10mg
			Calcium supplements
Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
		Gulf Folic acid 5mg	
Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg	
Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml	
		Equifer ampoule 5ml 100mg/5ml	
		Fortihem ampoule 5ml 20mg/1ml	
		Innofer ampoule 5ml 100mg/5ml	
Other anti-anemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml	
		Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml	
		Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml	
		Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml	
		Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml	
		Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml	
	Erythropoietin	Eprex pre-fill 2000U/0.5ml	
		Eprex pre-fill 4000U/0.4ml	
	Vitamin D and analogues	Roxadustat	Evrenzo 20mg; 50mg; 70mg; 100mg; 150mg
		Alfacalcidol	Zodoray 0.25mcg; 1mcg
Coronary artery disease	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Coronary artery disease	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg
			B-Block 50mg; 100mg
			Gulf Atenolol 50mg; 100mg
			Tenopress 50mg; 100mg
		Bisoprolol	Adco-Bisocor 5mg; 10mg
			Biloblok 5mg; 10mg
			Bilocor 5mg; 10mg
			Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
			Emcor 5mg; 10mg
	Presicard 5mg; 10mg		
	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
		Verapamil	Verahexal 240 SR 240mg
			Verapamil 40 Oethmaan 40mg
	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
			Amlodac 5mg; 10mg
			Amlodipine Unicorn 5mg; 10mg
			Amtas 5mg; 10mg
			Aprate 5mg; 10mg
			Austell-Amlodipine 5mg; 10mg
Ciplavasc 5mg; 10mg			
Gulf Amlodipine 5mg; 10mg			
Pendine 5mg; 10mg			
Vasloc 5mg; 10mg			
Nifedipine			Cipalat Retard 20mg
Vasodilators in cardiac disease: Organic nitrates			Isosorbide dinitrate
		Isosorbide mononitrate	Ismo 20mg
		Monicor SR 60mg	
Crohn's disease	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Gulf Folic acid 5mg
	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
			Pentasa 500mg
		Sulfasalazine	Salazopyrin 500mg
			Salazopyrin EN 500mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
			Azathioprine PCH 50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
			Methotrexate 2.5mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg
Diabetes insipidus	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn nasal spray 5ml 0.1mg/1ml
			Minirin melt 60mcg; 120mcg; 240mcg
Diabetes mellitus Type 1	<b>***Please note that an overall monthly limit applies to Insulin across the different Insulin classes*** The overall monthly limit for Basic and Essential plans is R700.</b>		
	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml
	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog mix 25 - cartridge 3ml
			Humalog mix 50 - cartridge 3ml
	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml
Insulin Glargine		Optisulin - cartridge 3ml	





Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Diabetes mellitus Type 1	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg	
	Blood glucose monitoring agents	Glucose strips	Glucocheck evolve test strip	
			Glucocheck key test strip	
			On call plus blood glucose strips	
			On call sure blood glucose test strips	
			Onetouch select plus test strips	
			Test strip blood glucose clicks bionime gs550	
			Test strip glucose caresens n 29g	
			Test strip glucose fora diamond blood	
	Surgical item	Lancets	Lancet blood collection needle loris	
			Lancet fora collection needle sterile 30g	
			Lancet fora tender needle sterile 33g	
			Lancet freestyle test	
			Lancet glucocheck novicheck	
			Lancet solus v2	
			Lancet unilet sterile 28g	
			Lancet unilet sterile 4cm x 6cm x 7.5cm 28g	
			Microlet lancet	
			Needles	BD micro fine plus pen needle 30g 8mm
		BD micro fine plus pen needle 31g		
		BD micro fine plus pen needle 32g 4mm		
		Droplet pen needle 8mm 31g		
		Needle insulin fora pen 31g 5mm		
		Needle insulin fora pen 31g 8mm		
		Needle insulin fora pen 32g 4mm		
		Needle insulin fora pen 32g 6mm		
		Needle insulin pen verifine 4mmx10cmx15cm 32g		
Needle insulin pen verifine 4mmx10cmx15cm 33g				
Syringes	Needle novofine			
	Syringe insulin 1.0ml with 27g needle			
	Syringe insulin bd microfine 12.7mm 1ml 9g			
	Syringe insulin bd microfine 1ml 8mm 30g			
	Syringe insulin bd microfine 8mm demi 0.3ml 30g			
	Diabetes mellitus Type 2	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg
				Apex Metformin 500mg
				Bigsens 500mg; 850mg; 1000mg
				Carbuce 500mg; 850mg; 1000mg
Diaphage 500mg; 850mg; 1000mg				
Gluconorm 500mg; 850mg				
Mylan Metformin 500mg; 850mg; 1000mg				
Romidab 500mg; 850mg; 1000mg				
<b>***Please note that an overall monthly limit applies to Insulin across the different Insulin classes***</b>				
<b>The overall monthly limit for Basic and Essential plans is R700.</b>				
Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml		
Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog mix 25 - cartridge 3ml		
		Humalog mix 50 - cartridge 3ml		
Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml		
	Insulin Glargine	Optisulin - cartridge 3ml		



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Diabetes mellitus Type 2	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diaran MR 60mg
			Dynacaz MR 30mg; 60mg; 90mg
			Gliclazide MR Austell 60mg
			Gliclazide Unicorn MR 30mg
			Gluctam MR 60mg
			Glyzid MR 30mg; 60mg
	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg
			Pioglitazone hydrochloride Macleods 15mg; 30mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
	Blood glucose monitoring agents	Glucose strips	Glucocheck evolve test strip
			Glucocheck key test strip
			On call plus blood glucose strips
			On call sure blood glucose test strips
			Onetouch select plus test strips
			Test strip blood glucose clicks bionime gs550
			Test strip glucose caresens n 29g
			Test strip glucose fora diamond blood
	Surgical item	Lancets	Lancet blood collection needle loris
			Lancet fora collection needle sterile 30g
			Lancet fora tender needle sterile 33g
			Lancet freestyle test
			Lancet glucocheck novicheck
			Lancet solus v2
			Lancet unilet sterile 28g
			Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
		Needles	Microlet lancet
			BD micro fine plus pen needle 30g 8mm
BD micro fine plus pen needle 31g			
BD micro fine plus pen needle 32g 4mm			
Droplet pen needle 8mm 31g			
Needle insulin fora pen 31g 5mm			
Needle insulin fora pen 31g 8mm			
Needle insulin fora pen 32g 4mm			
Syringes	Needle insulin fora pen 32g 6mm		
	Needle insulin pen verifine 4mmx10cmx15cm 32g		
	Needle insulin pen verifine 4mmx10cmx15cm 33g		
	Needle novofine		
Dysrhythmia	Anti-arrhythmics, class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
			Segavin 5mg
			Warfarin 5mg Austell 5mg
			Warfarin 5 Unicorn 5mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
		Sotalol	Sotahexal 80mg; 160mg
	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg
			B-Block 50mg; 100mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Dysrhythmia	Beta blocking agents: Selective	Atenolol	Gulf Atenolol 50mg; 100mg	
			Tenopress 50mg; 100mg	
		Bisoprolol	Adco-Bisocor 5mg; 10mg	
			Biloblok 5mg; 10mg	
			Bilocor 5mg; 10mg	
			Bislo 5mg; 10mg	
			Bisoprolol Unicorn 5mg; 10mg	
			Emcor 5mg; 10mg	
	Presicard 5mg; 10mg			
	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR 240mg		
		Verapamil 40 Oethmaan 40mg		
Epilepsy	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg	
	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg	
	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg	
			Partid 200mg	
			Tegretol CR 200mg; 400mg	
			Zeptol 200mg	
	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
			Convulex syrup 250mg/5ml	
			Epilim crushable 100mg	
			Eprolep CR 200mg; 300mg; 500mg	
			Navalpro CR 200mg; 300mg; 500mg	
			Navalpro liquid 200mg/5ml	
			Rubilim CR 200mg; 300mg; 500mg	
			Valeptic CR 300mg; 500mg	
	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg	
	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
			Epitec 25mg; 50mg; 100mg; 200mg	
			Lamitor 25mg; 50mg; 100mg; 200mg	
			Lamorola 25mg; 50mg; 100mg; 200mg	
			Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg	
			Serinem 25mg; 50mg; 100mg; 200mg	
		Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg	
			Epikepp 250mg; 500mg; 750mg	
			Levetiracetam Unicorn 250mg; 750mg	
			Redilev 250mg; 500mg; 750mg	
		Topiramate	Topiramate	Epimate 25mg; 50mg; 100mg
				Epitoz 25mg; 50mg; 100mg
Toplep 50mg; 100mg; 200mg				
Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg		
		Gulf Folic acid 5mg		
Glaucoma	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Brinzolamide, combinations	Simbrinza 5ml	
			Dorzolamide	Glaucopress 5ml 2%
	Anti-glaucoma agents: Prostaglandin analogues	Latanoprost	Atana 2.5ml 50mcg/1ml	
	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Agobrim 5ml 0.2%	
			Alphagan purite 5ml 1.5mg/1ml	



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength		
Glaucoma	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timolol 0.5% w/v fdc 5ml 0.5%		
			Timoptol 5ml 0.5%		
			Timoptol-xe 2.5ml 0.5%		
	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Aglatan 2.5ml		
			Azarga 5ml		
			Brimoct co 5ml 2mg/5mg		
			Co-Atana 2.5ml		
			Combigan 5ml 2mg/5mg		
			Duotrav 2.5ml		
			Ganfort 3ml		
			Glauptico 3ml		
			Ocudor co 5ml		
			Optitrin		
			Timpromat 3ml		
Haemophilia	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket 500mg		
			Adco-Prolief 500mg		
	Anti-fibrinolytics: Amino acids	Tranexamic acid	Emkapron 500mg		
			Fibtin 500mg		
	Blood coagulation factors	Coagulation factor IX	Haemosolvex IX 500U		
			Octanine F vial 30ml 500U; 1000U		
		Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U		
			Octanate vial 5ml 250U		
			Octanate vial 10ml 500U; 1000U		
	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn nasal spray 5ml 0.1mg/1ml		
Minirin melt 60mcg; 120mcg; 240mcg					
Hyperlipidaemia	Lipid modifying agents: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg		
			Bezafibrate		
	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg		
			Sandoz Bezafibrate 400mg		
	Lipid modifying agents: Statins	Atorvastatin	Aspavor 10mg; 20mg; 40mg		
			Dezzolip 10mg; 20mg; 40mg		
			Vasmak 10mg; 20mg; 40mg; 80mg		
		Simvastatin	Austell-Simvastatin 10mg; 20mg; 40mg		
			Choleste 10mg; 20mg; 40mg		
			Cipla-Simvastatin 10mg; 20mg; 40mg		
			Lipidex 10mg; 20mg		
			Roltessim 10mg; 20mg; 40mg		
			Simcard 10mg; 20mg		
Hypertension			ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Amlessa 4/5mg; 4/10mg; 8/5mg; 8/10mg
					Coveram 5/5mg; 10/5mg; 5/10mg; 10/10mg
	Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg				
	Teprilam 5/5mg; 10/5mg; 5/10mg; 10/10mg				
ACE inhibitors and diuretics	Enalapril and diuretics	Perindopril and diuretics	Acenten 20/12.5mg		
			Trexeva Plus 5/1.25mg		
ACE inhibitors: Plain	Captopril	Enalapril	Mylan Captopril 25mg; 50mg		
			Enalapril Arya 5mg; 10mg; 20mg		
	Lisinopril	Perindopril	Hypace 5mg		
			Natrapress 10mg; 20mg		
			Tenezil 10mg; 20mg		
			Adco-Zetomax 5mg; 10mg; 20mg		
	Alpha and Beta blocking agents	Carvedilol	Lizro 5mg; 10mg; 20mg		
			Reprex 4mg; 8mg		
Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg			
		Carvedilol Unicorn 6.25mg; 12.5mg; 25mg			



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Hypertension	Alpha and Beta blocking agents	Carvedilol	Rubitrend	6.25mg; 12.5mg; 25mg
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co	50/12.5mg; 100/25mg
			Austell Losartan co	50/12.5mg
			Co-Normoten	50/12.5mg; 100/25mg
			Hylokat	50/12.5mg; 100/25mg
			Losaar Plus	50/12.5mg; 100/25mg
			Sartoc-co	50/12.5mg; 100/25mg
			Zartan co	50/12.5mg; 100/25mg
	Angiotensin II antagonists: Plain	Losartan	Annin	50mg; 100mg
			Austell Losartan	50mg; 100mg
	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen	1mg; 4mg
			Urodoxa	4mg
	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone	250mg
			Timucen	250mg
	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine	0.25mg
	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara	25mg
			Hyperphen	10mg; 50mg
	Beta blocking agents: Non-selective	Propranolol	Indoblok	40mg
	Beta blocking agents: Selective	Atenolol	Atenolol Arya	50mg; 100mg
			B-Block	50mg; 100mg
			Gulf Atenolol	50mg; 100mg
			Tenopress	50mg; 100mg
		Bisoprolol	Adco-Bisocor	5mg; 10mg
			Biloblok	5mg; 10mg
			Bilocor	5mg; 10mg
			Bislo	5mg; 10mg
			Bisoprolol Unicorn	5mg; 10mg
			Emcor	5mg; 10mg
			Presicard	5mg; 10mg
	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam	1.5/5mg; 1.5/10mg
	High-ceiling diuretics	Furosemide	Defulide	40mg
			Furobe	40mg
Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide	25mg	
		Hexazide	25mg	
		Ridaq	12.5mg	
Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax	2.5mg	
		Cipla-Indapamide	2.5mg	
		Daptril	2.5mg	
		Mylan Indapamide	2.5mg	
Potassium sparing agents	Spironolactone	Aldactone	25mg	
		Spiractin	25mg	
		Spironolactone 25 Kiara	25mg	
Potassium supplements	Potassium chloride	Plenish-K SR	600mg	
		Ultipot	600mg	
Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR	180mg; 240mg	
	Verapamil	Verahexal 240 SR	240mg	
		Verapamil 40 Oethmaan	40mg	



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength		
Hypertension	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg		
			Amlodac 5mg; 10mg		
			Amlodipine Unicorn 5mg; 10mg		
			Amtas 5mg; 10mg		
			Aprate 5mg; 10mg		
			Austell-Amlodipine 5mg; 10mg		
			Ciplavasc 5mg; 10mg		
			Gulf Amlodipine 5mg; 10mg		
			Pendine 5mg; 10mg		
			Vasloc 5mg; 10mg		
		Nifedipine	Cipalat Retard 20mg		
Hypothyroidism	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 75mcg; 100mcg		
Multiple sclerosis	Anti-depressants: Tricyclics	Amitriptyline	Amderip 10mg; 25mg		
			Amitriptyline 10mg Austell 10mg		
			Amitriptyline HCl Kiara 25mg		
			Gulf Amitriptyline 25mg		
			Trepiline 10mg		
			Veikirin 10mg; 25mg		
	Drugs for urinary frequency and incontinence	Oxybutynin	Lenditro 5mg		
			Mylan Oxybutynin 5mg		
			Oxyrest 5mg		
	Interferons	Interferon Beta-1A	Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml		
			Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml		
			Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml		
			Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml		
		Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000U/1ml		
	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg		
			Systemic Corticosteroids: Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
Trolic 5mg					
Parkinson's disease	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg		
	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg		
			Pexasp 0.125mg; 0.25mg; 1mg		
	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg		
	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg		
			Kinect 1mg		
			Rasapar 1mg		
			Razedo 1mg		
	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg		
			Teva Carbi-Levo 25/100mg; 25/250mg		
Rheumatoid arthritis	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg		
			Diclofenac Biotech 25mg		
			Diclofenac 50mg Clicks 50mg		
			Mylan Diclofenac 25mg; 50mg		
			Panamor AT 50mg		
		Indomethacin	Betacin 25mg		
			Gulf Indomethacin 25mg		
			Methocaps 25mg		
			Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
					Coxflam 7.5mg
	Flexocam 7.5mg				
	Piroxicam	Pyrocaps 20mg			





Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Rheumatoid arthritis	Anti-inflammatory agents: Oxicams	Piroxicam	Roxifen 20mg	
	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg Bren 400mg Ibucine 200mg; 400mg Ibunate 200mg Ibusor 200mg	
		Naproxen	Napinflam 250mg Naprosript 250mg	
	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg Gulf Folic acid 5mg	
	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg Salazopyrin EN 500mg	
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg Azathioprine PCH 50mg	
	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg Methotrexate 2.5mg	
	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar 20mg Ravalef 10mg; 20mg Rheumalef 10mg; 20mg	
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg Panafcort 5mg Trolac 5mg	
	Schizophrenia	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg Citalopram 20 Oethmaan 20mg Depramil 20mg Tamomilt 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg Dolin 10mg; 20mg Emerdyne 10mg; 20mg Esetam 10mg; 20mg Zyescito 10mg; 20mg
			Fluoxetine	Fluoxetine 20 Oethmaan 20mg Zydus Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg Tralidip 50mg; 100mg
		Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg Partid 200mg Tegretol CR 200mg; 400mg Zeptol 200mg
		Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg Convulex syrup 250mg/5ml Epilim crushable 100mg Eprolep CR 200mg; 300mg; 500mg Navalpro CR 200mg; 300mg; 500mg Navalpro liquid 200mg/5ml Rubilim CR 200mg; 300mg; 500mg Valeptic CR 300mg; 500mg
		Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg Epitec 25mg; 50mg; 100mg; 200mg



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Schizophrenia	Anti-epileptics: Other agents	Lamotrigine	Lamitor 25mg; 50mg; 100mg; 200mg	
			Lamorola 25mg; 50mg; 100mg; 200mg	
			Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg	
			Serinem 25mg; 50mg; 100mg; 200mg	
	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg	
	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg	
	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg	
			Nezolap 5mg; 10mg	
			Olandus 5mg; 10mg	
			Olexar 5mg; 10mg	
			ZolanZ 5mg; 10mg	
	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg	
			Dopaquel 25mg; 100mg; 200mg; 300mg	
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
			Quesara 25mg; 100mg; 200mg; 300mg	
			Quetz 25mg; 100mg; 200mg; 300mg	
			Torquit 25mg; 100mg; 200mg; 300mg	
			Zimbiquet 25mg; 100mg; 200mg; 300mg	
	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
			Fluanxol depot 1ml 20mg	
		Zuclopenthixol	Clopixol 2mg; 10mg	
			Clopixol depot 200mg	
	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
			Alebon 5mg; 10mg; 15mg	
			Aprizon 5mg; 10mg; 15mg	
Arizofy 5mg; 10mg; 15mg				
Priptrin 10mg; 15mg				
Radzil 5mg; 10mg; 15mg				
Thryve 5mg; 10mg				
Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg		
		Rispacor 0.5mg; 1mg; 2mg; 3mg		
		Rispide 0.5mg; 1mg; 2mg		
		Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg		
		Zoxadon ODT 0.5mg; 1mg; 2mg		
Systemic lupus erythematosus (SLE)	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg	
			Diclofenac Biotech 25mg	
			Diclofenac 50mg Clicks 50mg	
			Mylan Diclofenac 25mg; 50mg	
			Panamor AT 50mg	
	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg	
			Coxflam 7.5mg	
			Flexocam 7.5mg	
		Piroxicam	Pyrocaps 20mg	
			Roxifen 20mg	



Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Systemic lupus erythematosus (SLE)	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
			Bren 400mg
			Ibucine 200mg; 400mg
			Ibunate 200mg
			Ibusor 200mg
		Naproxen	Napinflam 250mg
			Naproscript 250mg
	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
			Segavin 5mg
			Warfarin 5mg Austell 5mg
			Warfarin 5 Unicorn 5mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Gulf Folic acid 5mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
			Azathioprine PCH 50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
			Methotrexate 2.5mg
Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
		Panafcort 5mg	
		Trolic 5mg	
Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
		Topivate cream 0.1%	
Ulcerative colitis	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Gulf Folic acid 5mg
	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
			Pentasa 500mg
		Sulfasalazine	Salazopyrin 500mg
			Salazopyrin EN 500mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
			Azathioprine PCH 50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
			Methotrexate 2.5mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg



## The Chronic Disease List (CDL) Enhanced medicine list (formulary) for the Essential and Basic Plans

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Asthma	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
Chronic obstructive pulmonary disease (COPD)	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Tiotor 30 inh capsules with zelphir inhaler
	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA 120 dose 25/50mcg
			Sereflo HFA synchrobreathe 120 dose 25/50mcg
Chronic renal disease	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
			Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Aviolix 75mg
			Clovexa 75mg
			Plagrol 75mg
Multiple sclerosis	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
			Copaxone pre-filled pen 1ml 40mg/1ml
	Selective immunosuppressive agents: Fingolimod	Fingolimod	Filengia 0.5mg
			Glomatin 0.5mg
	Selective immunosuppressive agents: Teriflunomide	Teriflunomide	Aubamide 14mg
			Teriflunomide Adco 14mg
			Teriflunomide 14 Teva 14mg



## Vaccines

Members approved for Cardiac failure or Cardiomyopathy will have cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23) in a lifetime, claimed at least one year apart.

Members approved for Cardiac failure or Cardiomyopathy or COPD will have access to one flu vaccine each year.

Chronic Disease List condition	Medication class	Active ingredient	Frequency
Cardiac failure Cardiomyopathy Chronic obstructive pulmonary disease (COPD)	Influenza vaccines	Influenza, purifies antigens	Each year
Cardiac failure Cardiomyopathy	Pneumococcal vaccines	Pneumococcal Polysaccharide Vaccine (PPSV23) Pneumococcal Conjugate Vaccine (PCV13),	Once in a lifetime Once in a lifetime



## The Additional Disease List (ADL) medicine list (formulary) for the Basic Plan

Additional Disease List condition	Medication class	Active ingredient	Medication name and strength
Major depression	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
			Citalopram 20 Oethmaan 20mg
			Depramil 20mg
			Tamomilt 20mg
		Escitalopram	Accord Escitalopram 10mg; 20mg
			Dolin 10mg; 20mg
			Emerdyne 10mg; 20mg
			Esetam 10mg; 20mg
			Zyescito 10mg; 20mg
			Fluoxetine
		Paroxetine	Zydus Fluoxetine 20mg
			Adco-Paroxetine 20mg
			Aryaxel 20mg
			Austell-Paroxetine 20mg
			Lenio 20mg
	Paroxetine Unicorn 20mg		
	Serrapress 20mg		
	Xet 20mg		
	Sertraline	Dyna Sertraline 50mg; 100mg	
		Tralidep 50mg; 100mg	
	Anti-depressants: Tricyclics	Amitriptyline	Amderip 10mg; 25mg
			Amitriptyline 10mg Austell 10mg
			Gulf Amitriptyline 25mg
			Sandoz Amitriptyline 25mg
			Trepiline 10mg
			Veikirin 10mg; 25mg
	Other anti-depressants: SNRI's	Duloxetine	Calmadep DR 30mg; 60mg
			Deotin 30mg; 60mg
			Duzela 30mg; 60mg
		Venlafaxine	Odiven 37.5mg; 75mg
			Venlafaxine Adco 37.5mg; 75mg; 150mg
			Venlor XR 37.5mg; 75mg; 150mg
			Vexalin XR 75mg; 150mg
Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg	
		Partid 200mg	
		Tegretol CR 200mg; 400mg	
		Zeptol 200mg	
Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
		Convulex syrup 250mg/5ml	
		Epilim crushable 100mg	
		Eprolep CR 200mg; 300mg; 500mg	
		Navalpro CR 200mg; 300mg; 500mg	
		Navalpro liquid 200mg/5ml	
		Rubilim CR 200mg; 300mg; 500mg	
Valeptic CR 300mg; 500mg			
Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
		Epitec 25mg; 50mg; 100mg; 200mg	
		Lamitor 25mg; 50mg; 100mg; 200mg	
		Lamorola 25mg; 50mg; 100mg; 200mg	
		Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg	
		Serinem 25mg; 50mg; 100mg; 200mg	
Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg	
		Nezolap 5mg; 10mg	





Additional Disease List condition	Medication class	Active ingredient	Medication name and strength
Major depression	Anti-psychotics: Olanzapine	Olanzapine	Olandus 5mg; 10mg
			Olexar 5mg; 10mg
			Zolanz 5mg; 10mg
	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
			Dopaquel 25mg; 100mg; 200mg; 300mg
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
			Quesara 25mg; 100mg; 200mg; 300mg
			Quetz 25mg; 100mg; 200mg; 300mg
			Torquit 25mg; 100mg; 200mg; 300mg
			Zimbiquet 25mg; 100mg; 200mg; 300mg
	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
			Fluanxol depot 1ml 20mg
	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
			Rispacor 0.5mg; 1mg; 2mg; 3mg
			Rispide 0.5mg; 1mg; 2mg
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg			
Zoxadon ODT 0.5mg; 1mg; 2mg			



## Complaints process

You can lodge a complaint or query with Bankmed Medical Scheme directly on 0800 BANKMED (0800 226 5633) or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you can lodge a formal dispute by following Bankmed Medical Scheme's internal disputes process. Click [here](#) to access the complaints and escalations process.

Members, who wish to approach the Council for Medical Schemes for assistance, can do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or via e-mail at [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za). Customer Care Centre: 0861 123 267/website [www.medicalschemes.co.za](http://www.medicalschemes.co.za)

