

**BANKMED**

**ANNEXURE B1: BANKMED ESSENTIAL PLAN (NO MEDICAL SAVINGS ACCOUNT)**

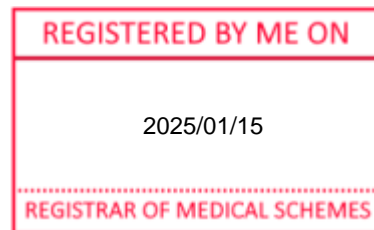
**Schedule of benefits with effect from 1 January 2025**

<p><b>STATUTORY PRESCRIBED MINIMUM BENEFITS</b></p> <p>Notwithstanding any provisions to the contrary in this schedule, the Scheme will fund:</p> <ul style="list-style-type: none"> <li>• 100% of the diagnosis, treatment and care costs of the Statutory Prescribed Minimum Benefits (PMBs), subject to PMB regulations, if those services are obtained from a Designated Service Provider (DSP) in South Africa; or <ul style="list-style-type: none"> <li>• the relevant Scheme Rate for the diagnosis, treatment and care costs of the Statutory Prescribed Minimum Benefits if a beneficiary voluntarily accesses PMBs via a non-DSP in South Africa, when provision is made for a DSP according to this schedule; or</li> <li>• 100% of cost for involuntary use of a non-DSP in South Africa, subject to PMB regulations</li> </ul> </li> </ul> <p>Pre-authorisation, medicine formularies and Scheme protocols (previously known as “Care Plans” and now known as “Baskets of Care”) may apply</p> <p>Diagnosis costs are only regarded as a PMB if the result of diagnostic investigations confirms a PMB diagnosis</p> <p>Where a benefit is indicated as “no benefit” in this schedule, insured benefits shall nevertheless be provided for PMBs in South Africa, subject to PMB regulations</p> <p>When insured limits are specified in this schedule, the limit will first be utilised for the payment of the relevant claims, and thereafter continued funding will apply for PMB claims only, subject to PMB regulations</p> <p>Additional arrangements pertaining to PMBs (subject to PMB regulations) are set out in the Preamble to Annexure B and in Annexure D (Claims Procedure and General Provisions Regarding Benefits)</p>
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## **STATUTORY PRESCRIBED MINIMUM BENEFITS**

### **PRO RATING OF BENEFITS FOR MEMBERS JOINING DURING THE COURSE OF A FINANCIAL YEAR**

Beneficiaries admitted during the course of a financial year are entitled to the benefits set out in this schedule, with the maximum benefits being adjusted in proportion to the period of membership calculated from the date of admission to the end of the financial year (rule 16.1.5), except for stated wellness and preventative care benefits, which shall not be subject to pro-ration



HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<b>OVERALL ANNUAL LIMIT</b>		Unlimited	This plan has no overall annual limit. However, benefits are limited to PMBs, except for wellness and preventative benefits (such as vaccinations and screenings), which are covered as specified herein.
<b>HOSPITAL NETWORK/DSPs</b>	<p>Hospital Network DSPs are applicable on this plan. Reduced benefits apply for accommodation and associated fees charged by non-DSP hospitals, subject to PMB regulations.</p> <p>Hospital Network DSPs on this plan are:</p> <ul style="list-style-type: none"> <li>Contracted private hospitals/facilities (restricted network) as communicated to members from time to time.</li> </ul>		
<b>HOSPITALISATION</b>  <b>Hospital Network DSPs</b> Deductibles apply to a <u>specified list</u> of conditions/procedures as set out in Appendix 3  All admissions at network DSP  <b>Other hospitals (non-DSPs)</b>  PMB admission: involuntary use of non-DSP  PMB admission: voluntary use of non-DSP  Non-PMB admission	100% of cost          100% of cost          80% of Scheme Rate          No benefit	Limited to PMBs (at general ward rates)          Limited to PMBs (at general ward rates)          Limited to PMBs (at general ward rates)	Benefits subject to pre-authorisation, and only available on referral from a Bankmed GP Entry Plan Network GP or referred specialist, subject to PMB regulations. Emergencies must be authorised within 24 hours of admission. No benefit for dental surgery except for PMBs. No benefit for auxiliary services except for PMBs.          PMBs limited to 80% of Scheme Rate for non-DSPs, subject to PMB regulations.
<b>Deductibles payable on admission</b> Healthcare services reflected in Appendix 3  <div style="border: 2px solid red; padding: 5px; margin: 10px 0;"> <p style="text-align: center; color: red; font-weight: bold;">REGISTERED BY ME ON</p> <p style="text-align: center;">2025/01/15</p> <p style="text-align: center; border-top: 1px dashed red; color: red; font-weight: bold;">REGISTRAR OF MEDICAL SCHEMES</p> </div>	Beneficiary responsible for a Deductible in respect of the hospital account for certain hospital events, unless the admission is related to a Prescribed Minimum Benefit diagnosis typically as a result of an emergency. The Deductible will apply regardless of the whether the procedure attracting the deductible was the primary reason for the admission or not.		

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<b>Benefits provided on admission to:</b>			
<b>1. Hospital Network DSPs</b>			
<ul style="list-style-type: none"> <li>Ward Fees (general ward rate)</li> <li>ICU and high care unit fees</li> <li>Theatre fees</li> <li>Ward and theatre drugs, dressings, materials and equipment consumed / utilised in hospital</li> <li>Outpatient services</li> <li>Recovery beds</li> </ul>	100% of cost	Limited to PMBs	<p>In accordance with a per diem or negotiated rate.</p> <p>Facility fees charged by hospitals for outpatient visits that do not result in authorised admissions are not covered on this plan, unless resulting in an authorised hospital admission (subject to PMB regulations).</p>
<ul style="list-style-type: none"> <li>Ward and theatre drugs, dressings, materials, equipment and disposables consumed / utilised in the theatre (at hospital network DSPs)</li> </ul>	100% of cost	Limited to PMBs	
<b>2. Other hospitals (non-DSPs)</b>			
<ul style="list-style-type: none"> <li>Ward Fees (general ward rate)</li> <li>ICU and high care unit fees</li> <li>Theatre fees</li> <li>Outpatient services</li> <li>Recovery beds</li> </ul>	80% of Scheme Rate	Limited to PMBs	<p>PMBs limited to 80% of Scheme Rate for non-DSPs, subject to PMB regulations.</p> <p>Facility fees charged by hospitals for outpatient visits that do not result in authorised admissions are not covered on this plan, unless resulting in an authorised hospital admission.</p>
<ul style="list-style-type: none"> <li>Ward and theatre drugs, dressings, materials, equipment and disposables consumed / utilised in hospital (at non-DSP hospitals)</li> </ul>	80% of Scheme Rate	Limited to PMBs	
<b>3. Unattached Theatre Units (Private)</b>			
<ul style="list-style-type: none"> <li>Theatre fees</li> <li>Recovery beds</li> </ul>	100% of cost at a DSP 80% of Scheme Rate at a non-DSP	Limited to PMBs	<p>The unattached theatre must be registered with the Department of Health.</p> <p>PMBs limited to 80% of Scheme Rate for non-DSPs, subject to PMB regulations.</p>
<ul style="list-style-type: none"> <li>Ward and theatre drugs, dressings, materials, equipment and disposables consumed / utilised in hospital (at unattached theatre unit)</li> </ul>	100% of cost at a DSP 80% of Scheme Rate at a non-DSP	Limited to PMBs	

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HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<b>OUTPATIENT CONSULTATIONS WITH GPs/SPECIALISTS AT HOSPITAL EMERGENCY ROOMS AND OUTPATIENT UNITS</b>		See General Practitioners/ Specialists: out of hospital consultations in rooms	Regarded as out of hospital GP/Specialist consultations in rooms, unless resulting in an authorised hospital admission.
<b>HOME-BASED HEALTHCARE</b> For clinically appropriate chronic and acute treatment and conditions, where treatment is possible at home	100% of Scheme Rate	Limited to PMBs Subject to the Scheme's preferred provider (where applicable) and the treatment meeting the Scheme's treatment guidelines and clinical and benefit criteria.	Subject to pre-authorisation and PMB regulations. Basket of care as set by the Scheme.
<b>TO TAKE OUT DRUGS</b>	100% of cost	Limited to PMBs and a maximum of 7 days' supply per admission	Benefit for medicine supplied by the hospital when a patient is discharged. If procedure took place in a day surgery facility, a maximum of a seven-day supply will be funded from Insured Benefits if obtained from a retail pharmacy on the date of discharge only.
<b>AMBULANCE SERVICES</b>	100% of cost via the Scheme's DSP 100% of Scheme Rate through a non-DSP	Unlimited	Subject to pre-authorisation and PMB regulations. No benefit for services outside the borders of South Africa.
<b>BLOOD TRANSFUSIONS</b> Blood products, materials, apparatus and operator's fees	100% of cost	Limited to PMBs	Subject to pre-authorisation and PMB regulations.
<b>ORGAN AND BONE MARROW TRANSPLANTS</b> Hospitalisation, and organ and patient preparation	Benefits as for hospitalisation	Limited to PMBs	Subject to pre-authorisation and PMB regulations. The organ recipient must be a Bankmed beneficiary for benefits to apply. Benefits for Specialists will be as specified elsewhere this schedule. No benefit for travelling and non-hospital accommodation expenses.
<b>Medication (in and out of hospital)</b>	100% of cost	Limited to PMBs	
<b>Harvesting and transporting of organs, and other donor costs</b>	100% of cost	Limited to PMBs	

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HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<b>WORLD HEALTH ORGANISATION (WHO) RECOGNISED DISEASE OUTBREAKS</b> Benefit for out-of-hospital management and appropriate supportive treatment of global World Health Organisation (WHO) recognised disease outbreaks Out-of-hospital healthcare services related to COVID-19: <ul style="list-style-type: none"> <li>- Screening consultation with a nurse or GP</li> <li>- Defined basket of pathology</li> <li>- Defined basket of x-rays and scans</li> <li>- Consultations with a nurse or GP</li> <li>- Supportive treatment</li> <li>- Contact tracing</li> </ul>	Over and above the PMB requirements.  Up to a maximum of 100% of the Scheme Rate.  Cover for testing is subject to NICD protocol and referral.  Subject to the Scheme's preferred provider (where applicable), protocols and the condition and treatment meeting the Scheme's entry criteria and guidelines.	Up to a 100% of the Scheme Rate for registered healthcare providers.	Basket of care as set by the Scheme  Out-of-hospital healthcare services related to COVID-19: <ul style="list-style-type: none"> <li>- Screening consultation with a nurse or GP: unlimited</li> <li>- Defined basket of pathology: unlimited tests per person per year subject to appropriate clinical referral for testing for registered healthcare providers except where covered as PMB.</li> </ul>
<b>PREGNANCY AND CHILDBIRTH</b>  <b>Hospitalisation and associated in hospital services (hospital network rules apply)</b>  <b>Midwife care and delivery</b>  <b>Birthing facilities</b>  <b>Antenatal and post-natal care</b>	As specified elsewhere in this schedule  100% of cost at a DSP 100% of Scheme Rate at a non-DSP  100% of cost at a DSP 100% of Scheme Rate at a non-DSP  Limited to PMBs	Limited to PMBs  Limited to PMBs  Limited to PMBs (Cost of disposables limited to R1 440 per case)  Limited to PMBs	Subject to pre-authorisation and PMB regulations. Benefits for hospitalisation and other in hospital services as specified elsewhere in this schedule.  Subject to pre-authorisation and PMB regulations.  Subject to pre-authorisation and PMB regulations. Only available where hospital services are not used (except for registered active birthing units).  Benefits for General Practitioners, Specialists, radiology, pathology and other associated services as specified elsewhere in this schedule.

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HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<b>ALTERNATIVES TO HOSPITALISATION</b>  <b>Step-down facilities</b>  <div style="border: 1px solid red; padding: 5px; margin: 10px auto; width: fit-content;"> <p style="color: red; text-align: center; margin: 0;">REGISTERED BY ME ON</p> <p style="text-align: center; margin: 0;">2025/01/15</p> <hr style="border-top: 1px dashed red;"/> <p style="color: red; text-align: center; margin: 0;">REGISTRAR OF MEDICAL SCHEMES</p> </div> <b>Frail Care Facilities</b>  <b>Home nursing services</b>	100% of cost at DSP 100% Scheme Rate at non-DSP          No benefit   No benefit	Limited to PMBs          No benefit   No benefit	Step-down facilities: Subject to pre-authorisation and PMB regulations, and available only as an alternative to hospitalisation. Such service follows pre-authorised hospitalisation or operation and is in lieu of further hospitalisation. The facility must be registered with the Department of Health.             Subject to pre-authorisation, PMB regulations, and the treatment meeting the Scheme's guidelines and managed care criteria.
<b>ADVANCED ILLNESS BENEFIT</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Limited to PMBs	Subject to pre-authorisation, PMB regulations, and the treatment meeting the Scheme's guidelines and managed care criteria.
<b>REGISTERED PRIVATE NURSE PRACTITIONERS</b> (registered with the S. A. Nursing Council or its legal successor)  <b>Procedures</b>          <b>Consultations</b>          <b>HomeCare Services</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP          100% of cost at a DSP 100% of Scheme Rate at a non-DSP          100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Limited to PMBs          Three pbpa, limited to PMBs          Limited to PMBs	For procedures not requiring admission to a day surgery facility or hospital; Includes the cost of vaccination and injection material administered by the Practitioner.          Subject to PMB regulations.          For procedures not requiring admission to a day surgery facility or hospital. Subject to Scheme Clinical Entry Criteria. Subject to preauthorisation.

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<b>WELLNESS AND PREVENTATIVE CARE BENEFITS (ADDITIONAL INSURED BENEFITS)</b>			
<b>Influenza vaccine</b>	100% of Scheme Medicine Reference Price	One pbpa	Benefits in this section do not contribute to the depletion of any insured limits specified elsewhere in this schedule. Associated consultation fees are not provided for in this section, unless indicated. See General Practitioners (GPs): out of hospital consultations and procedures in rooms for consultation benefits.
<b>Human Papilloma Virus (HPV) vaccine</b>	100% of Scheme Medicine Reference Price	Three doses pb	For male and female beneficiaries aged 9 to 25 years and limited to a total course of three doses (depending on product and age).
<b>Cholesterol screening, blood sugar screening and blood pressure measurements</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	R400 pbpa	At clinics, pharmacies or Bankmed GP Entry Plan Network GPs' consulting rooms.
<b>HIV Counselling and Testing (HCT)</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Unlimited	HCT DSPs: Bankmed GP Entry Plan Network GPs, Bankmed Pharmacy Network and contracted HCT providers rendering onsite services at employer groups, subject to PMB regulations.
<b>Mammogram</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	One pbpa	For beneficiaries aged 40 years and older; Benefits for beneficiaries younger than 40 years, subject to motivation and prior approval.
<b>Breast MRI (breast cancer risk only)</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	One pbpa	For high-risk beneficiaries only. Subject to clinical entry criteria and pre-authorisation.
<b>Pap smear</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	One pbpa	One associated nurse, Bankmed GP Entry Plan Network GP or Bankmed Specialist Network consultation per beneficiary covered as an additional insured benefit, limited to R630 pbpa.

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<b>Bone densitometry</b> <b>Prostate specific antigen</b> <b>Faecal occult blood test</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	One pbpa One pbpa One pbpa	For beneficiaries aged 50 years and older; Benefits for beneficiaries younger than 50 years, subject to motivation and prior approval.
<b>Tuberculosis (TB) screening</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	One chest x-ray pbpa	For TB screening requested by private nurse practitioners rendering onsite services at employer groups; All other TB screenings subject to available out of hospital radiology and/or pathology benefits, and PMB regulations.
<b>Childhood vaccinations (BCG, Oral Polio, Rotavirus, Diphtheria, Tetanus, Acellular Pertussis, Inactivated Polio and Haemophilus influenza type B, Hepatitis B, Measles, Pneumococcal vaccine)</b>	100% of Scheme Medicine Reference Price	Subject to EPI guidelines	For immunisations administered in accordance with the Department of Health's Expanded Programme on Immunisation (EPI) guidelines for children up to 12 years.
<b>Pneumococcal vaccine</b>	100% of Scheme Medicine Reference Price	Limited as follows:	One vaccination every five years for adults 60 years and older.
<b>Herpes Zoster Virus vaccine</b> <b>(Reduces the rate of herpes zoster [shingles])</b>	100% of Scheme Medicine Reference Price	Limited as follows:	<ul style="list-style-type: none"> <li>One vaccination every five years for adults 60 years and older.</li> <li>One vaccination every five years for beneficiaries younger than 60 years, who have been diagnosed with Asthma, Chronic Obstructive Pulmonary Disease, Diabetes, Cardiovascular Disease, or HIV/Aids.</li> </ul>
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HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<b>Personal Health Assessment (PHA)</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Limited to one pbpa	One assessment pbpa. Benefit limited to Bankmed GP Entry Plan Network GPs, Bankmed Pharmacy Network and contracted providers rendering onsite services at employer groups; subject to completion and follow up of the assessment. Applies to members and beneficiaries aged 16 years and older only.
<b>Post-Personal Health Assessment (PHA): Additional Consultations for Dietician and Biokineticist</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Limited to two dietician visits per year plus two Biokineticist visits per year First visit to dietician and biokineticist to take place within 6 weeks of the PHA and second visit within 12 months of the PHA, otherwise funded from day-to-day benefits	Limited to medium and high-risk members and/or members with a Body Mass Index (BMI) of 30 and more. Members identified and risk-rated using results from the PHA, therefore subject to completion of the PHA. Clinical Entry Criteria applies. Applies to members and beneficiaries aged 16 years and older only.
<b>Post-Personal Health Assessment (PHA): Additional Consultation for Bankmed Entry Plan Network GP</b>	100% of cost at a DSP Not covered at a non-DSP	Limited to one Bankmed Entry Plan Network GP visit pbpa Visit to Bankmed Entry Plan Network GP to take place within 6 weeks of the PHA, otherwise funded from day-to-day benefits.	Limited to high-risk members. Members identified and risk-rated using results from the PHA, therefore subject to completion of the PHA. Clinical Entry Criteria applies. Applies to members and beneficiaries aged 16 years and older only.
<b>Bankmed Mental Wellbeing Assessments</b>	<div style="border: 2px solid red; padding: 5px; text-align: center;"> <p>REGISTERED BY ME ON</p> <p>2025/01/15</p> <p>REGISTRAR OF MEDICAL SCHEMES</p> </div>		Free online assessment via <a href="http://www.bankmed.co.za">www.bankmed.co.za</a> ; there is no limit on the number of assessments per beneficiary per annum.

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<b>Mental Health 'At Risk' Benefit: Additional Consultation for Bankmed Entry Plan Network GP or Network Psychologist</b>	100% of cost at a DSP Not covered at a non-DSP	Limited to one consultation per qualifying beneficiary Visit to Bankmed Entry Plan Network GP or Network Psychologist to take place within 6 weeks of the Online Mental Wellbeing Assessment, otherwise funded from day-to-day benefits.	Limited to high-risk members. Consultations limited to Bankmed Entry Plan Network GPs and Bankmed Network psychologists. Members identified and risk-rated using results from the Online Mental Wellbeing Assessment, therefore subject to completion of the Online Mental Wellbeing Assessment. Clinical Entry Criteria applies.
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<b>New-born Screening Test</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Limited to one per beneficiary	Testing limited to services provided within the borders of South Africa. Test funded only if performed within 72 hours of birth.
<b>New-born Hearing Test</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Limited to one per beneficiary	Testing limited to service provided by a registered Audiologist. Only the test is funded. Should the provider charge a consultation fee, the consultation fee will be funded from available consultation benefits. Test only funded if performed within eight weeks of birth. Thereafter funded from standard benefits.
<b>T21 Chromosome Test or Non-Invasive Prenatal Test (NIPT)</b> <b>(Member may have either of the two tests, not both)</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Limited to one per pregnancy	Subject to the Scheme's protocols and clinical entry criteria. Applies to high-risk beneficiaries only, who are aged 35 years and older at delivery. One assessment per beneficiary per pregnancy. Testing limited to services provided within the borders of South Africa.

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<b>Amniocentesis</b>	100% of cost for DSP 100% of Scheme Rate for non-DSP	Limited to one per pregnancy	If member does not meet clinical entry criteria, the screening test is not covered on this Plan. Subject to gynaecologist referral. One assessment per beneficiary per pregnancy. Testing limited to services provided within the borders of South Africa.
<b>Dementia Screening and Assessment Benefit</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Limited to one consultation and comprehensive cognitive assessment per qualifying beneficiary per year	One assessment per qualifying pbpa. Testing limited to service provided by a registered Occupational Therapist. Where an Occupational Therapist is not available, the member may consult a Bankmed Network psychologist for the assessment. Only the consultation and assessment are funded. Should the provider charge for additional services, these services will be funded from standard available benefits, where relevant. Applies to members and beneficiaries aged 65 years and older only.
<b>Child Obesity Screening</b>	100% of cost at a DSP Not covered at a non-DSP	Limited to one pbpa	One assessment pbpa. Applies to beneficiaries who are 9 years old to 15 years old only.
<b>Child Obesity Screening: Additional Consultations for Dietician and Biokineticist</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Limited to two dietician visits per year plus two Biokineticist visits per year First visit to dietician and biokineticist to take place within 6 weeks of the Child Obesity Screening and second visit within 12 months of	Limited to medium and high-risk beneficiaries based on Body Mass Index (BMI). Beneficiaries identified and risk-rated using results from the Child Obesity Screening, therefore subject to completion of the Child Obesity Screening. Clinical Entry Criteria applies. Applies to beneficiaries who are aged 9 years to 15 years only.

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HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<b>Child Obesity Screening: Additional Consultation for GP Entry Plan Network GP</b>  <div style="border: 2px solid red; padding: 5px; text-align: center; margin: 10px auto; width: fit-content;"> <b>REGISTERED BY ME ON</b>   2025/01/15   .....  <b>REGISTRAR OF MEDICAL SCHEMES</b> </div>	100% of cost at a DSP Not covered at a non-DSP	the Child Obesity Screening, otherwise funded from day-to-day benefits.  Limited to one Bankmed Entry Plan Network GP visit. Visit to GP Entry Plan Network GP to take place within 6 weeks of the Child Obesity Screening, otherwise funded from day-to-day benefits.	Limited to high-risk beneficiaries. Beneficiaries identified and risk-rated using results from the Child Obesity Screening, therefore subject to completion of the Child Obesity Screening. Clinical Entry Criteria applies. Applies to beneficiaries who are 9 years old to 15 years old only.
<b>DIABETES MANAGEMENT</b> For members registered on the Scheme's Disease Management Programme  <b>Continuous Glucose Monitoring Device (CGM)</b> Available to Type 1 and Type 2 diabetics meeting the Scheme's clinical entry criteria	100% of cost for services covered in the Scheme's Basket of Care if referred by the Scheme's DSP and member utilises the Scheme's DSP as their service provider. 100% of Scheme Rate at a non-DSP  Subject to authorisation and/or approval and the member meeting the Scheme's clinical entry criteria, treatment guidelines and protocols.	Unlimited          Unlimited	Basket of Care set by the Scheme, subject to PMB regulations.       Subject to the Scheme's protocols and clinical entry criteria. Members with a CGM device have limited glucose strip benefits, where approved.
<b>DISEASE MANAGEMENT FOR CARDIO-METABOLIC RISK SYNDROME</b> Disease Management for cardiometabolic risk syndrome for members registered on the Scheme's Disease Management Programme	Up to a maximum of 100% of the Scheme Rate. Subject to authorisation and/or approval and the treatment meeting the Scheme's clinical entry criteria, treatment guidelines and protocols.	Limited to PMBs and the basket of care set by the Scheme.	Subject to PMB regulations. Subject to authorisation and/or approval and the treatment meeting the Scheme's clinical entry criteria, treatment guidelines and protocols.
<b>RADIOLOGY AND PATHOLOGY</b> <b>In and out of hospital</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Limited to PMBs	Out of hospital benefits subject to care plan registration for PMB conditions.

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<b>MRI / CT SCANS AND RADIONUCLIDE SCANS In and out of hospital</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Limited to PMBs via radiology facilities at Hospital Network DSPs	Subject to pre-authorisation. PMBs limited to 100% of Scheme Rate for radiology facilities at non-DSPs, subject to PMB regulations.
<b>HIV/AIDS PROGRAMME</b> Additional benefits subject to registration on HIV/Aids Programme. These additional benefits do not contribute to the depletion of other insured benefits provided by the Scheme.  <b>Consultations and pathology</b>  <b>Associated Medicine/Drugs</b> <ul style="list-style-type: none"> <li>Medication via Bankmed Pharmacy Network (DSP)</li> <li>Medication via non-DSP (voluntary use of non-DSP)</li> <li>Medication via non-DSP (involuntary use of non-DSP)</li> </ul>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP  100% of cost  80% of Scheme Medicine Reference Price plus dispensing fee  100% of cost	Subject to benefits available in Scheme's Basket of Care  Unlimited  Unlimited  Unlimited  Unlimited	Beneficiaries who do not register on the HIV/Aids Programme will be entitled to benefits for PMBs (only), subject to PMB regulations.  Subject to benefits available in Scheme's Basket of Care  Bankmed Pharmacy Network for HIV/Aids medication: as communicated to registered beneficiaries from time to time.  A motivation is required for the use of a non-DSP for medication.  Subject to Scheme's approved formulary. Scheme's Medicine Reference Price applies to non-formulary medication.
<b>INTERNAL PROSTHESIS</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Limited to PMBs	Defined as appliances placed in the body as an internal adjuvant, during an operation. Benefits subject to clinical motivation, the application of clinical / funding protocols, Scheme approval and PMB regulations.

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HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<b>SPINAL CARE (SPINAL CARE PROGRAMME)</b> In-hospital and out-of-hospital management for spinal care and surgery. Limited to a defined list of clinically appropriate procedures which include Lumbar Fusion, Cervical Fusion, Laminectomy, Laminotomy	100% of cost for the hospital account at a network facility. Network does not apply to any admissions related to trauma.  100% of the Scheme Rate for the hospital account if performed at a non-network facility.  100% of cost for related accounts at a DSP  100% of Scheme Rate for related accounts at a non-DSP	Limited to PMBs	Subject to authorisation and the treatment meeting the Scheme's treatment guidelines and clinical criteria.  Subject to PMB regulations.  Unlimited at a network provider for in-hospital treatment  Basket of care as set by the Scheme for out-of-hospital conservative treatment
<b>PACEMAKERS AND DEFIBRILLATORS</b>	100% of cost at hospital network DSPs 80% of cost at non-DSPs	Limited to PMBs	Subject to clinical motivation, the application of clinical / funding protocols, Scheme approval and PMB regulations.
<b>INTRAOCULAR LENSES FOR CATARACT SURGERY</b> (Permanent, implantable lenses, inclusive of basic and specialised lens varieties)	Up to a maximum of 100% of the Scheme Rate Scheme Rate is equal to the negotiated and agreed lens price plus 25% mark-up	Limited to PMBs	Subject to pre-authorisation and the treatment meeting the Scheme's criteria. Covered in full when supplied by the Scheme's preferred suppliers, otherwise covered up to the Scheme Rate for the lens. Scheme Rate is equal to the negotiated and agreed lens price plus 25% mark-up Where the provider marks up the lens cost in excess of the agreed rate, the Scheme will not be responsible for the shortfall.
<b>EXTERNAL PROSTHESIS</b>  <div data-bbox="362 1216 736 1445" data-label="Text"> <div>REGISTERED BY ME ON</div> <div>2025/01/15</div> <div>REGISTRAR OF MEDICAL SCHEMES</div> </div>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Limited to PMBs	Benefit for limbs and eyes. Subject to clinical motivation, the application of clinical / funding protocols and Scheme approval. Benefit includes the repair of the prosthesis. <b>Frequency limits apply:</b> Breast prosthesis bra: two every 12 months Breast prosthesis: one/two per 24 months (one/two is patient dependent)

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<b>MEDICAL AND SURGICAL APPLIANCES</b> <div data-bbox="277 424 651 652" data-label="Image"> </div>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Limited to PMBs	Benefits subject to a doctor's prescription, the application of clinical and funding protocols, and Scheme approval. No benefit for wheelchairs and large orthopaedic appliances on this plan, except for PMBs <b>Frequency limits apply:</b> Surgical/moonboot: one every 24 months Crutches: one set every 24 months Brace callipers: one set every 24 months Rigid back brace: one every 24 months Wig: one every 24 months Commodes: one every 36 months Walking frames: one every 24 months Surgical compression stockings: two pairs per 12-month period Sling/clavicle brace: one every 24 months Humidifier: one every 36 months
<b>BLOOD PRESSURE MONITORS, NEBULISERS AND GLUCOMETERS</b>	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Limited to PMBs	Benefits subject to a doctor's prescription, the application of clinical and funding protocols, and pre-authorisation. <b>Frequency limits apply:</b> Blood pressure monitors: one every 36 months Nebulisers: one every 36 months Glucometers: one every 36 months
<b>HEARING AIDS (SUPPLY AND FITMENT)</b>	No benefit, except for PMBs	No benefit, except for PMBs	Subject to PMB regulations. <b>Frequency limits apply:</b> Benefit only available where the beneficiary has not claimed for hearing aid/s in the previous calendar year. Rolling limit every 24 months. No benefit for replacement batteries.
<b>HEARING AID REPAIRS</b>	No benefit	No benefit	
<b>BONE ANCHORED HEARING AIDS</b>	No benefit	No benefit	

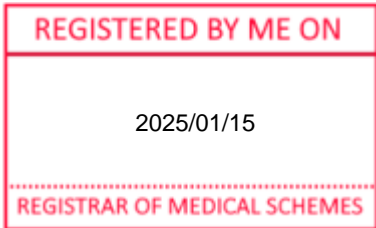
HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
COCHLEAR IMPLANTS	No benefit	No benefit	
UPGRADE OR REPLACEMENT OF SPEECH PROCESSORS	No benefit	No benefit	
<b>PSYCHIATRY, CLINICAL PSYCHOLOGY, &amp; RELATED OCCUPATIONAL THERAPY</b>  <b>Hospitalisation:</b>  <b>Hospital Network DSPs</b>  All admissions at network DSP  <b>Other hospitals (non-DSPs)</b>  PMB admission: involuntary use of non-DSP  PMB admission: voluntary use of non-DSP  Non-PMB admission  <b>In-hospital consultations / sessions</b>  <b>Out of hospital consultations / sessions</b>  <b>Post-hospital psychiatric consultation within 30 days of discharge from hospital (excluding day cases) for a psychiatric admission</b> (Related to Major Depression, Schizophrenia and Bipolar Mood Disorder only)	<div style="border: 2px solid red; padding: 5px; text-align: center;"> <b>REGISTERED BY ME ON</b>   2025/01/15   *****  <b>REGISTRAR OF MEDICAL SCHEMES</b> </div>  100% of cost for Bankmed Network Psychiatric facilities (DSPs)  100% of cost  80% of Scheme Rate for non-DSPs  No benefit  100% of cost for Bankmed Network Specialists: DSPs 100% of Scheme Rate for non-DSPs  100% of cost for Bankmed Network Specialists: DSPs 100% of Scheme Rate for non-DSPs  100% of cost for Bankmed Entry Plan Network Psychiatrist: DSPs 100% of Scheme Rate for non-DSP Psychiatrist	    Limited to PMBs    Limited to PMBs  Limited to PMBs    Limited to PMBs  Limited to PMBs  Limited to three consultations per beneficiary per annum	  Subject to pre-authorisation and referral from a Bankmed GP Entry Plan Network GP (DSP). Cover for 21 days in hospital in line with PMB regulations. PMBs limited to 80% of Scheme Rate for non-DSPs, subject to PMB regulations.    Subject to PMB regulations.  Subject to PMB regulations    Subject to pre-authorisation and referral from a Bankmed GP Entry Plan Network GP (DSP). Subject to PMB regulations.  Cover for 15 out-of-hospital psychotherapy sessions for PMBs, in line with PMB regulations.  An additional consultation will be granted as an insured benefit, per beneficiary visiting a psychiatrist within 30 days of discharge, following an authorised psychiatric hospital admission (excluding day cases). Subject to PMB regulations. In the event that the member exceeds the three-consultation limit

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
			(following three hospital admissions), the consultations will be subject to the standard psychiatry, clinical psychology and related occupational therapy benefit limits.
<b>MENTAL HEALTH INTEGRATED DISEASE MANAGEMENT PROGRAMME</b> Disease Management for specified mental health conditions for members registered on the Scheme's Mental Health Integrated Disease Management Programme	In addition to the cover provided for under the PMB regulations, up to 100% of the Scheme Rate for services covered in the Scheme's basket of care if referred by the Scheme's DSP. 100% of Scheme Rate for services performed by the Scheme's DSP.	Limited to the basket of care set by the Scheme.	Subject to the treatment meeting the Scheme's treatment guidelines and managed care criteria. Subject to PMB regulations.
<b>OCCUPATIONAL THERAPY: NON-PSYCHIATRIC CONSULTATIONS / SESSIONS</b>  <b>In hospital</b>  <b>Out of hospital</b>	100% of cost at a DSP 100% of Scheme Rate at a Non-DSP  100% of cost at a DSP 100% of Scheme Rate at a Non-DSP	Limited to PMBs  Limited to PMBs	Subject to pre-authorisation and PMB regulations.  Subject to pre-authorisation and referral from a Bankmed GP Entry Plan Network GP (DSP).
<b>PHYSIOTHERAPY</b>  <b>In hospital</b>  <b>Out of hospital (including post-hospitalisation treatment)</b>	100% of cost at a DSP 100% of Scheme Rate at a Non-DSP  100% of cost at a DSP 100% of Scheme Rate at a Non-DSP	Limited to PMBs  Limited to PMBs	Subject to pre-authorisation and PMB regulations.  Subject to pre-authorisation and referral from a Bankmed GP Entry Plan Network GP (DSP).

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REGISTRAR OF MEDICAL SCHEMES

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<b>SPEECH THERAPY, AUDIO THERAPY AND AUDIOLOGY</b> <b>In and out of hospital</b>	Limited to PMBs	Limited to PMBs	Subject to pre-authorisation, referral from a Bankmed GP Entry Plan Network GP and PMB regulations. Out of hospital cover is subject to PMB application.
<b>OTHER AUXILIARY SERVICES</b> <b>In and out of hospital</b>  Chiropody / Podiatry Dietetics / Nutritional Assessments Orthotics Massage Chiropractors Herbalists Naturopaths Family planning clinics Homeopaths Biokineticists (fitness assessments)	Limited to PMBs	Limited to PMBs	Subject to pre-authorisation, referral from a Bankmed GP Entry Plan Network GP and PMB regulations.  <b>Frequency limits apply:</b> Foot orthotics: one every 24 months  Out of hospital cover is subject to PMB application
<b>CHRONIC MEDICATION</b>  	100% of cost via Bankmed GP Entry Plan Network and subject to Scheme approved formulary  Dispensing fee limited to the contracted dispensing fee applicable to Bankmed GP Entry Plan Network GPs and Bankmed Pharmacy Network: DSPs	Limited to PMBs	Benefits for chronic medication, drugs and injection material subject to: <ul style="list-style-type: none"> <li>• Prior application and approval of the Scheme</li> <li>• Each prescription or repeat prescription being limited to one month's supply per beneficiary</li> <li>• Such motivations and reports by appropriate medical practitioners, as are required by the Scheme</li> <li>• PMB regulations</li> <li>• Scheme approved formulary</li> </ul>

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<b>PRESCRIBED ACUTE MEDICATION</b>	100% of cost via Bankmed GP Entry Plan Network GPs and subject to Scheme approved formulary	Limited to PMBs	Subject to PMB regulations
<b>SELF-MEDICATION (OVER THE COUNTER MEDICINE) AND PHARMACY ADVISED THERAPY (PAT)</b>	No benefit	No benefit	For member's own account
<b>HOMEOPATHIC MEDICATION</b>	No benefit	No benefit	For member's own account
<b>SPECIALISTS</b>			
<b>In hospital consultations, operations and procedures</b>	100% of cost for Bankmed Network Specialists: DSPs 100% of Scheme Rate for non-DSPs	Limited to PMBs	Subject to pre-authorisation and PMB regulations. No benefit for dental surgery except for PMBs. PMBs limited to 100% of Scheme Rate for non-DSPs, subject to PMB regulations.
<b>Out-of-hospital consultations in rooms</b>	100% of cost for Bankmed Network Specialists: DSPs 80% of cost if no pre-authorisation and no referral from Bankmed GP Entry Plan Network GP  100% of Scheme Rate for non-DSPs 80% of Scheme Rate if no pre-authorisation and no referral from Bankmed GP Entry Plan Network GP	Limited to PMBs	Subject to pre-authorisation, referral by Bankmed GP Entry Plan Network GP and Care Plan registration for PMB conditions  PMBs limited to 100% of Scheme Rate for non-DSPs (with further reduction to 80% of Scheme Rate if no pre-authorisation and no referral from Bankmed GP Entry Plan Network GP), subject to PMB regulations
<b>Out of hospital procedures in rooms</b>	100% of cost for Bankmed Network Specialists: DSPs 100% of Scheme Rate for non-DSPs	Limited to PMBs	PMBs limited to 100% of Scheme Rate for non-DSPs, subject to PMB regulations.

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REGISTRAR OF MEDICAL SCHEMES

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<b>GENERAL PRACTITIONERS (GPs)</b>			
<b>In hospital consultations</b>	100% of cost at contracted rate for Bankmed GP Entry Plan Network GPs: DSPs 100% of Scheme Rate for non-DSPs	Limited to PMBs	In-hospital benefits are Subject to pre-authorisation and PMB regulations. PMBs limited to 100% of Scheme Rate for non-DSPs, subject to PMB regulations. No benefit for dental surgery except for PMBs.
<b>In hospital operations and procedures</b>			
<b>Out of hospital consultations and procedures in rooms</b>	100% of cost at contracted rate for Bankmed GP Entry Plan Network GPs: DSPs 100% of Scheme Rate for non-DSPs	Limited to PMBs	At selected Bankmed GP Entry Plan Network GP (DSP) in accordance with preferred provider contract. PMBs limited to 100% of Scheme Rate for non-DSPs, subject to PMB regulations
<b>Post hospital GP consultation within 30 days of discharge from hospital</b>	100% of cost for Bankmed GP Entry Plan Network GPs: DSPs 100% of Scheme Rate for non-DSPs	Limited to PMBs	An additional consultation will be granted as an insured benefit, per beneficiary visiting a GP within 30 days of discharge, following an authorised hospital admission (excluding day cases). PMBs limited to 100% of Scheme Rate for non-DSPs, subject to PMB regulations.
<b>Virtual GP consultation</b>	100% of cost for Bankmed GP Entry Plan Network GPs: DSPs 100% of Scheme Rate for non-DSPs	Limited to PMBs Limited to three consultations pbpa	Subject to member and/or beneficiary having a prior consulting relationship with the GP. Verification notes to be submitted by claiming GP.
<b>MAXILLO-FACIAL AND ORAL SURGERY</b>	100% of cost for Bankmed Network Specialists: DSPs 100% of Scheme Rate for non-DSPs	Limited to PMBs	Subject to pre-authorisation and PMB regulations.
<b>PREVENTATIVE AND BASIC DENTISTRY</b>	No benefit	No benefit	
<b>ADVANCED DENTISTRY</b> Caps, crowns, bridges and cost of endosteal and ossea-integrated implants	No benefit	No benefit	
<b>ORTHODONTICS</b>	No benefit	No benefit	

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REGISTRAR OF MEDICAL SCHEMES





HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
			Medical motivation and prior approval required for non-emergency surgery outside the borders of South Africa.

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REGISTRAR OF MEDICAL SCHEMES

**LEGEND:**

Contracted rate	=	The rate determined in terms of an agreement between the Scheme and a service provider or group of service providers in respect of payment of relevant services
Cost	=	The net cost (after discount) charged for a relevant health service or, in respect of a contracted or negotiated service, the contracted rate. In respect of surgical items and procedures provided in hospital, “cost” shall be the nett acquisition price (also see Annexure B)
DSP	=	Designated Service Provider (may also be referred to as Preferred Provider or Contracted Provider in this schedule): A healthcare provider or group of providers contracted by the Scheme as preferred provider/s to provide diagnosis, treatment and care to beneficiaries in respect of one or more prescribed minimum benefit conditions
M	=	Member without dependants
M+	=	Member plus dependants
pb	=	per beneficiary
pbpa	=	per beneficiary per annum
pfpa	=	per family per annum
pmpa	=	per member per annum
PMB	=	Prescribed Minimum Benefits - a set of minimum benefits to be funded by all medical schemes as per the Medical Schemes Act and Regulations, in respect of the Prescribed Minimum Benefit Conditions (A Prescribed Minimum Benefit Condition is “a condition contemplated in the Diagnosis and Treatment Pairs and Chronic Disease List conditions listed in Annexure A of the Regulations, or any emergency medical condition”)
Scheme Medicine Reference Price	=	the maximum price that the Scheme shall pay for a drug or a class of drugs, where cost-effective alternatives exist. In the event that a member voluntarily chooses a drug that is more expensive than an alternative available drug that falls within the Scheme Medicine Reference Price, the price difference shall be a co-payment payable by the member at point of sale, subject to PMB regulations, where applicable
Scheme Rate	=	the rate at which health services are reimbursed by the Scheme in accordance with the applicable benefit schedule and shall be determined by the Scheme from time to time

