



Chronic Illness Benefit medicine list (Formulary) 2024 for the Essential and Basic Plans

Who we are

Bankmed (referred to as "the Scheme"), registration number 1279, is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07) which takes care of the administration of your membership for the Scheme.

Important information

The information contained in this document might change from time to time. Any changes to the way we fund medication will be communicated.

The Chronic Illness Benefit (CIB) is defined by the Bankmed Scheme Rules. The use of the benefits, and programmes linked to the Chronic Illness Benefit are subject to specific conditions and rules. Members must ensure that they know these rules and conditions.

Any instructions or advice on medication, and managing the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's Healthcare Professional or pharmacist.

You receive full cover for approved chronic medication on our medicine list (formulary). Medication not on our medicine list will be funded up to the Reference Price for that medication category. You might have a co-payment for medication not on our medicine list.

Bankmed reserves the right to amend the benefit at any time.



About some of the terms we use in this document

There might be some terms we refer to in the document that you might not be familiar with. Here are the definitions of these terms:

Active ingredient

This is the main substance in a medication that is responsible for the clinical action in the human body.

Additional Disease List (ADL)

An additional chronic condition covered on the Bankmed Basic Plan.

Benefit year

A benefit year refers to the benefits a member is entitled to during a calendar year that is 01 January to 31 December. This medicine list (formulary) is applicable for 2024 only.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover, according to Prescribed Minimum Benefits.

Medication class

This describes medications that have similar chemical structures or similar therapeutic effects.

Prescribed Minimum Benefit (PMB) conditions

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes (CMS) for any setting according to clinical guidelines.

Reference Price

The Reference Price is the set monthly amount we will pay up to for a medication category. This applies to medication that is not on the medicine list.



The Chronic Disease List (CDL) medicine list (formulary) for the Essential and Basic Plans

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Addison's disease	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
			Ventimax CFC free 200 dose 100mcg
	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
Bipolar mood disorder	Anti-depressants: SSRI's	Citalopram	Beceze 200 dose 50mcg
			Beclate 200 dose 50mcg; 100mcg; 200mcg
			Beclomethasone Glenmark 200 dose 100mcg; 200mcg
			Budesonide Budeflam HFA 300 dose 100mcg; 200mcg
		Salmeterol and Fluticasone	Sereflo HFA 120 dose 25/50mcg
			Sereflo HFA synchrobreathe 120 dose 25/50mcg
			Be-Tabs Prednisone 5mg
	Systemic Corticosteroids: Prednisone	Prednisone	Panafcort 5mg
			Trolie 5mg
			Recita 20mg
		Escitalopram	Accord Escitalopram 10mg; 20mg
			Dolin 10mg; 20mg
			Emerydyne 10mg; 20mg
			Esetam 10mg; 20mg
			Zyescito 10mg; 20mg
	Fluoxetine	Fluoxetine	Fluoxetine 20 Oethmaan 20mg
			Zydus Fluoxetine 20mg
		Sertraline	Dyna Sertraline 50mg; 100mg
			Serlife 50mg; 100mg
	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Tralidep 50mg; 100mg
			Degranol 200mg
			Tegretol CR 200mg; 400mg
		Valproic acid	Zeptol 200mg
			Convulex 150mg; 300mg
	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex syrup 250mg/5ml
			Epilim crushable 100mg
			Epilim sugar-free syrup 200mg/5ml
			Eprolep CR 200mg; 300mg; 500mg
			Navalpro CR 200mg; 300mg; 500mg
			Navalpro liquid 200mg/5ml
			Valeptic CR 300mg; 500mg
	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength			
Bipolar mood disorder	Anti-epileptics: Other agents	Lamotrigine	Epitec	25mg; 50mg; 100mg; 200mg		
			Girotec	50mg; 100mg; 200mg		
			Lamitor	25mg; 50mg; 100mg; 200mg		
			Lamotrigine Unichem	25mg; 50mg; 100mg; 200mg		
			Serinem	25mg; 50mg; 100mg; 200mg		
	Anti-psychotics: Butyrophene derivatives	Haloperidol	Haloperidol 5 Oethmaan	5mg		
	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan	25mg; 100mg		
	Anti-psychotics: Lithium	Lithium	Camcolit	250mg; 400mg		
	Anti-psychotics: Olanzapine	Olanzapine	Alonza	5mg; 10mg		
			Nezolap	5mg; 10mg		
			Olandus	5mg; 10mg		
			Oleanz	5mg; 10mg		
			Olexar	5mg; 10mg		
			Zolanz	5mg; 10mg		
	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil	25mg; 50mg; 100mg		
	Anti-psychotics: Quetiapine	Quetiapine	Aroquet	25mg; 100mg; 200mg; 300mg		
			Dopaquel	25mg; 100mg; 200mg; 300mg		
			Mylan Quetiapine	25mg; 100mg; 200mg; 300mg		
			Quesara	25mg; 100mg; 200mg; 300mg		
			Torquit	25mg; 100mg; 200mg; 300mg		
			Zimbiquet	25mg; 100mg; 200mg; 300mg		
	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol	0.5mg; 1mg		
			Fluanxol depot 1ml	20mg		
		Zuclopenthixol	Clopixol	2mg; 10mg		
			Clopixol depot	200mg		
	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip	5mg; 10mg; 15mg		
			Alebon	5mg; 10mg; 15mg		
			Aprizon	5mg; 10mg; 15mg		
			Aridus	10mg; 15mg		
			Aripiprazole Mylan	5mg; 10mg; 15mg		
			Aripiprazole Teva	5mg; 10mg; 15mg		
			Arizofy	5mg; 10mg; 15mg		
			Priptrin	10mg; 15mg		
			Radzil	5mg; 10mg; 15mg		
			Thryve	5mg; 10mg		
	Other anti-psychotics: Risperidone	Risperidone	Risnia	0.5mg; 1mg; 2mg; 3mg		
			Rispacor	0.5mg; 1mg; 2mg; 3mg		
			Rispide	0.5mg; 1mg; 2mg		
			Zoxadon	0.5mg; 1mg; 2mg; 3mg; 4mg		
			Zoxadon ODT	0.5mg; 1mg; 2mg		
Bronchiectasis	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose	100mcg		
	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Ventimax CFC free 200 dose	100mcg		
	Systemic Corticosteroids: Prednisone	Prednisone	Atrovent HFA 200 dose	20mcg		
Cardiac failure			Be-Tabs Prednisone	5mg		
			Panafcort	5mg		
			Trolic	5mg		
ACE inhibitors and diuretics	Enalapril and diuretics	Acenten	20/12.5mg			
	Lisinopril and diuretics	Adco-Zetomax co	10/12.5mg; 20/12.5mg			

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Cardiac failure	ACE inhibitors and diuretics	Perindopril and diuretics	Trexeva Plus 5/1.25mg
		Captopril	Bio-Captopril 25mg
			Mylan Captopril 25mg; 50mg
			Enalapril Alapren 5mg; 10mg; 20mg
			Enalapril arya 5mg; 10mg; 20mg
			Enalapril Unicorn 5mg; 10mg; 20mg
			Hypace 5mg
			Natrapress 10mg; 20mg
			Tenezil 10mg; 20mg
		Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
			Liso 5mg; 10mg; 20mg
			Lizro 5mg; 10mg; 20mg
			Sinopren 5mg; 10mg; 20mg
		Perindopril	Reprex 4mg; 8mg
	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
			Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
			Carvetrend 6.25mg; 12.5mg; 25mg
			Rubitrend 12.5mg; 25mg
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
			Co-Normoten 50/12.5mg; 100/25mg
			Hylokat 50/12.5mg; 100/25mg
			Losaar Plus 50/12.5mg; 100/25mg
			Losartan comp Biotech 50/12.5mg; 100/25mg
			Sartoc-co 50/12.5mg; 100/25mg
			Zartan co 50/12.5mg; 100/25mg
	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
			Austell Losartan 50mg; 100mg
	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
			Hyperphen 10mg; 50mg
	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
			Biloblok 5mg; 10mg
			Bilocor 5mg; 10mg
			Bisbeta 5mg; 10mg
			Bislo 5mg; 10mg
			Emcor 5mg; 10mg
			Presicard 5mg; 10mg
	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	High-ceiling diuretics	Furosemide	Defulide 40mg
			Diuresix 40mg
			Furobe 40mg
	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
			Ridaq 12.5mg
	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
			Catexan 2.5mg
			Cipla-Indapamide 2.5mg
			Mylan Indapamide 2.5mg
	Potassium sparing agents	Spironolactone	Spiractin 25mg
			Spironolactone 25 Kiara 25mg
	Potassium supplements	Potassium chloride	Ultipot 600mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Cardiac failure	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara	5mg; 10mg
		Isosorbide mononitrate	Ismo	20mg
			Monicor SR	60mg
Cardiomyopathy	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten	20/12.5mg
		Lisinopril and diuretics	Adco-Zetomax co	10/12.5mg; 20/12.5mg
		Perindopril and diuretics	Trexeva Plus	5/1.25mg
	ACE inhibitors: Plain	Captopril	Bio-Captopril	25mg
			Mylan Captopril	25mg; 50mg
		Enalapril	Alapren	5mg; 10mg; 20mg
			Enalapril arya	5mg; 10mg; 20mg
			Enalapril Unicorn	5mg; 10mg; 20mg
			Hypace	5mg
			Natrapress	10mg; 20mg
		Lisinopril	Tenezil	10mg; 20mg
			Adco-Zetomax	5mg; 10mg; 20mg
			Liso	5mg; 10mg; 20mg
			Lizro	5mg; 10mg; 20mg
			Sinopren	5mg; 10mg; 20mg
		Perindopril	Reprex	4mg; 8mg
Alpha and Beta blocking agents	Carvedilol		Carloc	6.25mg; 12.5mg; 25mg
			Carvedilol Unicorn	6.25mg; 12.5mg; 25mg
			Carvetrend	6.25mg; 12.5mg; 25mg
			Rubitrend	12.5mg; 25mg
Angiotensin II antagonists: Combinations	Losartan and diuretics		Austell Losartan co	50/12.5mg
			Co-Normoten	50/12.5mg; 100/25mg
			Hylokat	50/12.5mg; 100/25mg
			Losaar Plus	50/12.5mg; 100/25mg
			Losartan comp Biotech	50/12.5mg; 100/25mg
			Sartoc-co	50/12.5mg; 100/25mg
			Zartan co	50/12.5mg; 100/25mg
Angiotensin II antagonists: Plain	Losartan		Annin	50mg; 100mg
			Austell Losartan	50mg; 100mg
Anti-thrombotic agents: Vitamin K antagonists	Warfarin		Cipla-Warfarin	5mg
			Segavin	5mg
Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine		Hydralazine HCl 25 Kiara	25mg
			Hyperphen	10mg; 50mg
Aspirin: Cardiovascular	Acetylsalicylic acid		Aspirin Teva	80mg
			Coprin	100mg
Beta blocking agents: Selective	Bisoprolol		Adco-Bisocor	5mg; 10mg
			Biloblok	5mg; 10mg
			Bilocor	5mg; 10mg
			Bisbeta	5mg; 10mg
			Bislo	5mg; 10mg
			Emcor	5mg; 10mg
			Presicard	5mg; 10mg
Cardiac glycosides: Digoxin	Digoxin		Lanoxin	0.0625mg; 0.25mg
			Lanoxin paediatric/geriatric syrup	0.05mg/1ml
High-ceiling diuretics	Furosemide		Defulide	40mg
			Diuresix	40mg
			Furobe	40mg
Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide		Hexazide	25mg
			Ridaq	12.5mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Cardiomyopathy	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
			Catexan 2.5mg
			Cipla-Indapamide 2.5mg
			Mylan Indapamide 2.5mg
	Potassium sparing agents	Spironolactone	Spiractin 25mg
			Spironolactone 25 Kiara 25mg
	Potassium supplements	Potassium chloride	Ultipot 600mg
	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
		Isosorbide mononitrate	Ismo 20mg
			Monicor SR 60mg
Chronic obstructive pulmonary disease (COPD)	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
			Ventimax CFC free 200 dose 100mcg
	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolie 5mg
Chronic renal disease	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Lisinopril and diuretics Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Perindopril and diuretics Trexeva Plus 5/1.25mg
	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
			Mylan Captopril 25mg; 50mg
		Enalapril	Alapren 5mg; 10mg; 20mg
			Enalapril Arya 5mg; 10mg; 20mg
		Lisinopril	Enalapril Unicorn 5mg; 10mg; 20mg
			Hypace 5mg
			Natrapress 10mg; 20mg
			Tenezil 10mg; 20mg
			Perindopril Reprex 4mg; 8mg
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Astell Losartan co 50/12.5mg
			Co-Normoten 50/12.5mg; 100/25mg
			Hylokat 50/12.5mg; 100/25mg
			Losaar Plus 50/12.5mg; 100/25mg
			Losartan comp Biotech 50/12.5mg; 100/25mg
			Sartoc-co 50/12.5mg; 100/25mg
			Zartan co 50/12.5mg; 100/25mg
	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
			Astell Losartan 50mg; 100mg
	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
			Biloblok 5mg; 10mg
			Bilocor 5mg; 10mg
			Bisbeta 5mg; 10mg
			Bislo 5mg; 10mg
			Emcor 5mg; 10mg
			Presicard 5mg; 10mg
	Calcium supplements	Calcium carbonate	B-cal
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Chronic renal disease	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate	75mg
	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml	50mg/1ml
			Equifer ampoule 5ml	100mg/5ml
			Fortihem ampoule 5ml	20mg/1ml
	Other anti-anemic preparations	Darbepoetin Alfa	Innofer ampoule 5ml	100mg/5ml
			Aranesp pre-filled syringe 0.4ml	10mcg/0.4ml
			Aranesp pre-filled syringe 0.5ml	20mcg/0.5ml
			Aranesp pre-filled syringe 0.3ml	30mcg/0.3ml
			Aranesp pre-filled syringe 0.4ml	40mcg/0.4ml
			Aranesp pre-filled syringe 0.5ml	50mcg/0.5ml
		Erythropoietin	Aranesp pre-filled syringe 0.3ml	60mcg/0.3ml
			Eprex pre-fill	2000U/0.5ml
			Eprex pre-fill	4000U/0.4ml
			Roxadustat	Evrenzo 20mg; 50mg; 70mg; 100mg; 150mg
	Vitamin D and analogues	Alfacalcidol	Zodoray	0.25mcg; 1mcg
Coronary artery disease	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva	80mg
			Coprin	100mg
	Beta blocking agents: Non-selective	Propranolol	Indoblok	40mg
	Beta blocking agents: Selective	Atenolol	Adco-Atenolol	50mg; 100mg
			B-Block	50mg; 100mg
			Tenopress	50mg; 100mg
		Bisoprolol	Adco-Bisocor	5mg; 10mg
			Biloblok	5mg; 10mg
			Bilocor	5mg; 10mg
			Bisbeta	5mg; 10mg
			Bislo	5mg; 10mg
			Emcor	5mg; 10mg
			Presicard	5mg; 10mg
	Selective calcium channel blockers with direct cardiac Effects	Diltiazem	Adco-Zildem SR	180mg; 240mg
		Verapamil	Verahexal 240 SR	240mg
			Verapamil 40 Oethmaan	40mg
	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc	5mg; 10mg
			Amlodac	5mg; 10mg
			Amlodipine Kiara	5mg; 10mg
			Amlodipine Unicorn	5mg; 10mg
			Aprate	5mg; 10mg
			Astell-Amlodipine	5mg; 10mg
			Besyloc	5mg; 10mg
			Ciplavasc	5mg; 10mg
			Vasloc	5mg; 10mg
			Nifedipine	Cipalat Retard 20mg
	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara	5mg; 10mg
			Ismo	20mg
		Monicor SR	60mg	
Crohn's disease	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Pentasa	500mg
		Sulfasalazine	Salazopyrin	500mg
			Salazopyrin EN	500mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg
			Azathioprine PCH	50mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Crohn's disease	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
Diabetes insipidus	Posterior pituitary hormones: Vasopressin and analogues		Panafcort	5mg
			Trolie	5mg
Diabetes mellitus Type 1		Desmopressin	Ddavp	0.1mg; 0.2mg
			Ddavp nasal spray 5ml	0.1mg/1ml
	Please note that an overall monthly limit applies to Insulin across the different Insulin classes The overall monthly limit for Basic and Essential plans is R700.			
	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml	
	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyn 30/70 - cartridge 3ml	
		Insulin Lispro	Humalog mix 25 - cartridge 3ml	
			Humalog mix 50 - cartridge 3ml	
	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
		Insulin Glargine	Optisulin - cartridge 3ml	
	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva	80mg
	Blood glucose monitoring agents	Glucose strips	Coprin	100mg
			Glucocard evolve test strip	
			Glucocard key test strip	
			Onetouch select plus test strips	
			Test strip blood glucose clicks bionime gs550	
			Test strip blood glucose on call plus	
			Test strip blood glucose on call sure	
			Test strip glucose caresens n 29g	
			Test strip glucose fora diamond blood	
			Test strip glucose vivachek ino	
	Surgical item	Lancets	Lancet blood collection needle loris	
			Lancet fora collection needle sterile 30g	
			Lancet fora tender needle sterile 33g	
			Lancet freestyle test	
			Lancet glucocheck novicheck	
			Lancet solus v2	
			Lancet unilet sterile 28g	
			Lancet unilet sterile 4cm x 6cm x 7.5cm 28g	
			Microlet lancet	
		Needles	BD micro fine plus pen needle 30g 8mm	
			BD micro fine plus pen needle 31g	
			BD micro fine plus pen needle 32g 4mm	
			Droplet pen needle 8mm 31g	
			Needle insulin fora pen 31g 5mm	
			Needle insulin fora pen 31g 8mm	
			Needle insulin fora pen 32g 4mm	
			Needle insulin fora pen 32g 6mm	
			Needle insulin pen verifine 4mmx10cmx15cm 32g	
			Needle insulin pen verifine 4mmx10cmx15cm 33g	
		Syringes	Needle novofine	
			Syringe insulin 1.0ml with 27g needle	
			Syringe insulin bd microfine 12.7mm 1ml 9g	
			Syringe insulin bd microfine 1ml 8mm 30g	
Diabetes mellitus Type 2	Anti-diabetic agents: Biguanides	Metformin	Syringe insulin bd microfine 8mm demi 0.3ml 30g	
			Accord Metformin	500mg; 850mg
			Apex Metformin	500mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Diabetes mellitus Type 2	Anti-diabetic agents: Biguanides	Metformin	Astell-Metformin 500mg; 850mg Bigsens 500mg; 850mg; 1000mg Carbuce 500mg; 850mg; 1000mg Diaphage 500mg; 850mg; 1000mg Gluconorm 500mg; 850mg Mengen 500mg; 850mg; 1000mg Mylan Metformin 500mg; 850mg; 1000mg Romidab 500mg; 850mg; 1000mg
Please note that an overall monthly limit applies to Insulin across the different Insulin classes			
The overall monthly limit for Basic and Essential plans is R700.			
	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml
	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human Insulin Lispro	Diabulyn 30/70 - cartridge 3ml Humalog mix 25 - cartridge 3ml Humalog mix 50 - cartridge 3ml
	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir Insulin Glargine	Levemir - pre-filled cartridge 3ml Optisulin - cartridge 3ml
	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagen MR 60mg Diaglude MR 60mg Diaran MR 30mg; 60mg Dynacaz MR 30mg; 60mg; 90mg Gliclazide MR Austell 30mg; 60mg Gliclazide Unicorn MR 30mg Gluctam MR 60mg Glyzid MR 30mg; 60mg
	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg Pioglitazone hydrochloride Macleods 15mg; 30mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg Coprin 100mg
	Blood glucose monitoring agents	Glucose strips	Glucocard evolve test strip Glucocard key test strip Onetouch select plus test strips Test strip blood glucose clicks bionime gs550 Test strip blood glucose on call plus Test strip blood glucose on call sure Test strip glucose caresens n 29g Test strip glucose fora diamond blood Test strip glucose vivachek ino
	Surgical item	Lancets	Lancet blood collection needle loris Lancet fora collection needle sterile 30g Lancet fora tender needle sterile 33g Lancet freestyle test Lancet glucocheck novicheck Lancet solus v2 Lancet unilet sterile 28g Lancet unilet sterile 4cm x 6cm x 7.5cm 28g Microlet lancet
		Needles	BD micro fine plus pen needle 30g 8mm BD micro fine plus pen needle 31g BD micro fine plus pen needle 32g 4mm Droplet pen needle 8mm 31g Needle insulin fora pen 31g 5mm Needle insulin fora pen 31g 8mm Needle insulin fora pen 32g 4mm

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Diabetes mellitus Type 2	Surgical item	Needles	Needle insulin fora pen 32g 6mm Needle insulin pen verifine 4mmx10cmx15cm 32g Needle insulin pen verifine 4mmx10cmx15cm 33g Needle novofine
		Syringes	Syringe insulin 1.0ml with 27g needle Syringe insulin bd microfine 12.7mm 1ml 9g Syringe insulin bd microfine 1ml 8mm 30g Syringe insulin bd microfine 8mm demi 0.3ml 30g
Dysrhythmia	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg Segavin 5mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg Coprin 100mg
	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
		Sotalol	Sotahexal 80mg; 160mg
	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg B-Block 50mg; 100mg Tenopress 50mg; 100mg
		Bisoprolol	Adco-Bisocor 5mg; 10mg Biloblok 5mg; 10mg Bilocor 5mg; 10mg Bisbeta 5mg; 10mg Bislo 5mg; 10mg Emcor 5mg; 10mg Presicard 5mg; 10mg
	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR 240mg Verapamil 40 Oethmaan 40mg
Epilepsy	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg
	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg Tegretol CR 200mg; 400mg Zeptol 200mg
	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg Convulex syrup 250mg/5ml Epilem crushable 100mg Epilem sugar-free syrup 200mg/5ml Eprolep CR 200mg; 300mg; 500mg Navalpro CR 200mg; 300mg; 500mg Navalpro liquid 200mg/5ml Valeptic CR 300mg; 500mg
	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg Epitec 25mg; 50mg; 100mg; 200mg Girotec 50mg; 100mg; 200mg Lamitor 25mg; 50mg; 100mg; 200mg Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg Serinem 25mg; 50mg; 100mg; 200mg
		Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg Epilepp 250mg; 500mg; 750mg Levezeize XR 500mg; 750mg; 1000mg; 1500mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Epilepsy	Anti-epileptics: Other agents	Levetiracetam	Levetiracetam Unicorn	250mg; 750mg
			Redillev	250mg; 500mg; 750mg
		Topiramate	Epimate	25mg; 50mg; 100mg
			Epitoz	25mg; 50mg; 100mg
			Toplep	25mg; 50mg; 100mg; 200mg
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
			Simbrinza 5ml	
Glaucoma	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Brinzolamide, combinations	Glaucopress 5ml	2%
		Dorzolamide	Atana 2.5ml	50mcg/1ml
	Anti-glaucoma agents: Prostaglandin analogues	Latanoprost	Alphagan purite 5ml	1.5mg/1ml
			Brimoct 5ml	2mg/1ml
	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Timoptol 5ml	0.5%
			Timoptol-xe 2.5ml	0.5%
	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Azarga 5ml	
			Brimoct co 5ml	2mg/5mg
	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Co-Atana 2.5ml	
			Duo trav 2.5ml	
			Ganfort 3ml	
			Ocudor co 5ml	
Haemophilia	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket	500mg
			Adco-Proleif	500mg
	Anti-fibrinolytics: Amino acids	Tranexamic acid	Fibtin	500mg
	Blood coagulation factors	Coagulation factor IX	Haemosolvex IX	500U
			Octanine F vial 30ml	500U; 1000U
		Coagulation factor VIII	Haemosolvate VIII	300U; 500U; 1000U
			Octanate vial 5ml	250U
	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Octanate vial 10ml	500U; 1000U
			Ddavp	0.1mg; 0.2mg
			Ddavp nasal spray 5ml	0.1mg/1ml
Hyperlipidaemia	Lipid modifying agents: Combinations	Pravastatin and Fenofibrate	Pravafen	40/160mg
	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard	400mg
			Sandoz Bezafibrate	400mg
	Lipid modifying agents: Statins	Atorvastatin	Aspavor	10mg; 20mg; 40mg
			Astor	10mg; 20mg; 40mg
			Cholmin	10mg; 20mg; 40mg
			Dezzolip	10mg; 20mg; 40mg; 80mg
			Dynator	10mg; 20mg; 40mg; 80mg
			Lestavor	10mg; 20mg; 40mg
			Lipogen	10mg; 20mg; 40mg; 80mg
			Vasmak	10mg; 20mg; 40mg; 80mg
		Simvastatin	Adco-Simvastatin	10mg; 20mg; 40mg
			Astell-Simvastatin	10mg; 20mg; 40mg
			Choleste	10mg; 20mg; 40mg
			Cipla-Simvastatin	10mg; 20mg; 40mg
Hypertension	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Simcard	10mg; 20mg
			Simvacor	10mg; 20mg; 40mg
	ACE inhibitors and diuretics	Enalapril and diuretics	Pearloc	4/5mg; 4/10mg; 8/5mg; 8/10mg
		Lisinopril and diuretics	Acenten	20/12.5mg
			Adco-Zetomax co	10/12.5mg; 20/12.5mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Hypertension	ACE inhibitors and diuretics	Perindopril and diuretics	Trexeva Plus 5/1.25mg	
		Captopril	Bio-Captopril 25mg Mylan Captopril 25mg; 50mg	
	ACE inhibitors: Plain	Enalapril	Alapren 5mg; 10mg; 20mg Enalapril Arya 5mg; 10mg; 20mg Enalapril Unicorn 5mg; 10mg; 20mg Hypace 5mg Natrapress 10mg; 20mg Tenezil 10mg; 20mg	
		Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg Liso 5mg; 10mg; 20mg Lizro 5mg; 10mg; 20mg Sinopren 5mg; 10mg; 20mg	
		Perindopril	Reprex 4mg; 8mg	
	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg Carvedilol Unicorn 6.25mg; 12.5mg; 25mg Carvetrend 6.25mg; 12.5mg; 25mg Rubitrend 12.5mg; 25mg	
		Angiotensin II antagonists: Combinations	Austell Losartan co 50/12.5mg Co-Normoten 50/12.5mg; 100/25mg Hylokat 50/12.5mg; 100/25mg Losaar Plus 50/12.5mg; 100/25mg Losartan comp Biotech 50/12.5mg; 100/25mg Sartoc-co 50/12.5mg; 100/25mg Zartan co 50/12.5mg; 100/25mg	
	Angiotensin II antagonists: Plain		Annin 50mg; 100mg Austell Losartan 50mg; 100mg	
			Doxazosin Cardugen 1mg; 4mg Urodoxa 4mg	
	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Methyldopa	Hypotone 250mg Timucen 250mg	
		Reserpine	Reserpine 0.25mg	
	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg B-Block 50mg; 100mg Tenopress 50mg; 100mg	
		Bisoprolol	Adco-Bisocor 5mg; 10mg Biloblok 5mg; 10mg Bilocor 5mg; 10mg Bisbeta 5mg; 10mg Bislo 5mg; 10mg Emcor 5mg; 10mg Presicard 5mg; 10mg	
			Amlodipine and diuretics Natrixam 1.5/5mg; 1.5/10mg	
			Furosemide Defulide 40mg Diuresix 40mg Eurobe 40mg	
		Hydrochlorothiazide	Hexazide 25mg Ridaq 12.5mg	
		Indapamide	Adco-Dapamax 2.5mg Catexan 2.5mg Cipla-Indapamide 2.5mg	

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Hypertension	Low-ceiling diuretics: excluding Thiazides	Indapamide	Mylan Indapamide	2.5mg
	Potassium sparing agents	Spironolactone	Spiractin	25mg
			Spironolactone 25 Kiara	25mg
	Potassium supplements	Potassium chloride	Ultipot	600mg
	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR	180mg; 240mg
		Verapamil	Verahexal 240 SR	240mg
			Verapamil 40 Oethmaan	40mg
	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc	5mg; 10mg
			Amlodac	5mg; 10mg
			Amlodipine Kiara	5mg; 10mg
			Amlodipine Unicorn	5mg; 10mg
			Aprate	5mg; 10mg
			Astell-Amlodipine	5mg; 10mg
			Besyloc	5mg; 10mg
			Ciplavasc	5mg; 10mg
			Vasloc	5mg; 10mg
		Nifedipine	Cipalat Retard	20mg
Hypothyroidism	Thyroid hormones	Levothyroxine sodium	Euthyrox	25mcg; 50mcg; 75mcg; 100mcg
Multiple sclerosis	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell	10mg
			Amitriptyline HCl Kiara	25mg
			Gulf Amitriptyline	25mg
			Trepiline	10mg
	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin	5mg
			Oxyrest	5mg
	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml	30mcg/0.5ml
			Rebif 22 pre-filled syringe 0.5ml	22mcg/0.5ml
			Rebif 22 rebidose pre-filled pen 0.5ml	22mcg/0.5ml
			Rebif 44 pre-filled syringe 0.5ml	44mcg/0.5ml
			Rebif 44 rebidose pre-filled pen 0.5ml	44mcg/0.5ml
			Plegridy pre-filled pen 0.5ml	125mcg/0.5ml
	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen	10mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
			Panafcort	5mg
			Trolie	5mg
Parkinson's disease	Anticholinergic agents: Tertiary amines	Biperiden	Akineton	2mg
	Dopamine agonists	Pramipexole	Oxpolo	0.125mg; 0.25mg
			Pexasp	0.125mg; 0.25mg; 1mg
	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin	100mg
	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Kinect	1mg
			Rasapar	1mg
			Razeda	1mg
	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardon	25/100mg; 25/250mg
			Teva Carbi-Levo	25/100mg; 25/250mg
Rheumatoid arthritis	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac	50mg
			A-Lennon Diclofenac	50mg
			Diclofenac Biotech	25mg
			Mylan Diclofenac	25mg; 50mg
			Panamor AT	50mg
	Indomethacin	Indomethacin	Betacin	25mg
			Gulf Indomethacin	25mg
			Methocaps	25mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Rheumatoid arthritis	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
			Coxflam 7.5mg
			Flexocam 7.5mg
			Medoxicam 7.5mg
	Piroxicam	Piroxicam	Pyrocaps 20mg
			Roxifen 20mg
	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
			Betaprofen FC 400mg
			Bren 400mg
			Ibucine 200mg; 400mg
			Ibunate 200mg
		Naproxen	Ibusor 200mg
			Napinflam 250mg
			Naproscript 250mg
	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
			Salazopyrin EN 500mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
			Azathioprine PCH 50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar 20mg
			Ravalef 10mg; 20mg
			Rheumalef 10mg; 20mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg
Schizophrenia	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
			Citalopram 20 Oethmaan 20mg
			Depramil 20mg
			Recita 20mg
		Escitalopram	Accord Escitalopram 10mg; 20mg
			Dolin 10mg; 20mg
			Emerdyne 10mg; 20mg
			Esetam 10mg; 20mg
			Zyescito 10mg; 20mg
			Fluoxetine 20 Oethmaan 20mg
		Sertraline	Zydus Fluoxetine 20mg
			Dyna Sertraline 50mg; 100mg
			Serlife 50mg; 100mg
	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Tralidep 50mg; 100mg
			Degranol 200mg
			Tegretol CR 200mg; 400mg
	Anti-epileptics: Fatty acid derivatives	Valproic acid	Zeptol 200mg
			Convulex 150mg; 300mg
			Convulex syrup 250mg/5ml
			Epilim crushable 100mg
			Epilim sugar-free syrup 200mg/5ml
			Eprole CR 200mg; 300mg; 500mg
			Navalpro CR 200mg; 300mg; 500mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Schizophrenia	Anti-epileptics: Fatty acid derivatives	Valproic acid	Navalpro liquid	200mg/5ml
			Valeptic CR	300mg; 500mg
	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine	25mg; 50mg; 100mg; 200mg
			Epitec	25mg; 50mg; 100mg; 200mg
			Girotec	50mg; 100mg; 200mg
			Lamitor	25mg; 50mg; 100mg; 200mg
			Lamotrigine Unichem	25mg; 50mg; 100mg; 200mg
			Serinem	25mg; 50mg; 100mg; 200mg
	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan	5mg
	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan	25mg; 100mg
	Anti-psychotics: Lithium	Lithium	Camcolit	250mg; 400mg
Anti-psychotics: Olanzapine	Olanzapine	Olanzapine	Alonza	5mg; 10mg
			Nezolap	5mg; 10mg
			Olandus	5mg; 10mg
			Oleanz	5mg; 10mg
			Olexar	5mg; 10mg
			Zolanz	5mg; 10mg
	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil	25mg; 50mg; 100mg
Anti-psychotics: Quetiapine	Quetiapine	Quetiapine	Aroquet	25mg; 100mg; 200mg; 300mg
			Dopaque	25mg; 100mg; 200mg; 300mg
			Mylan Quetiapine	25mg; 100mg; 200mg; 300mg
			Quesara	25mg; 100mg; 200mg; 300mg
			Torquit	25mg; 100mg; 200mg; 300mg
			Zimbiquet	25mg; 100mg; 200mg; 300mg
	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol	0.5mg; 1mg
			Fluanxol depot 1ml	20mg
		Zuclopenthixol	Clopixol	2mg; 10mg
			Clopixol depot	200mg
Other anti-psychotics: Aripiprazole	Aripiprazole	Aripiprazole	Abipip	5mg; 10mg; 15mg
			Alebon	5mg; 10mg; 15mg
			Aprizon	5mg; 10mg; 15mg
			Aridus	10mg; 15mg
			Aripiprazole Mylan	5mg; 10mg; 15mg
			Aripiprazole Teva	5mg; 10mg; 15mg
			Arizofy	5mg; 10mg; 15mg
			Priptrin	10mg; 15mg
			Radzil	5mg; 10mg; 15mg
			Thryve	5mg; 10mg
Other anti-psychotics: Risperidone	Risperidone	Risperidone	Risnia	0.5mg; 1mg; 2mg; 3mg
			Rispacor	0.5mg; 1mg; 2mg; 3mg
			Rispide	0.5mg; 1mg; 2mg
			Zoxadon	0.5mg; 1mg; 2mg; 3mg; 4mg
			Zoxadon ODT	0.5mg; 1mg; 2mg
Systemic lupus erythematosus (SLE)	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac	50mg
			A-Lennon Diclofenac	50mg
			Diclofenac Biotech	25mg
			Mylan Diclofenac	25mg; 50mg
			Panamor AT	50mg
	Indomethacin	Indomethacin	Betacin	25mg
			Gulf Indomethacin	25mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Systemic lupus erythematosus (SLE)	Anti-inflammatory agents: Acetic acid derivatives and related substances	Indomethacin	Methocaps 25mg
	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
			Coxflam 7.5mg
			Flexocam 7.5mg
			Medoxicam 7.5mg
	Piroxicam	Piroxicam	Pyrocaps 20mg
			Roxifen 20mg
	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
			Betaprofen FC 400mg
			Bren 400mg
			Ibucine 200mg; 400mg
			Ibunate 200mg
			Ibusor 200mg
		Naproxen	Napinflam 250mg
			Naproscript 250mg
	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
			Segavin 5mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
			Coprin 100mg
	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
			Azathioprine PCH 50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg
	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%
			Topivate cream 0.1%
			Vari-Betamethasone cream 0.1%
Ulcerative colitis	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Pentasa 500mg
			Sulfasalazine 500mg
			Salazopyrin 500mg
		Azathioprine	Salazopyrin EN 500mg
			Azamun 50mg
			Azathioprine PCH 50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg

The Chronic Disease List (CDL) Enhanced medicine list (formulary) for the Essential and Basic Plans

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Asthma	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160	
	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg	
Chronic obstructive pulmonary disease (COPD)	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose	12mcg/dose
	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose	160/4.5mcg
	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose	100/5mcg; 200/5mcg
	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)	
	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)	
	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill)	18mcg
			Neumotropio 30 inh capsules with zephir inhaler	
			Tiores 30 inh capsules with zephir inhaler	
			Tiotor 30 inh capsules with zelphir inhaler	
	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA 120 dose	25/50mcg
			Sereflo HFA synchrobreathe 120 dose	25/50mcg
Chronic renal disease	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml	20mcg/1ml
			Heberbio hbv sgl dose 1ml adult	20mcg/1ml
Coronary artery disease	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Aviolix	75mg
			Clovexa	75mg
			Plagrol	75mg
Diabetes mellitus Type 2	Anti-diabetic agents: Other, excluding Insulins – Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml	5mcg/dose
			Byetta disposable pen 60 dose 2.4ml	10mcg/dose
Multiple sclerosis	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml	20mg/1ml
			Copaxone pre-filled pen 1ml	40mg/1ml
	Selective immunosuppressive agents: Fingolimod	Fingolimod	Filengia	0.5mg
			Glomatin	0.5mg
			Myelenea	0.5mg
	Selective immunosuppressive agents: Teriflunomide	Teriflunomide	Aubamide	14mg
			Auberif	14mg
			Teriflunomide 14 Teva	14mg



Oxygen

Chronic Disease List condition	Monthly limit amount	Surgical class
Chronic obstructive pulmonary disease (COPD)	R797	Oxygen Concentrator (Rental)

Vaccines

Members approved for Cardiac failure or Cardiomyopathy will have cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23) in a lifetime, claimed at least one year apart.

Members approved for Cardiac failure or Cardiomyopathy or COPD will have access to one flu vaccine each year.

Chronic Disease List condition	Medication class	Active ingredient	Frequency
Cardiac failure Cardiomyopathy Chronic obstructive pulmonary disease (COPD)	Influenza vaccines	Influenza, purifies antigen	Each year
Cardiac failure Cardiomyopathy	Pneumococcal vaccines	Pneumococcal Polysaccharide Vaccine (PPSV23) Pneumococcal Conjugate Vaccine (PCV13),	Once in a lifetime Once in a lifetime



The Additional Disease List (ADL) medicine list (formulary) for the Basic Plan

Additional Disease List condition	Medication class	Active ingredient	Medication name and strength
Major depression	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
			Citalopram 20 Oethmaan 20mg
			Depramil 20mg
			Recita 20mg
		Escitalopram	Accord Escitalopram 10mg; 20mg
			Dolin 10mg; 20mg
			Emedyne 10mg; 20mg
			Esetam 10mg; 20mg
			Zyescito 10mg; 20mg
		Fluoxetine	Fluoxetine 20 Oethmaan 20mg
			Zydus Fluoxetine 20mg
		Paroxetine	Adco-Paroxetine 20mg
			Aryaxel 20mg
			Astell-Paroxetine 20mg
			Lenio 20mg
			Paroxetine Unicorn 20mg
			Serrapress 20mg
			Xet 20mg
		Sertraline	Dyna Sertraline 50mg; 100mg
			Serlife 50mg; 100mg
			Tralidep 50mg; 100mg
	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell 10mg
			Amitriptyline HCl Kiara 25mg
			Gulf Amitriptyline 25mg
			Trepiline 10mg
	Other anti-depressants: SNRI's	Duloxetine	Deotin 30mg; 60mg
			Dulta 30mg
			Duzela 30mg; 60mg
		Venlafaxine	Odiven 37.5mg; 75mg
			Venlafaxine Adco 37.5mg; 75mg; 150mg
			Venlor XR 37.5mg; 75mg; 150mg
			Vexalin XR 75mg; 150mg
	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
			Tegretol CR 200mg; 400mg
			Zeptol 200mg
	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
			Convulex syrup 250mg/5ml
			Epilim crushable 100mg
			Epilim sugar-free syrup 200mg/5ml
			Eprolep CR 200mg; 300mg; 500mg
			Navalpro CR 200mg; 300mg; 500mg
			Navalpro liquid 200mg/5ml
			Valeptic CR 300mg; 500mg
	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
			Epitec 25mg; 50mg; 100mg; 200mg
			Girotec 50mg; 100mg; 200mg
			Lamitor 25mg; 50mg; 100mg; 200mg
			Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
			Serinem 25mg; 50mg; 100mg; 200mg
	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
			Nezolap 5mg; 10mg
			Olandus 5mg; 10mg
			Oleanz 5mg; 10mg

Additional Disease List condition	Medication class	Active ingredient	Medication name and strength	
Major depression	Anti-psychotics: Olanzapine	Olanzapine	Olexar	5mg; 10mg
			Zolanz	5mg; 10mg
	Anti-psychotics: Quetiapine	Quetiapine	Aroquet	25mg; 100mg; 200mg; 300mg
			Dopaquel	25mg; 100mg; 200mg; 300mg
			Mylan Quetiapine	25mg; 100mg; 200mg; 300mg
			Quesara	25mg; 100mg; 200mg; 300mg
			Torquit	25mg; 100mg; 200mg; 300mg
			Zimbiquet	25mg; 100mg; 200mg; 300mg
	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol	0.5mg; 1mg
			Fluanxol depot 1ml	20mg
	Other anti-psychotics: Risperidone	Risperidone	Risnia	0.5mg; 1mg; 2mg; 3mg
			Rispacor	0.5mg; 1mg; 2mg; 3mg
			Rispide	0.5mg; 1mg; 2mg
			Zoxadon	0.5mg; 1mg; 2mg; 3mg; 4mg
			Zoxadon ODT	0.5mg; 1mg; 2mg

Complaints process

You may lodge a complaint or query with Bankmed Medical Scheme directly on 0800 BANKMED (0800 226 5633) or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following Bankmed Medical Scheme's internal disputes process. Click [here](#) to access the complaints and escalations process.

Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or via e-mail at complaints@medicalschemes.co.za. Customer Care Centre: 0861 123 267/website www.medicalschemes.co.za

